

**HOW SUSTAINABLE IS YOUR "AGILE?"**

**TRANSFORMING TO SUSTAINABLE  
ORGANIZATIONAL AGILITY**



**AHMED SIDKY, PH.D.**

**15** years of experience in software development, management and delivery  
YEARS

Virginia Tech  
Ph.D. in Agile Transformation and Agility Assessment

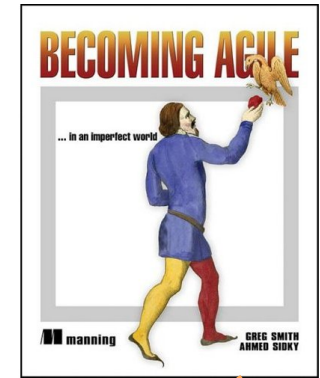
Co-founded



on the PMI-ACP Steering committee



Co-authored



Agile2009 Conference  
Program Chair

Consulted, trained or coached with people and teams from ...

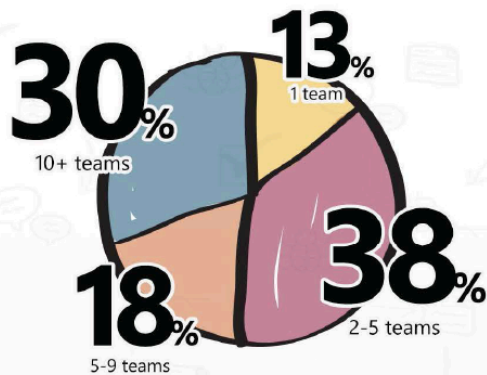




# WE CAN ALL AGREE, AGILE ADOPTION IS ON A RISE ...

## HOW MANY TEAMS ADOPTED AGILE?

This year we've seen growth in the number of teams practicing agile at each organization surveyed. Nearly half of respondents worked at companies that had adopted agile practices across 5 or more teams (48%), up from 33% in 2011, and 30% said they had 10 or more agile teams.



Source: 7<sup>th</sup> Annual VersionOne State of Agile Development Survey

## PERCENTAGE OF PROJECTS USING AGILE

**31%**  
0-25%  
of Projects

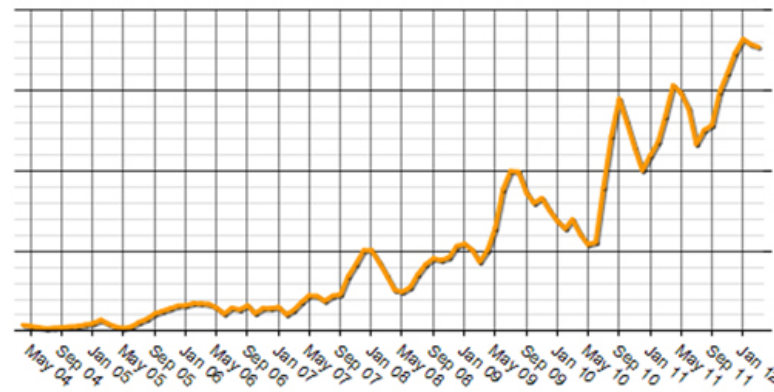
**19%**  
26-50%  
of Projects

**13%**  
51-75%  
of Projects


**37%**  
76-100%  
of Projects

Source: 7<sup>th</sup> Annual VersionOne State of Agile Development Survey

## Agile Project Management Demand Trend



Source: IT Jobs Watch, March 2012



# MEET JACK

Company: **Future Corp**

Size: **10,000 people**

Profession: **CIO**

Size of IT: **3000 People**

Goal: **Transform organization to Agile - ASAP**

Plan: ***Something like this***

1. Start training across IT – probably on Scrum
2. Picked a star, Stacy, in the IT organization and put her in charge of the transformation – in addition to her day job.
3. Two pilot projects were launched successfully (doing Scrum) !
4. Memo from the CIO that says we’re moving to an agile/scrum process for all IT projects by the end of the year.
5. The plan is to launch five pilots/teams every quarter.
6. The CIO is meeting monthly with Stacy to track the number of projects who are adopting the agile process.
7. Stacy is procuring an agile tool to help teams be consistent in their agile process.

# MEET JACK

Company: **Future Corp**

Size: **10,000 people**

Profession: **CIO**

Size of IT: **3000 People**

Goal: **Transform organization to Agile - ASAP**

Plan: *Something like this*

1. Start training across IT
  2. Picked a star, Stacy, from the IT organization and put her in charge of the transformation – in charge of her day job.  
Two pilot projects were launched
  3. Memo from the CIO that says we're moving to an agile process for all projects by the end of the year
  4. The CIO is meeting monthly to track the progress of projects who are adopting the agile process.
  5. They are procuring an agile tool to help teams be consistent in their agile adoption.
- WILL IT WORK? WILL WE REALLY BE AGILE?**
- FOR HOW LONG? HOW SUSTAINABLE WILL IT BE?**



# WHAT IS AGILE?

No Documentation

Chaos

Process ?

Methodology ?

No Architecture

Cult?

Fad?

No Planning

Framework ?

Approach ?

No Discipline

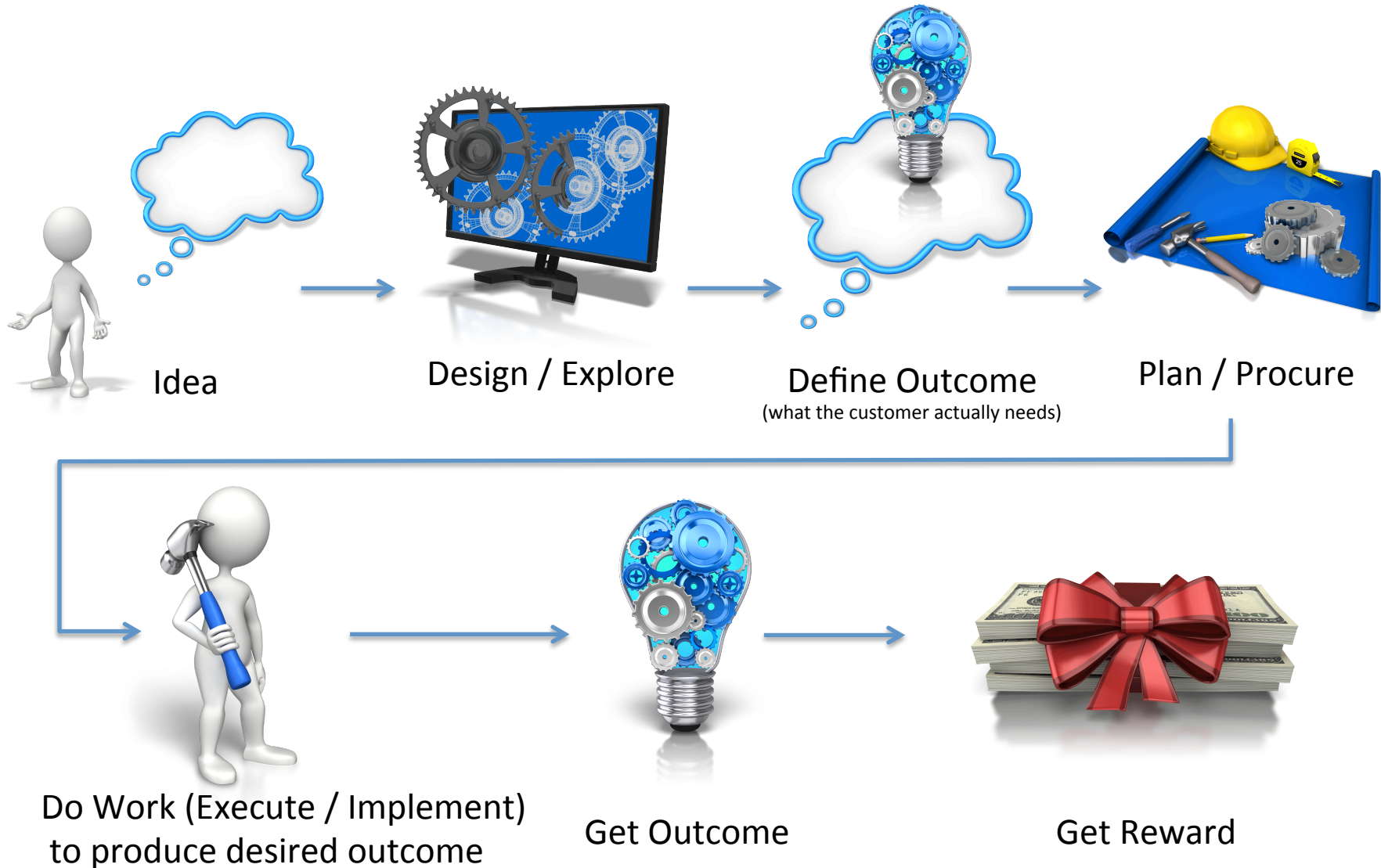


# AGILE IS A MINDSET ...

Your mindset is the established set of attitudes and habits you have about how to succeed at getting work done.

