





Five Tricks to Up Your Retro Game

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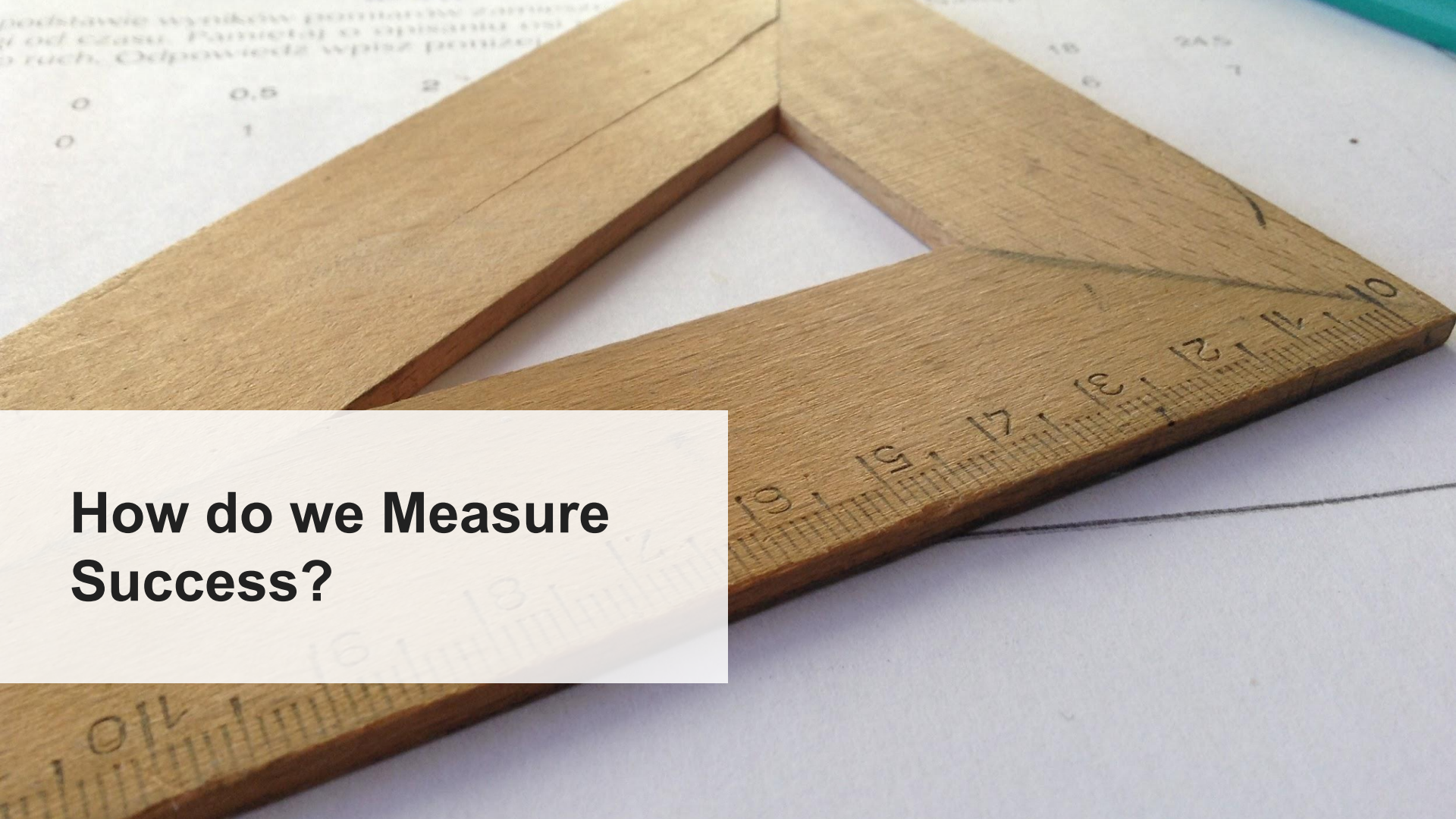




