

WELCOME WEIGHT

Thursday - 1 June 2023

What was your goal for 2022?











Family



Love & Relationship



Mental & Emotional Health



Fitness



OTHER

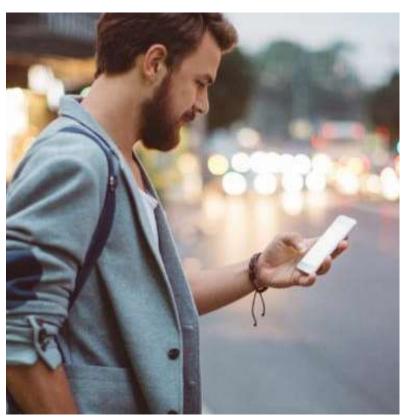


Was your goal a carryover or partially incomplete?





Survey Says...



Are left 80% incomplete each year

Feel they were successful in reaching goal



A. Well...now that you mention it

B. Started...but life happened

C. Feeling good and on track!!







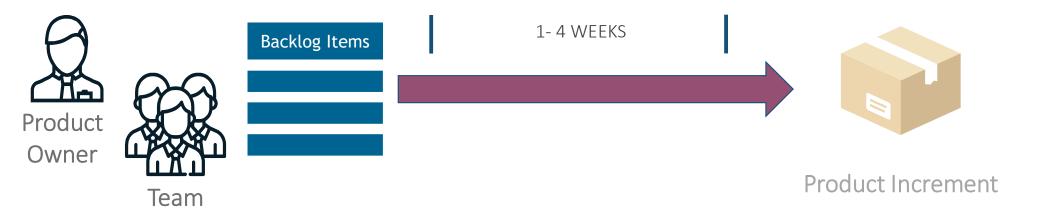
AGENDA

Let's discuss

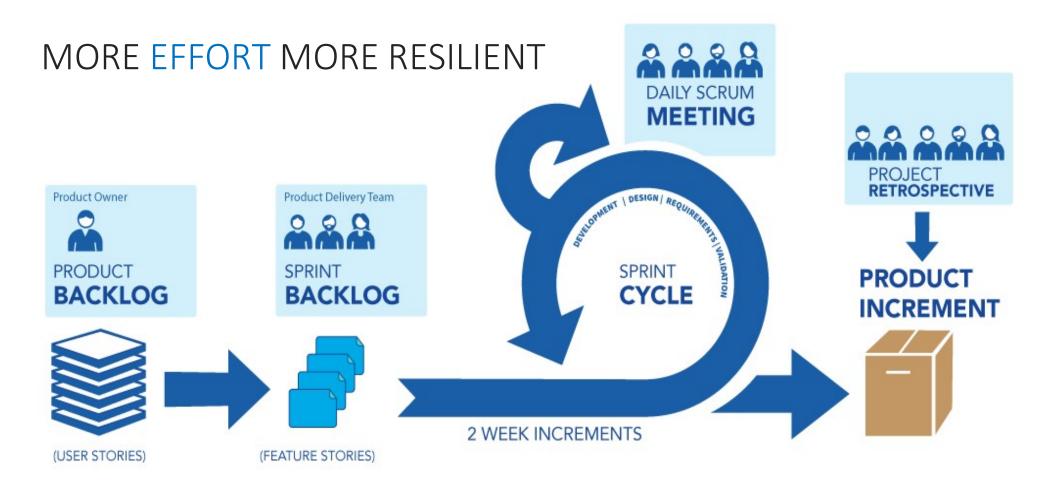
- Kaizen Mindset
- What Scrum team do to improve
- S.M.A.R.T. Goalsetting Strategies



HOW TEAMS GET IT DONE









WHY IS IT DIFFERENT?

- 1.Transparency
- 2.Inspection
- 3.Adaptation



HOW DID I GET HERE?



TRANSPARENCY

- 1. Don't be ambiguous about what you want
- 2. Focus and Commitment
- 3. Required for Data Collection



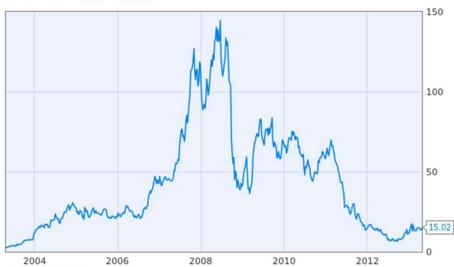
INSPECT

- 1. How are we doing according to plan?
- 2.Is the return worth the investment?
- 3.Leading vs Lagging indicators