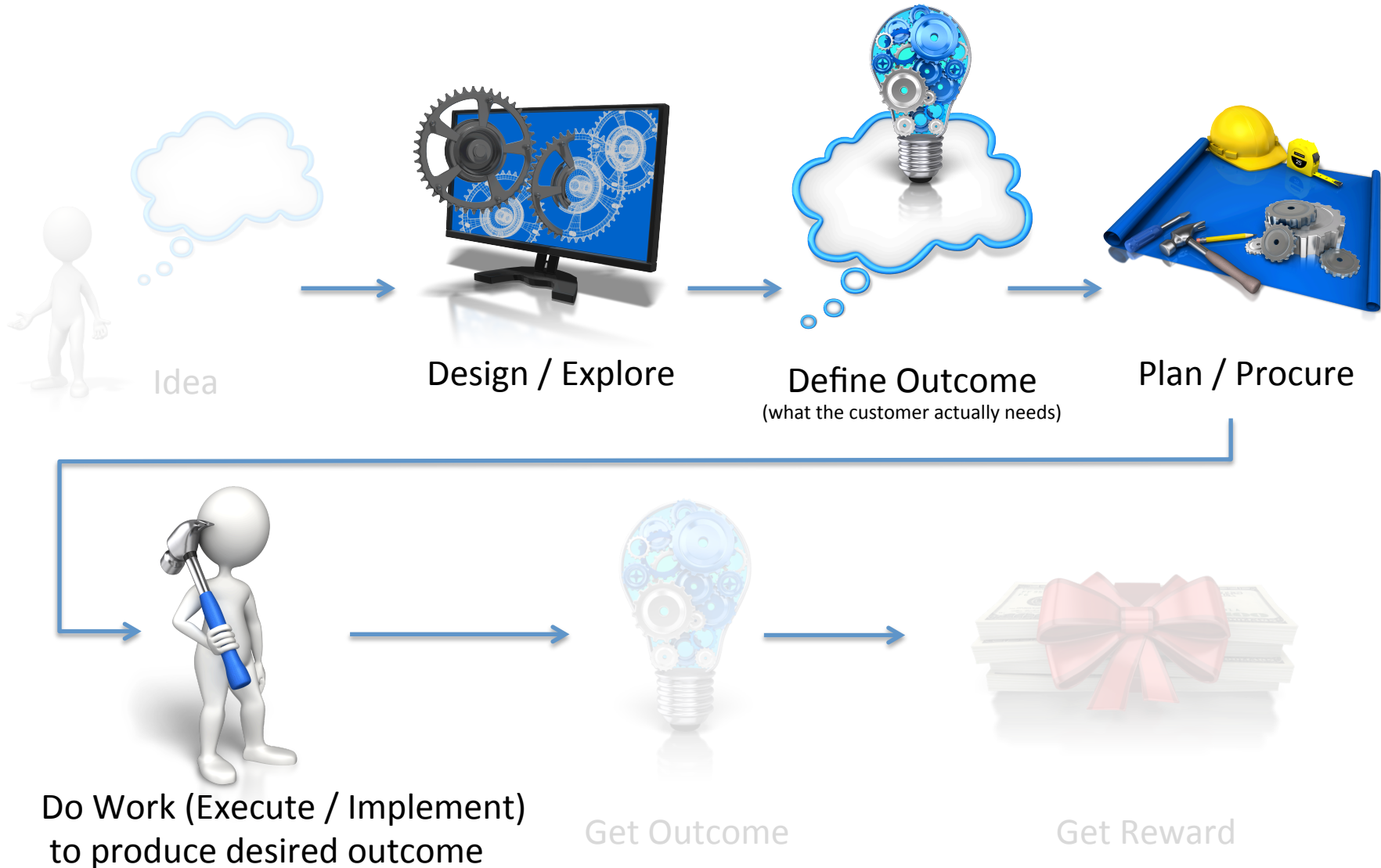


# HOW DO WE GET WORK DONE?





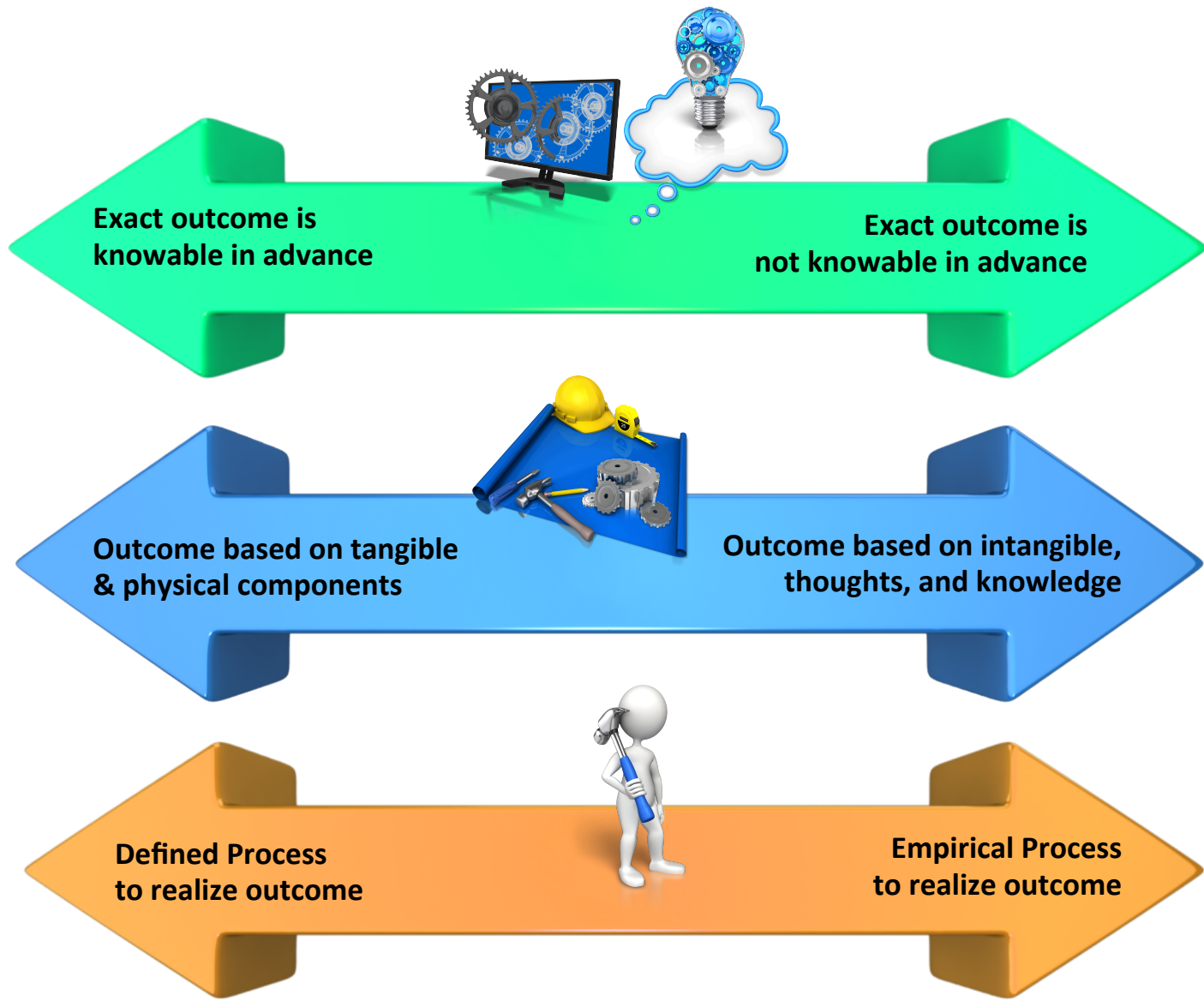
# WHAT IS OUR MINDSET TOWARDS ...



# WHAT IS OUR MINDSET TOWARDS ...

**ASSEMBLY LINE MENTALITY**

**KNOWLEDGE WORK MENTALITY**



# WHAT IS OUR MINDSET TOWARDS ...



**Exact outcome is  
not knowable in advance**



**Outcome based on intangible,  
thoughts, and knowledge**



**Empirical Process  
to realize outcome**

## **The Tunnel of Uncertainty**

We have an idea where we are going, and we don't know exactly what the outcome will be, and we know there will be lots of changes and we really can't control all the players needed to produce the outcome according to plan.

What is our

**Mindset**

towards succeeding when there is

**Uncertainty**

What is our

established set of  
attitudes and habits

towards succeeding when there is

**Uncertainty**

I believe that my **[Intelligence, Personality, Character]** is locked-down or fixed. My potential is determined at birth. It doesn't change.

## Fixed Mindset



Desire to **avoid failure and look smart** in every situation and prove myself.

**Avoids challenges** and obstacles because risk of failure.

**Stick to what they know** and can do.

**Failure** is an impression of **lack of talent**, therefore quick to blame and be defensive.

Feedback and criticism is **personal** as it impacts self-image.

They **don't change** or improve so to this confirms that "they are as they are."

I believe that my **[Intelligence, Personality, Character]** can be continuously developed. My true potential is unknown and unknowable.

## Growth Mindset



Desire **continuous learning**. Confront uncertainties.