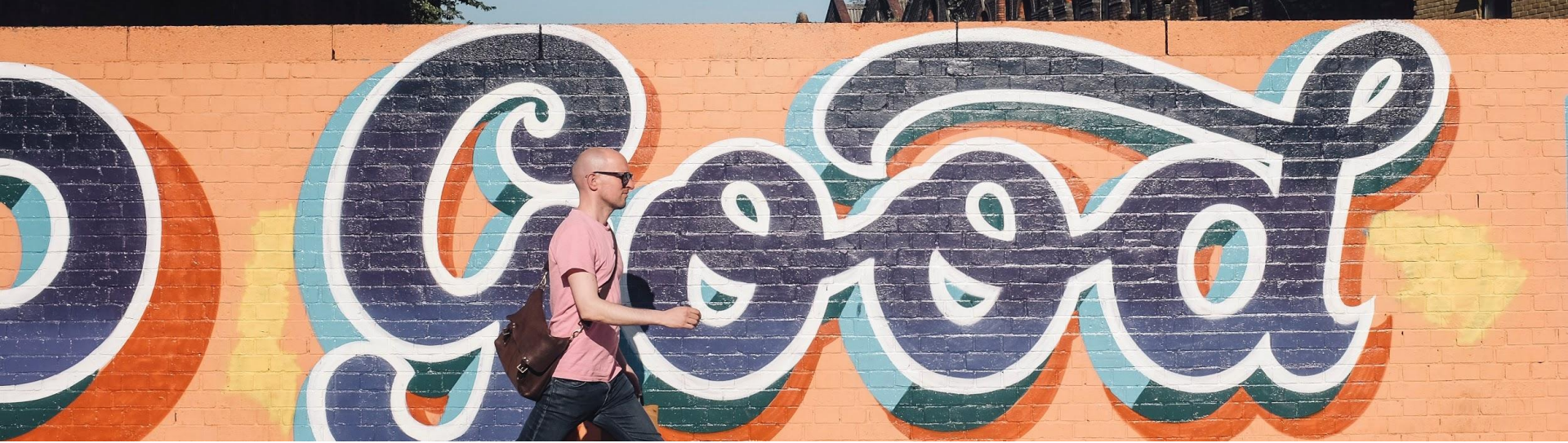


What is the Goal?



A close-up photograph of a wooden set square and ruler resting on a piece of paper. The set square is L-shaped, with one arm horizontal and the other vertical. The ruler is placed along the horizontal arm of the set square. The paper has some faint text in Polish at the top, including "podstawie wyników pomiarów zamieszczonej od czasu. Pamiętaj o opisanu osi o ruch. Odpowiedz wpisz przelicz". There are also some numbers and a diagram of a right-angled triangle with a hypotenuse drawn. The ruler has markings in centimeters and millimeters. The set square has markings in centimeters. The text is in a serif font. The ruler and set square are made of light-colored wood. The paper is white. The background is slightly blurred.

**How do we Measure
Success?**




What do we want to invoke?



**What do we need to
avoid?**



Sympathetic Nervous System

A photograph of a child sitting on a beige herringbone-patterned sofa. The child is wearing a grey long-sleeved shirt, a purple patterned vest, and bright pink leggings. Their feet are wearing white bunny slippers. A small brown dog is lying on the sofa next to the child, and the child's hand is resting on its head. The background is softly blurred, showing what appears to be a bookshelf.

Parasympathetic Nervous System

Trick #1

Sweeping Breath





Trick #2

**Replace “Should” with
“Could”**



A close-up photograph of several ducklings. The ducklings have soft, downy feathers in shades of yellow and brown. They are clustered together, with one duckling in the foreground being the most prominent. The background is slightly blurred, showing other ducklings. A white semi-transparent box is overlaid on the left side of the image, containing the text.

Trick #3
Duck Timer

Trick #4

Dance Break



$$\frac{dN}{dt} = \frac{1}{\tau_{act}} - \sigma_p(N - N_0)(1 - \epsilon S)S + \frac{N_e}{\tau_n} - \frac{N}{\tau_p}$$

$$\frac{dS}{dt} = \Gamma_0 \sigma_p(N - N_0)(1 - \epsilon S)S + \frac{\rho_0 N}{\tau_n} - \frac{S}{\tau_p}$$

$$\frac{S}{P} = \frac{\tau_p \rho_0}{\tau_{act}} = \Theta$$

$$S \leq \frac{1}{\epsilon}$$

$$N = N_0$$

$$P_f = (m)$$

Trick #5

Formula for Action



Questions?
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