BBRY 15.02 +0.21 +1.42%



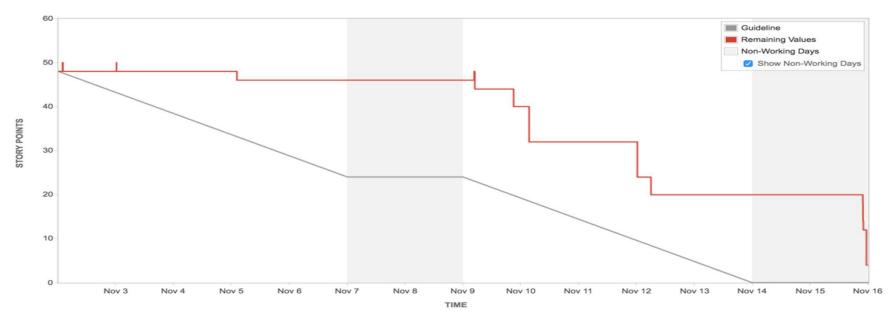




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Reopen Sprint

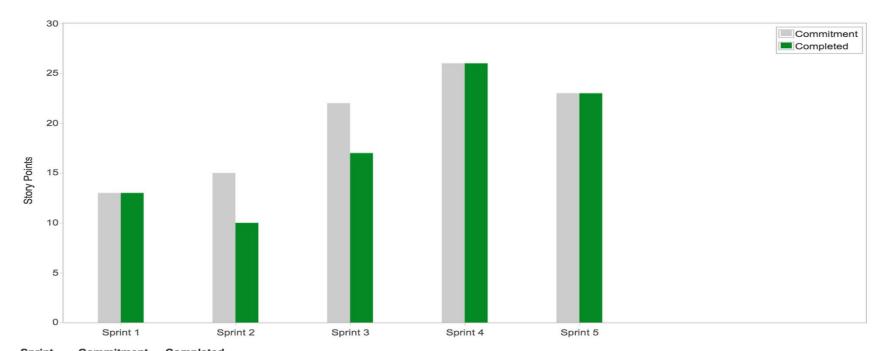


Story Points

Date	Issue	Event Type	Event Detail	Inc.	Dec.	Remaining
02/Nov/2015 12:14 AM	JRA-36493	Sprint start		4		
	JRA-37038			4		
	JRA-37489			2		
	JRA-40856			4		
	JRA-41228			4		
	JRA-43275			4		



Velocity Chart



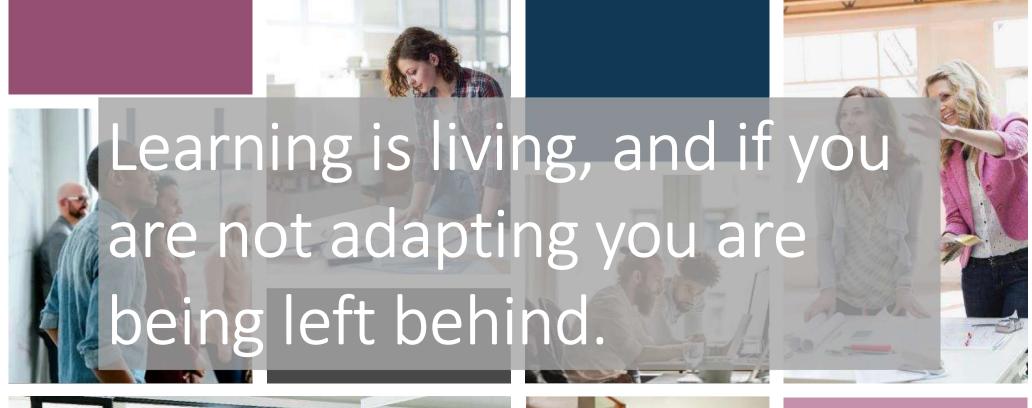
Sprint	Commitment	Completed		
Sprint 1	13	13		
Sprint 2	15	10		
Sprint 3	22	17		
Sprint 4	26	26		
Sprint 5	23	23		



ADAPT

- 1.Doing the Same thing, expecting a different outcome
- 2. Data-informed decision making











WHAT DO WE DISCUSS?

WHO WHAT WHERE WHEN WHY HOW

Similar to the Daily Scrum

- 1. What worked well this sprint?
- 2. What did not go as planned?
- 3. What would we do differently if had the chance?
- 4. What behaviors or practices are hurting us?
- 5. How can we evolve?

ADDITIONAL TOPICS INCLUDE

- a. Alert Status or Confirmation
- b. System Health Checks
- c. CI/CD Dashboards



RETROSPECTIVE

SCRUM TEAM

- Bottled up emotions
- Extreme resentment
- Idle resources and skills
- Frayed cultural fabric

Invested in:

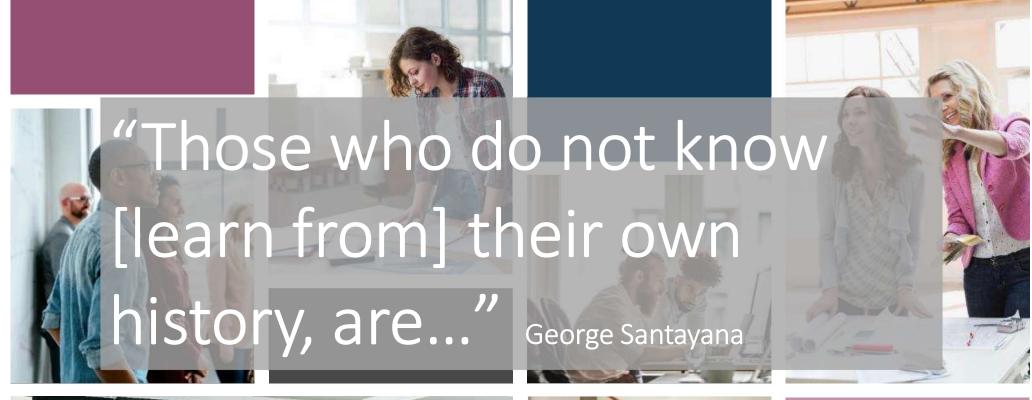
- 1. Team norms
- 2. Team outings
- 3. Change Control
- 4. User Stories Functional, NF, Kaizen
- 5. Deming Cycle



INDIVIDUAL

- Step on the Scale; no shame because we refine.
- Be Kind, Rewind
- Counseling, Therapy, Coaching
- Be Present and Appreciate the Process
- Look at your Infrastructure, System and Inputs (5W)











SMART Goal Setting



SPECIFIC Well-defined requirements and success criteria

MEASURABLE OKPI's, Metrics, Speed vs Acceleration

ACHIEVEABLE Logical progression in scale from current state

REALISTIC Is your best enough?

TIMEBOUND When do I need this realized?



R

Management

by Objective OBJECTIVES

Ambitious

Qualitative

Time Bound

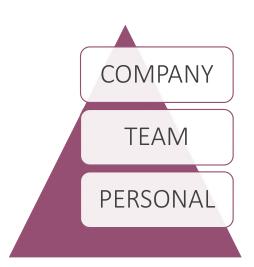
Actionable

KEY RESULTS

Measurable

Quantifiable

Demonstrable





Are these Objectives or Key Results?



Complete 20 hours of OSHA Training on job site safety

Be the Number One destination for luxury travel for Caribbean vacations.

Process 20,000 Secure credit card transactions leveraging 2FA.

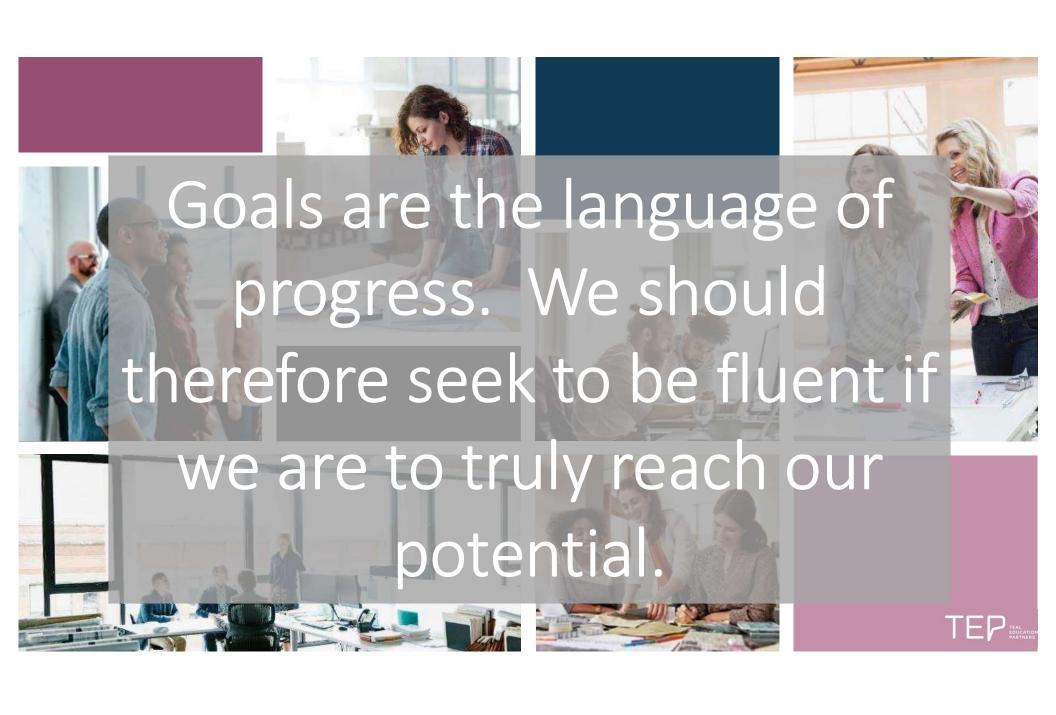
We seek to be the #1 Real Estate brokerage in New England

Create a comprehensive database of Medicaid and Medicare providers, identifiable by a single NPI

Reach 1M impressions on social media for Super Bowl ad placement.

Be a premiere learning organization that introduces and cultivates our members understanding of Agile Principles and Values by Engaging Speakers, Relevant Content and networking opportunities to allow them to build their professional community.







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Thank You

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