**Embracing challenges** because will learn something new

**Not afraid to fail** – an opportunity to learn

**Put lots of effort to learn** and master something new

Feedback and criticism is not about them but **about current capabilities**

**Elicit feedback** since it is a source of new information and learning

Context of Personal Life

# WHICH MINDSET ?



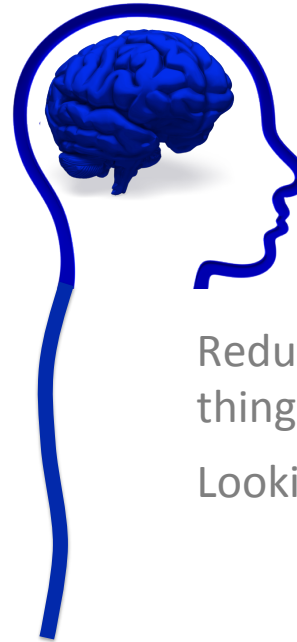
**Exact outcome is not knowable in advance**



**Outcome based on intangible, thoughts, and knowledge**



**Empirical Process to realize outcome**



**Fixed Mindset**  
approach to  
managing  
uncertainty

Reducing uncertainty by “nailing things down.”

Looking to fix and confirm things.



**Agile Mindset**  
approach to  
managing  
uncertainty

Reducing uncertainty by discovering and learning.

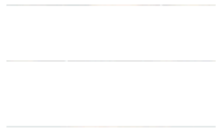
Looking to learn and discover in the most efficient way possible.



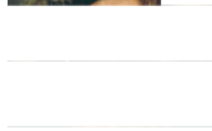
## Fixed Mindset approach to using Iterations

Reducing uncertainty by “nailing things down.”

1



2



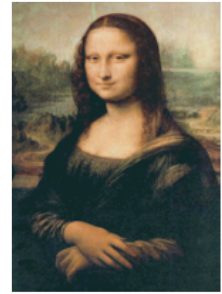
3



4



5



## Agile Mindset approach to using iterations

Reducing uncertainty by discovering and learning.

1



2



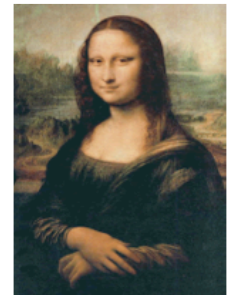
3



4



5





# How to manage **Uncertainty** using the **Agile Mindset** in the **Software domain**



## THE AGILE MANIFESTO

We are uncovering better ways of developing software by doing it and helping others do it.  
Through this work we have come to value:

**Individuals and interactions** over processes and tools  
**Working software** over comprehensive documentation  
**Customer collaboration** over contract negotiation  
**Responding to change** over following a plan



## Agile is a mindset

[that in software world is]



Established through 4 values



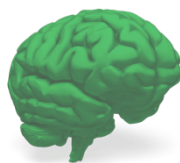
Grounded by 12 principles, &

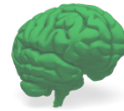


Manifested through many  
many different practices

A mindset is the established set of  
attitudes held by someone

- Welcome Change
- Failing Early
- Build and Feedback loops
- Continuous Delivery
- Value-Driven Development
- Small value-add slices
- Learn through Discovery
- Continuous Improvement





## Agile is a mindset

[that in software world is]



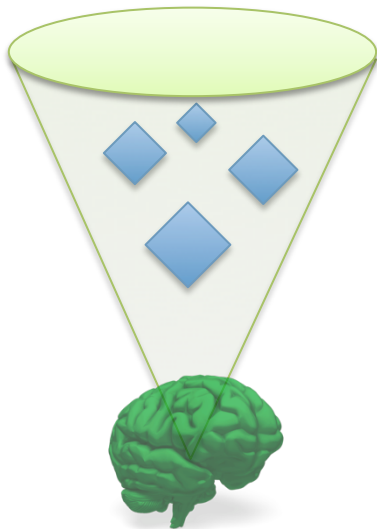
Established through 4 values



Grounded by 12 principles, &

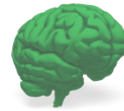


Manifested through many  
many different practices



A Value is an established ideal that the members of a given society regard as desirable

**Individuals and interactions** over processes and tools  
**Working software** over comprehensive documentation  
**Customer collaboration** over contract negotiation  
**Responding to change** over following a plan



## Agile is a mindset

[that in software world is]



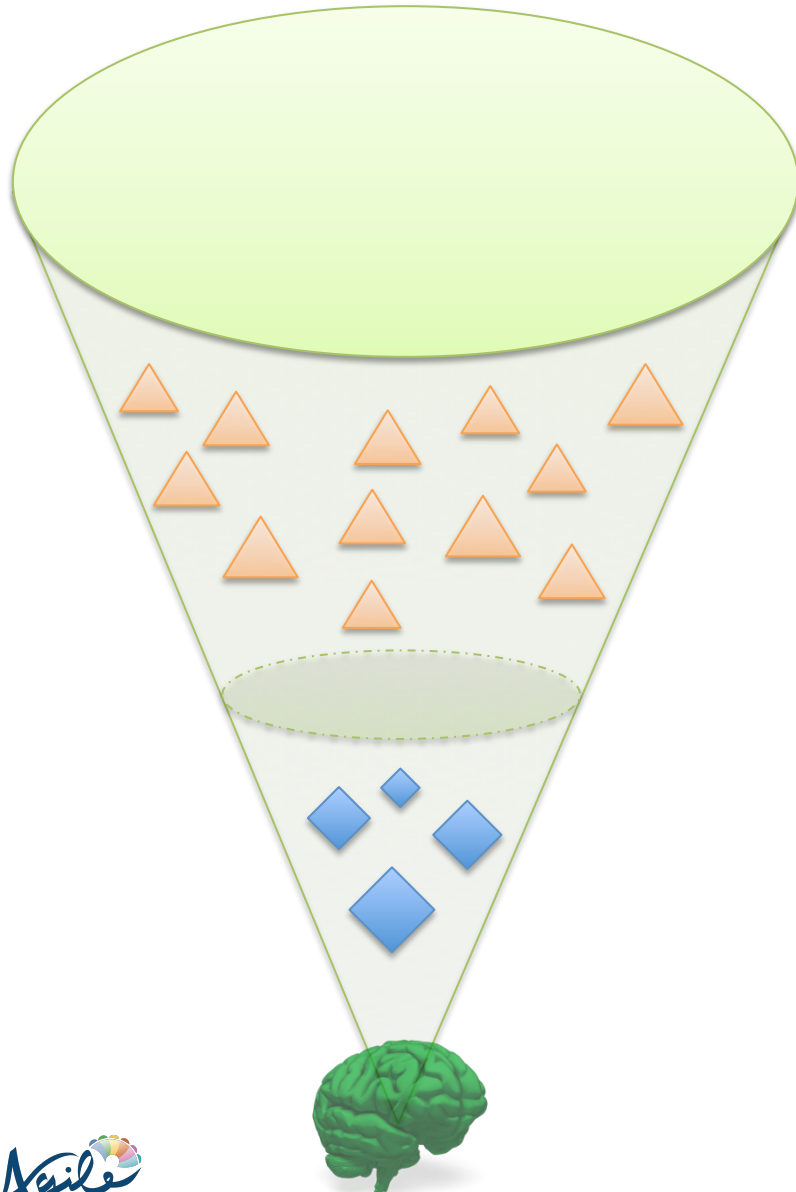
Established through 4 values



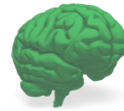
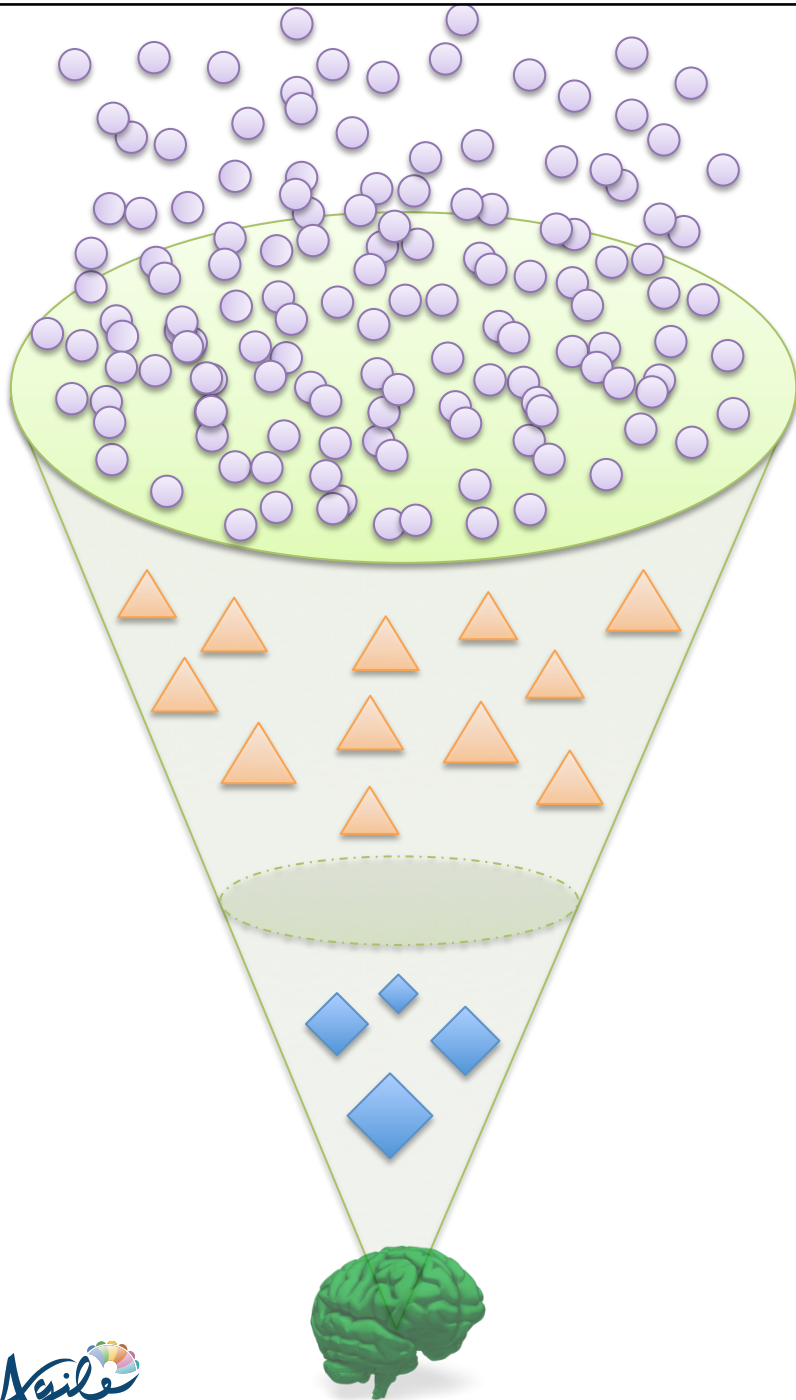
Grounded by 12 principles, &



Manifested through many  
many different practices



1. Our highest priority is to satisfy the customer through early and continuous delivery of valuable software.
2. Welcome changing requirements, even late in development. Agile processes harness change for the customer's competitive advantage.
3. Deliver working software frequently, from a couple of weeks to a couple of months, with a preference to the shorter timescale.
4. Business people and developers must work together daily throughout the project.
5. Build projects around motivated individuals. Give them the environment and support they need, and trust them to get the job done.
6. The most efficient and effective method of conveying information to and within a development team is face-to-face conversation.
7. Working software is the primary measure of progress.
8. Agile processes promote sustainable development. The sponsors, developers, and users should be able to maintain a constant pace indefinitely.
9. Continuous attention to technical excellence and good design enhances agility.
10. Simplicity--the art of maximizing the amount of work not done--is essential.
11. The best architectures, requirements, and designs emerge from self-organizing teams.
12. At regular intervals, the team reflects on how to become more effective, then tunes and adjusts its behavior accordingly.



## Agile is a mindset

[that in software world is]



Established through 4 values



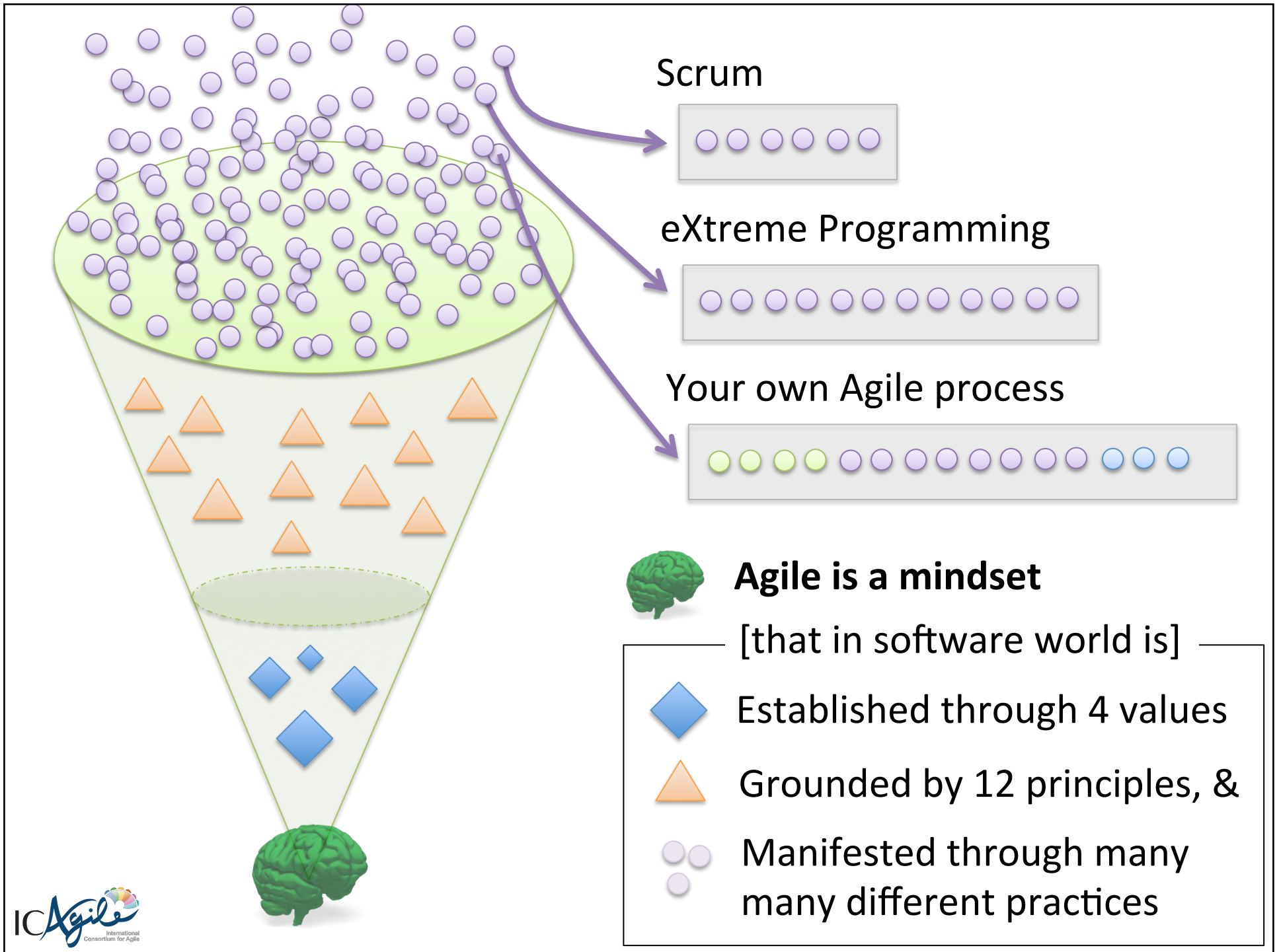
Grounded by 12 principles, &

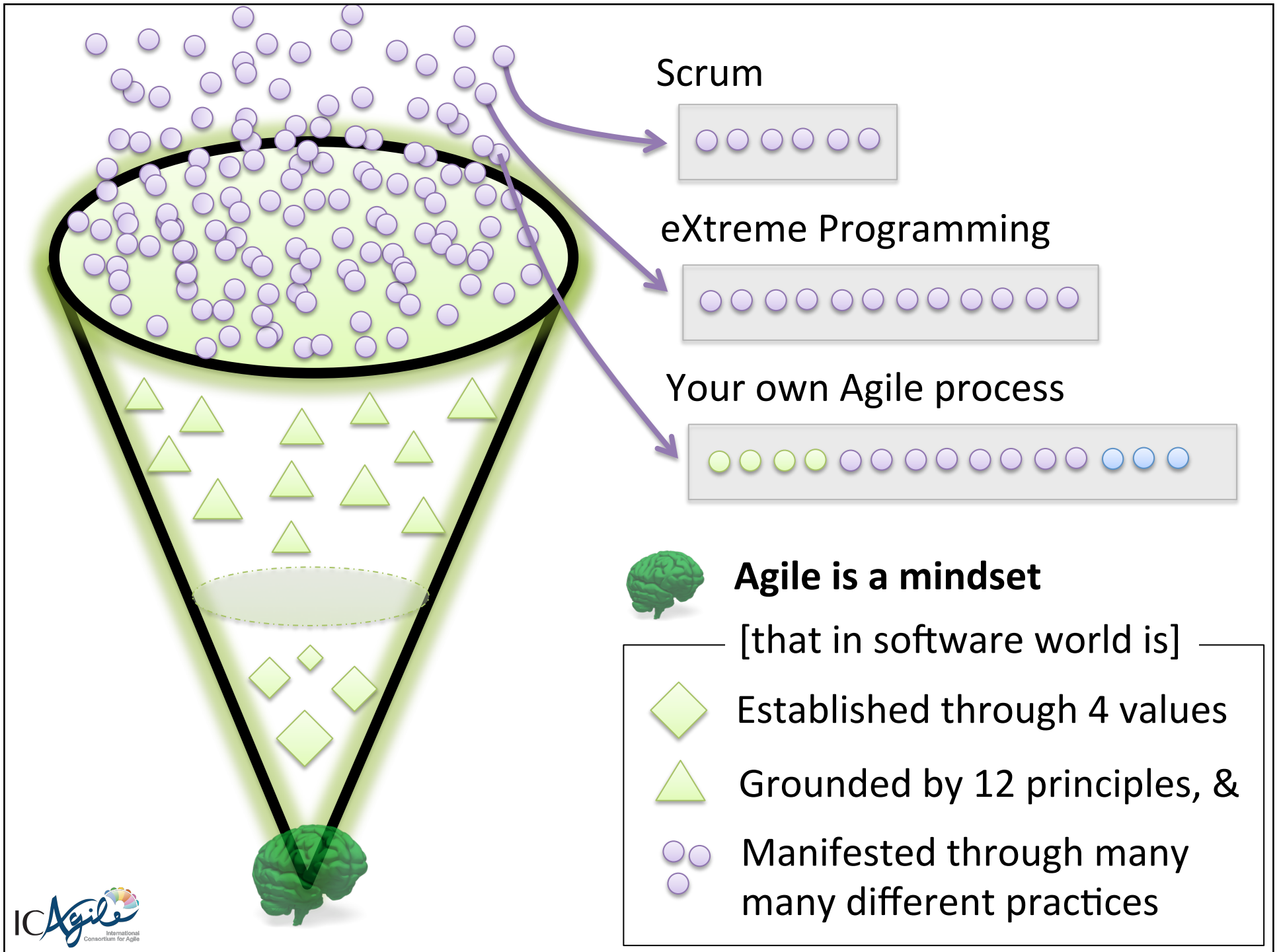


Manifested through many many different practices

Product visioning  
 Project chartering  
 Affinity (relative) estimation  
 Size-based (point) estimation  
 Planning poker  
 Group estimation  
 Value-based documentation  
 Prioritized product backlog  
 User stories  
 Progressive elaboration  
 Personas  
 Story maps / MMF  
 Story slicing  
 Acceptance tests as requirements  
 Short iterations  
 WIP Limits  
 Early and frequent releases  
 Roadmapping  
 Velocity-based planning and commitment  
 Iteration planning / Iteration backlog  
 Release planning / Release backlog  
 Time boxed iterations  
 Adaptive (multi-level) planning  
 Risk backlog  
 Team structure of VT / DT  
 Pull-based systems  
 Slack  
 Sustainable pace

Frequent face-to-face  
 Team chartering  
 Cross-silo collaborative teams  
 Self-organizing teams  
 Cross-functional teams  
 Servant leadership  
 Task volunteering  
 Generalizing specialist  
 Tracking progress via velocity  
 Burn-up/burn-down charts  
 Refactoring  
 Automated unit tests  
 Coding standards  
 Incremental/evolutionary design  
 Automated builds  
 Ten-minute build  
 Monitoring technical debt  
 Version control  
 Configuration management  
 Test driven development  
 Pair programming  
 Spike solutions  
 Continuous integration  
 Incremental deployment  
 Simple design  
 End-of-iteration hands-on UAT  
 Automated functional tests  
 Automated developer tests (unit tests)  
 Exploratory testing  
 Software metrics





## Agile as a Process and Practices

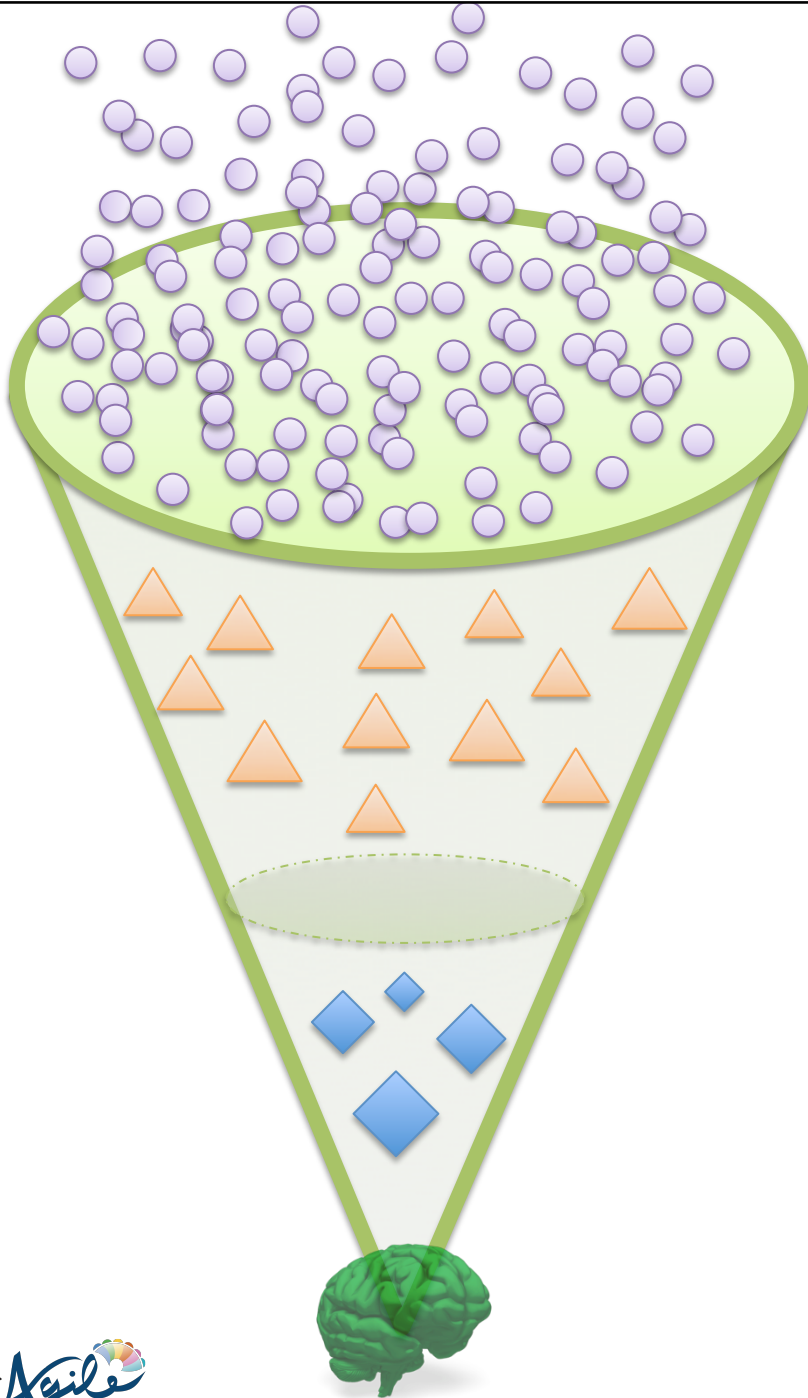
### Doing Agile

Learning the practices and applying them without know the mindset and principles to know when to tailor and how to select the appropriate practices

### Being Agile

Internalizing the Mindset, values, and principles then applying the right practices and tailoring them to different situations as they arise






## Agile as a Mindset and Culture





# A VIEW OF THE DOING OF AGILE VS THE BEING OF AGILE

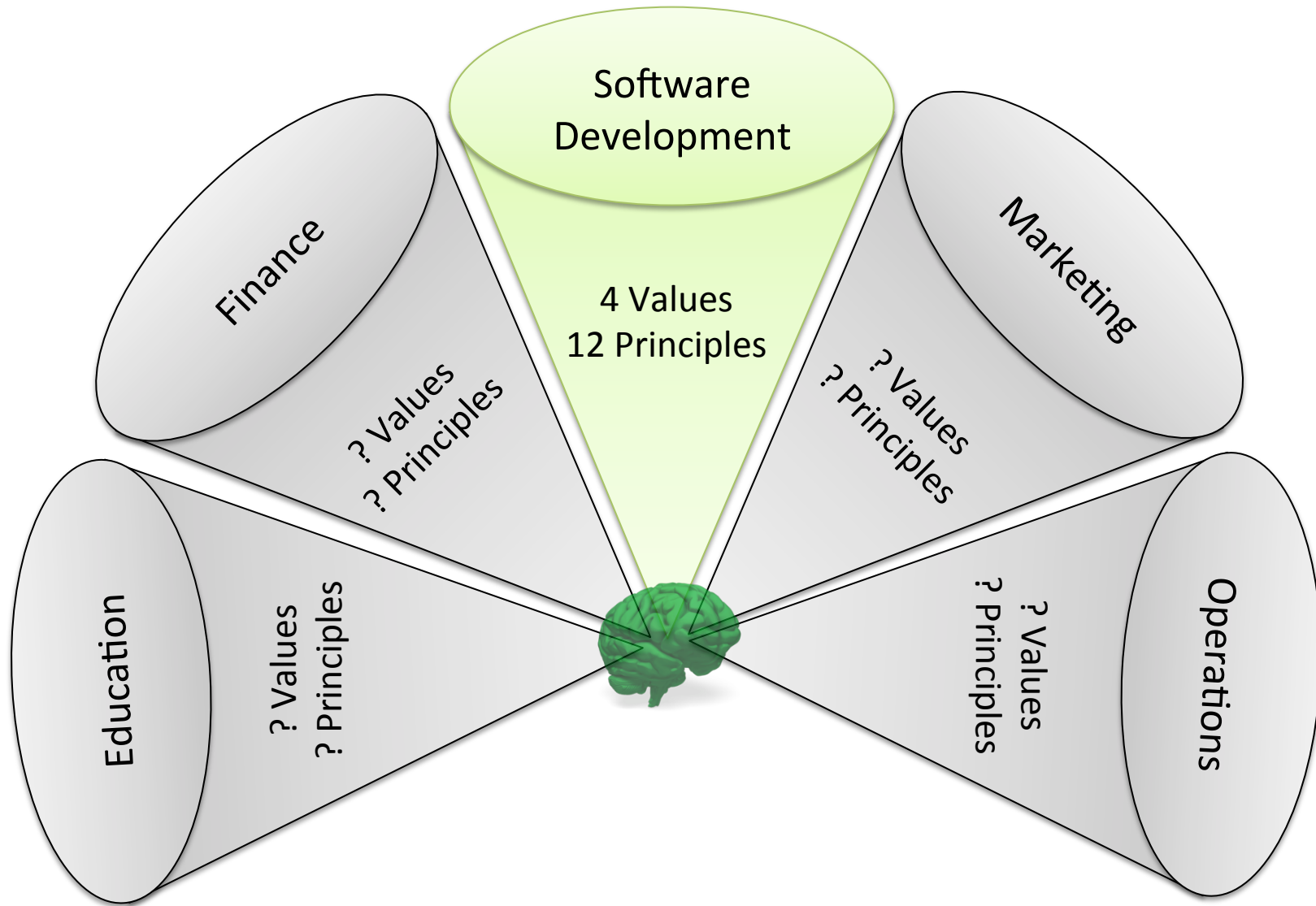
	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5
Day 1	Iteration Planning							
Day 2	Stand-up							
Day 3	Stand-up							
Day 4	Stand-up							
Day 5	Stand-up							
Day 6	Stand-up							
Day 7	Stand-up							
Day 8	Stand-up							
Day 9	Stand-up							
Day 10	Stand-up				Demo	Retrospective		
Other	Release Planning							

-  Iteration Planning
-  Stand-up
-  Demo
-  Retrospective
-  Release Planning

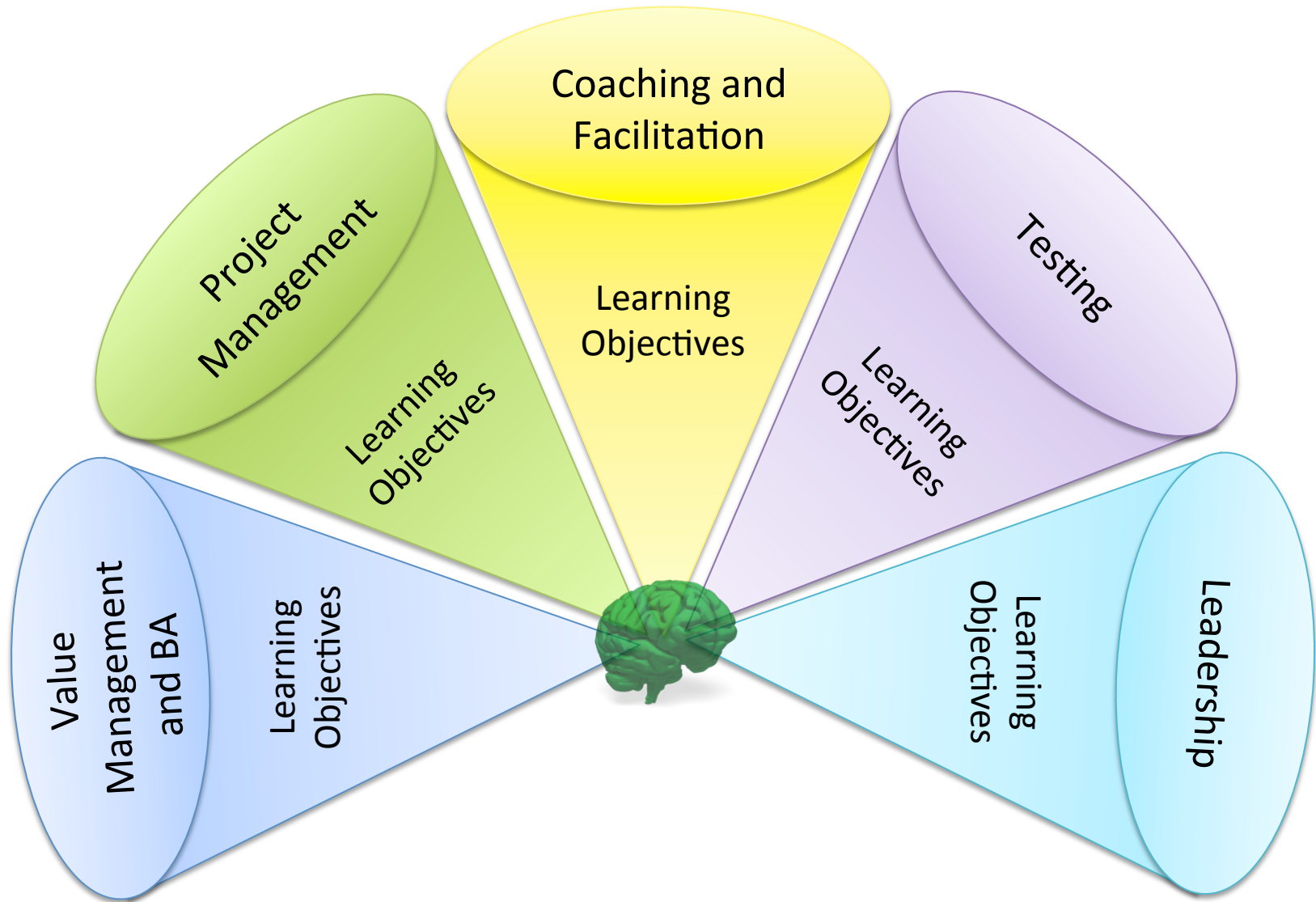
# ~22%

OF PEOPLE'S TIME IS CONSUMED BY "DOING AGILE PRACTICES"  
WHAT ABOUT THE REST?  
WHAT CHANGES?

1	2	3	4	5	6	7	8
9	10	11	12	13	14	15	16
17	18	19	20	21	22	23	24
25	26	27	28	29	30	31	32
33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48
49	50	51	52	53	54	55	56
57	58	59	60	61	62	63	64
65	66	67	68	69	70	71	72
73	74	75	76	77	78	79	80



## THE AGILE MINDSET AND OTHER DOMAINS



## **THE AGILE MINDSET TO DISCIPLINES INSIDE SOFTWARE DEVELOPMENT**

# ICAGILE'S ROADMAP



**THE AGILE MINDSET TO DISCIPLINES  
INSIDE SOFTWARE DEVELOPMENT**

# MEET JACK

Company: **Future Corp**

Size: **10,000 people**

Profession: **CIO**

Size of IT: **3000 People**

Goal: **Transform organization to Agile - ASAP**

Plan: *Something like this*

1. Start training across IT  
2. Picked a star, Stacy, in the IT organization and put her in charge of the transformation – in charge of her day job.  
Two pilot projects were launched immediately!

**WILL IT WORK? WILL WE REALLY BE AGILE?**

3. Memo from the CIO that says we're moving to an agile process for all projects by the end of the year.  
4. The plan is to launch five pilots every quarter. The CIO is meeting monthly to track the progress of all projects who are adopting the agile process.

**FOR HOW LONG? HOW SUSTAINABLE WILL IT BE?**

5. They are procuring an agile tool to help teams be consistent in their agile adoption.  
6. They are procuring an agile tool to help teams be consistent in their agile adoption.

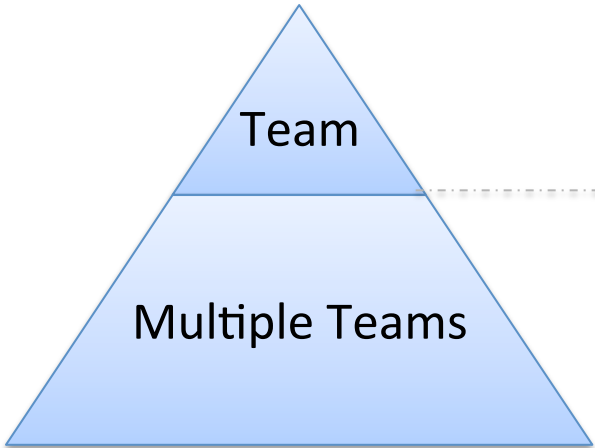


# PROCESS ADOPTION VS CULTURE TRANSFORMATION

Process Change / Incremental Change	Organizational and Culture Transformation
Focus on Process and Technology	Focus on People
Cascading Decisions	Shared Vision
Training	Educating
Communication	Buy-in
Compliance	Commitment

# SCALING AGILE SPECTRUM

Individual Mindsets and Team (Sub) Cultures need to be aligned with Agile



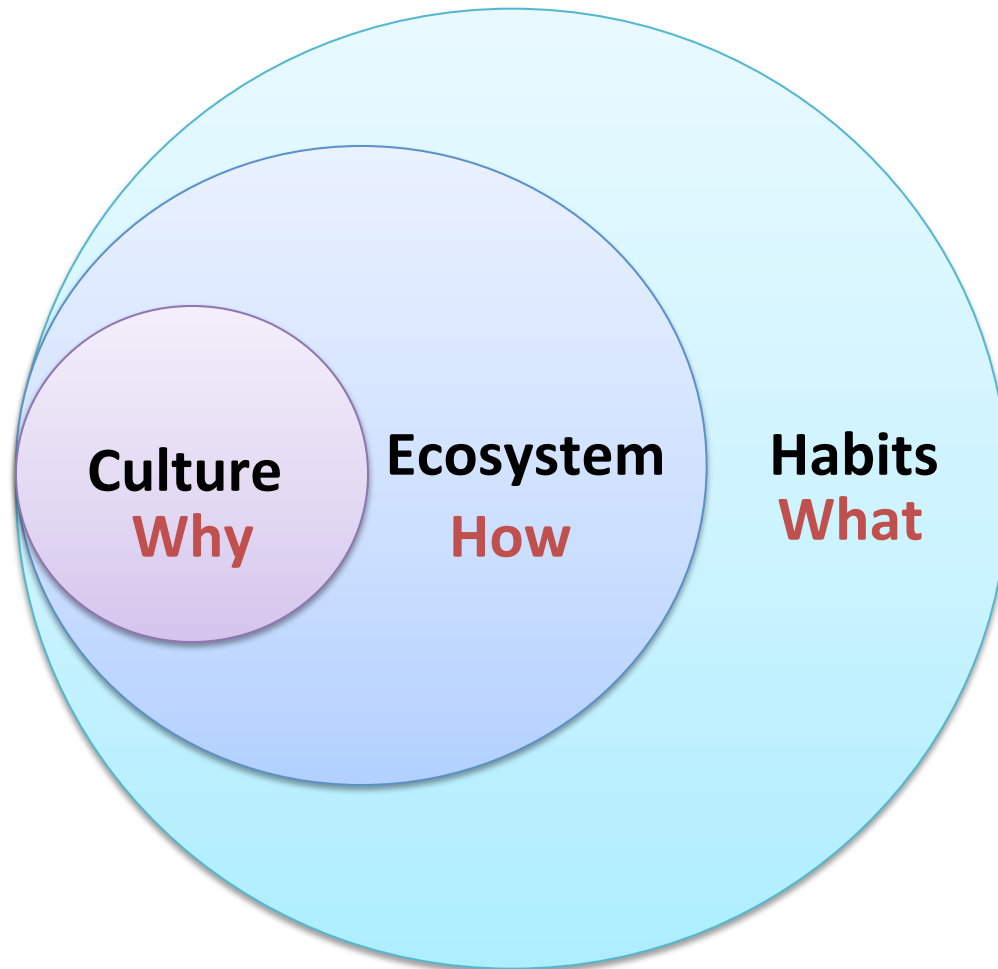
----- Chasm between Transformation and Adoption -----

Organizational Culture needs to be Aligned with Agile



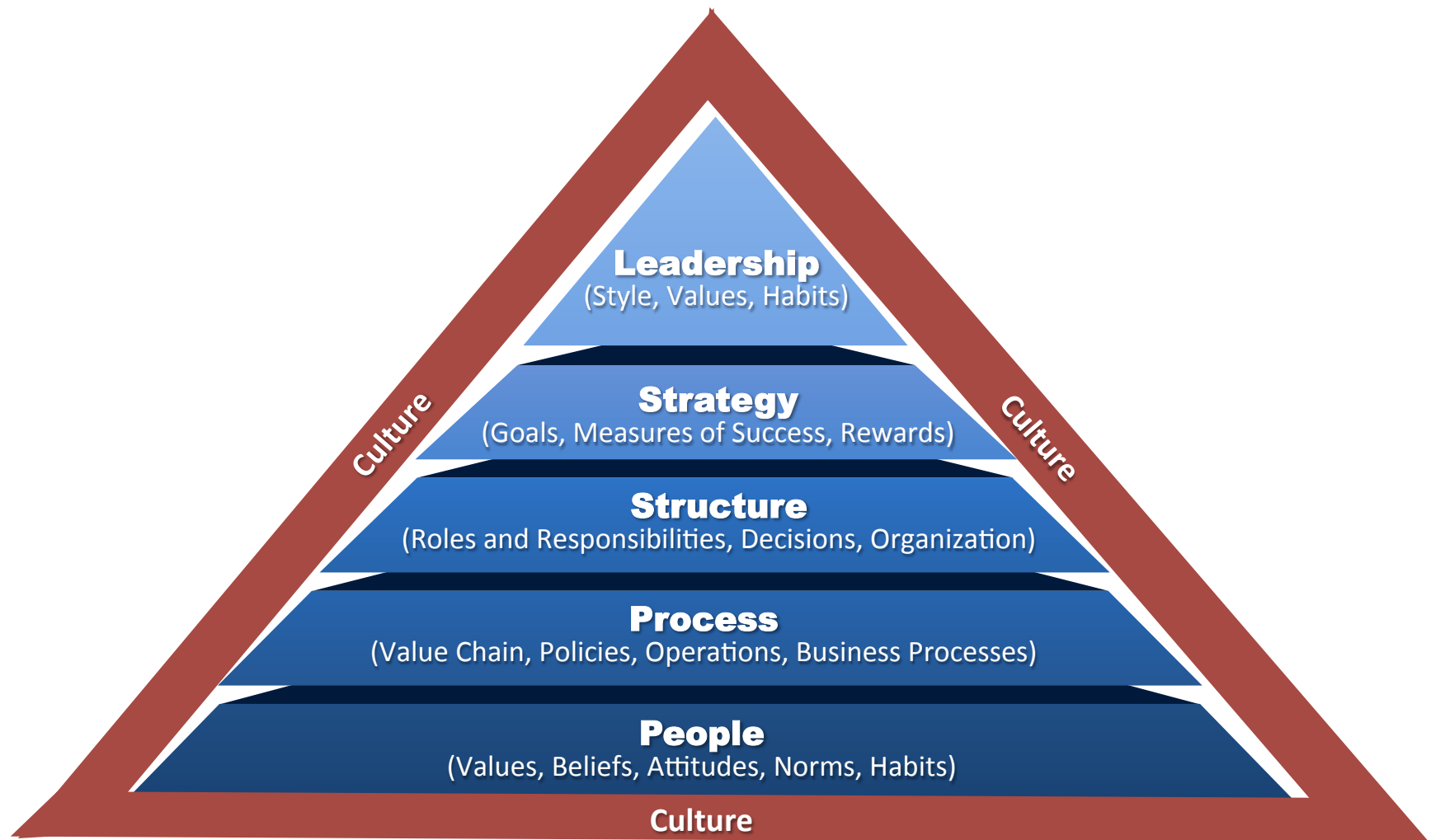


# ENTERPRISE AGILITY

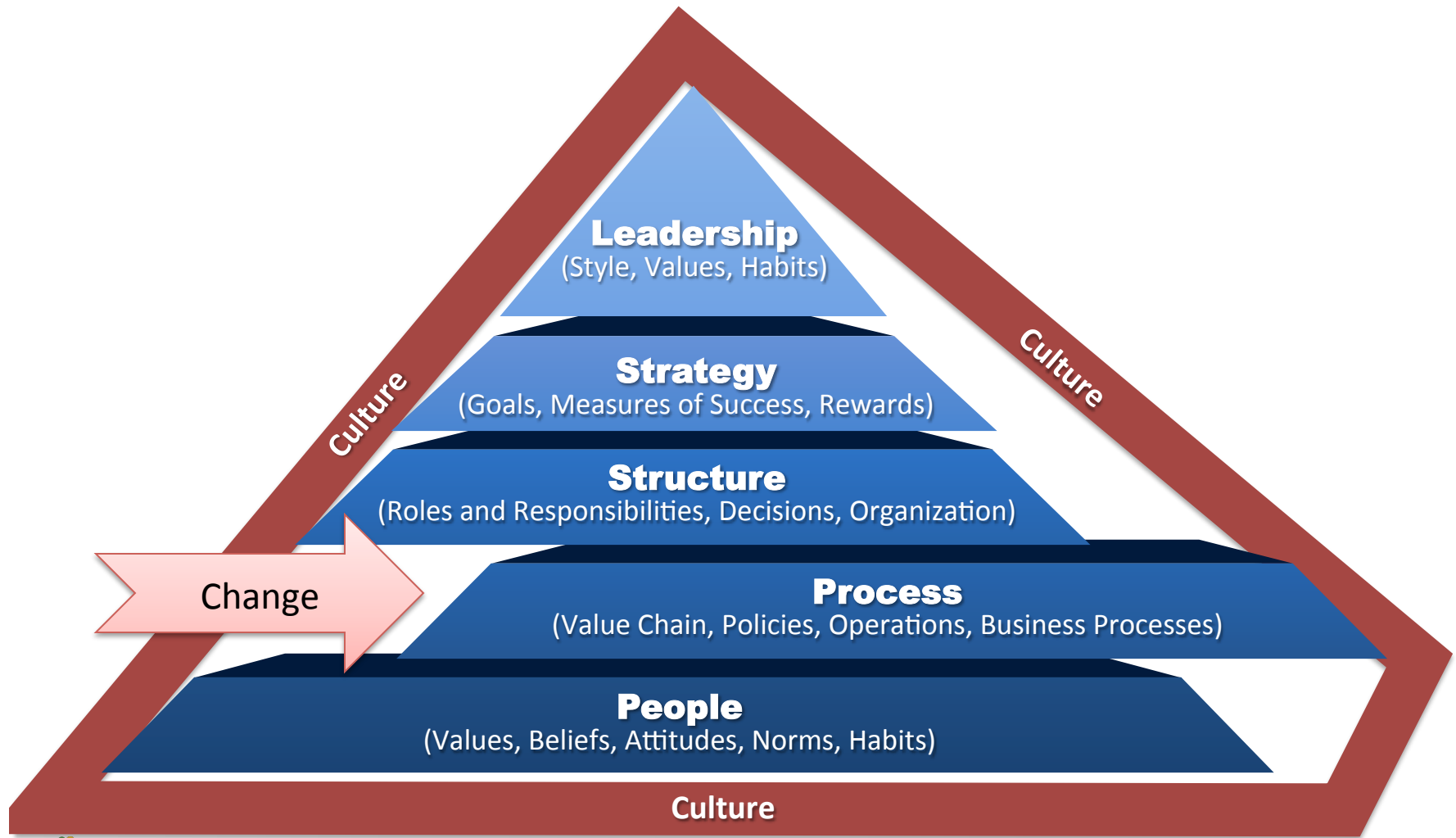


Enterprise Agile is a **culture** based on the *values and principles* of Agile, supported by the *organizational ecosystem* and manifested through *personal and organizational habits* (how work really gets done around here).

# CULTURE: THE ORGANIZATIONAL ECOSYSTEM



# PROCESS-BASED TRANSFORMATION



# CULTURE NEEDS TO BE ALIGNED

## Collins & Porras studied:

- 18 “visionary” vs. comparisons

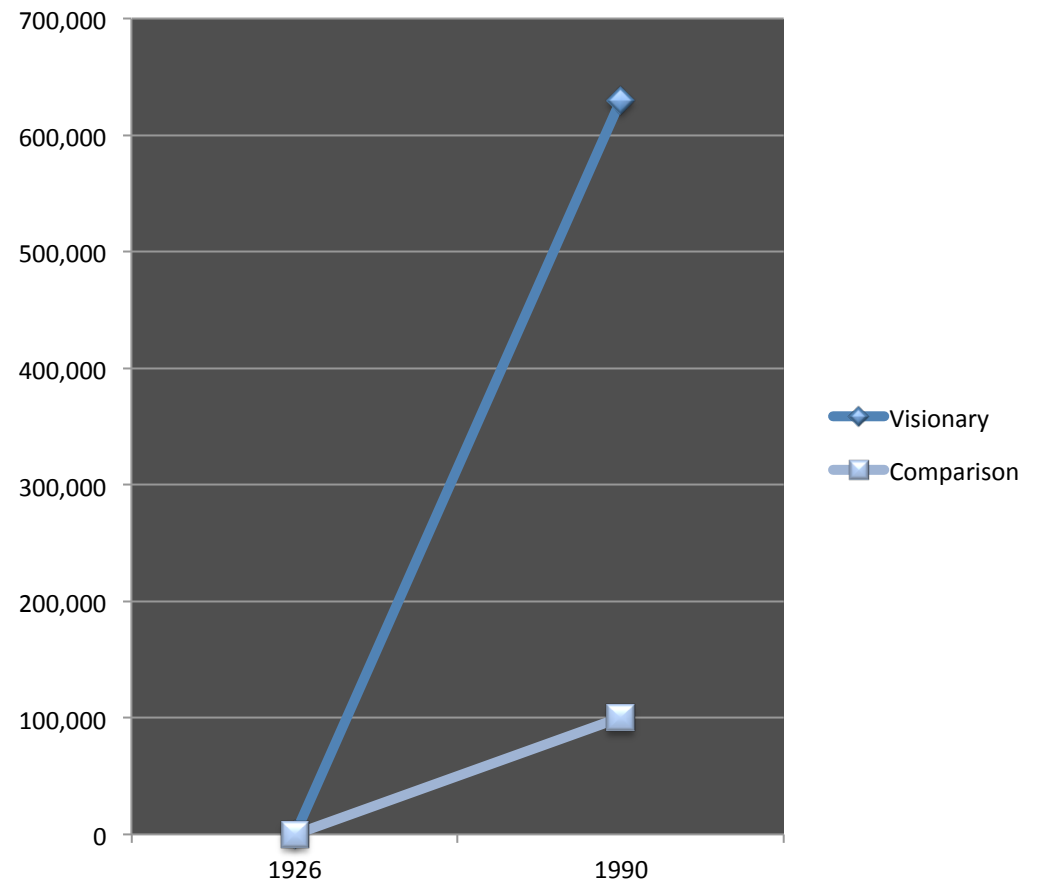
## Key distinguishing factor:

- presence of a **Strong, Integrated and Consistent Culture**

## Most critical differentiating factor:

- **Alignment** – where all elements of the organization work in concert

Stock Market Performance of Visionary vs. Comparison Companies (\$100 invested)



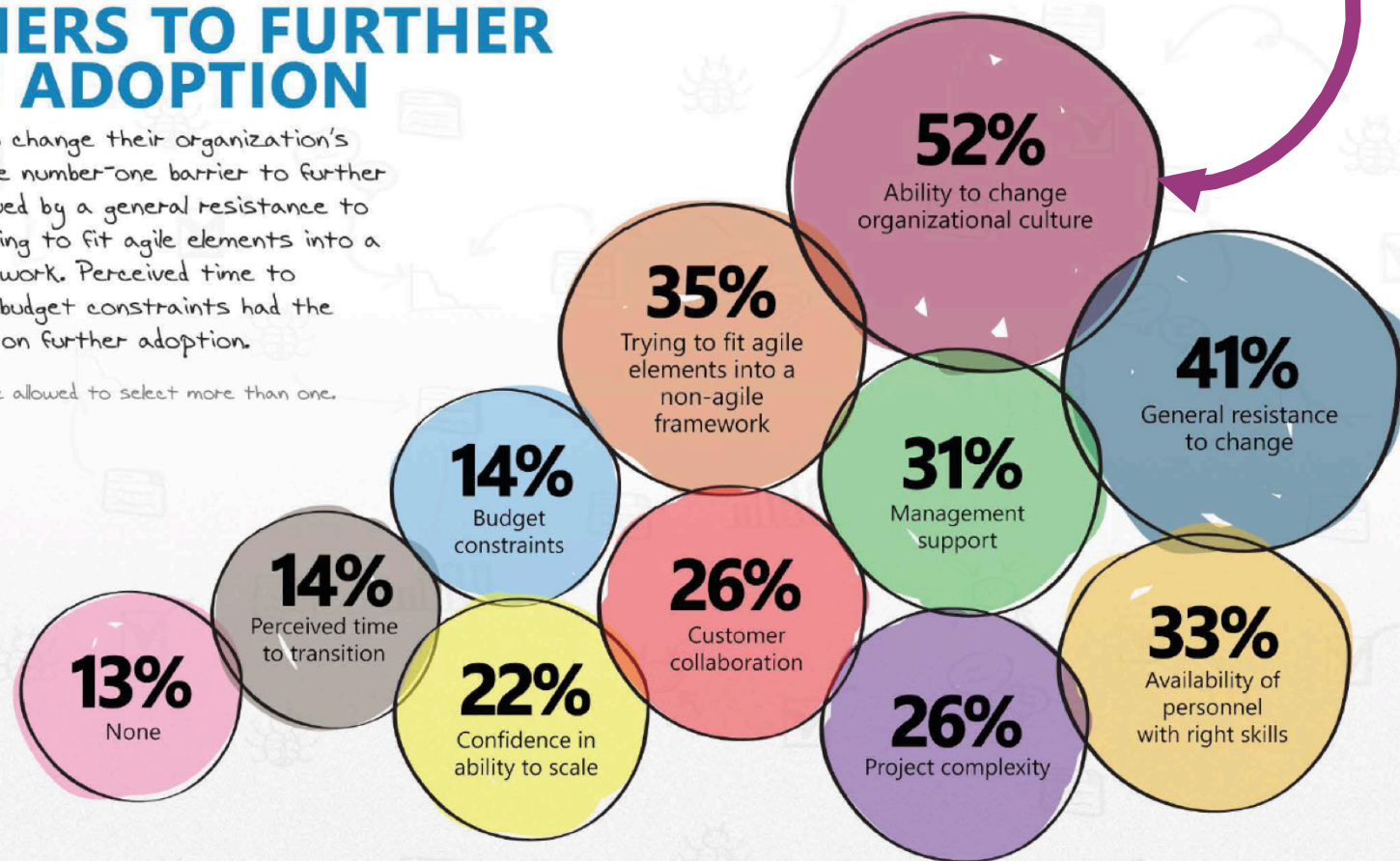
# 2012 SURVEY - BARRIERS TO AGILE ADOPTION

Ability to change the culture is the #1 barrier to further agile adoption  
4 out of the past 6 years

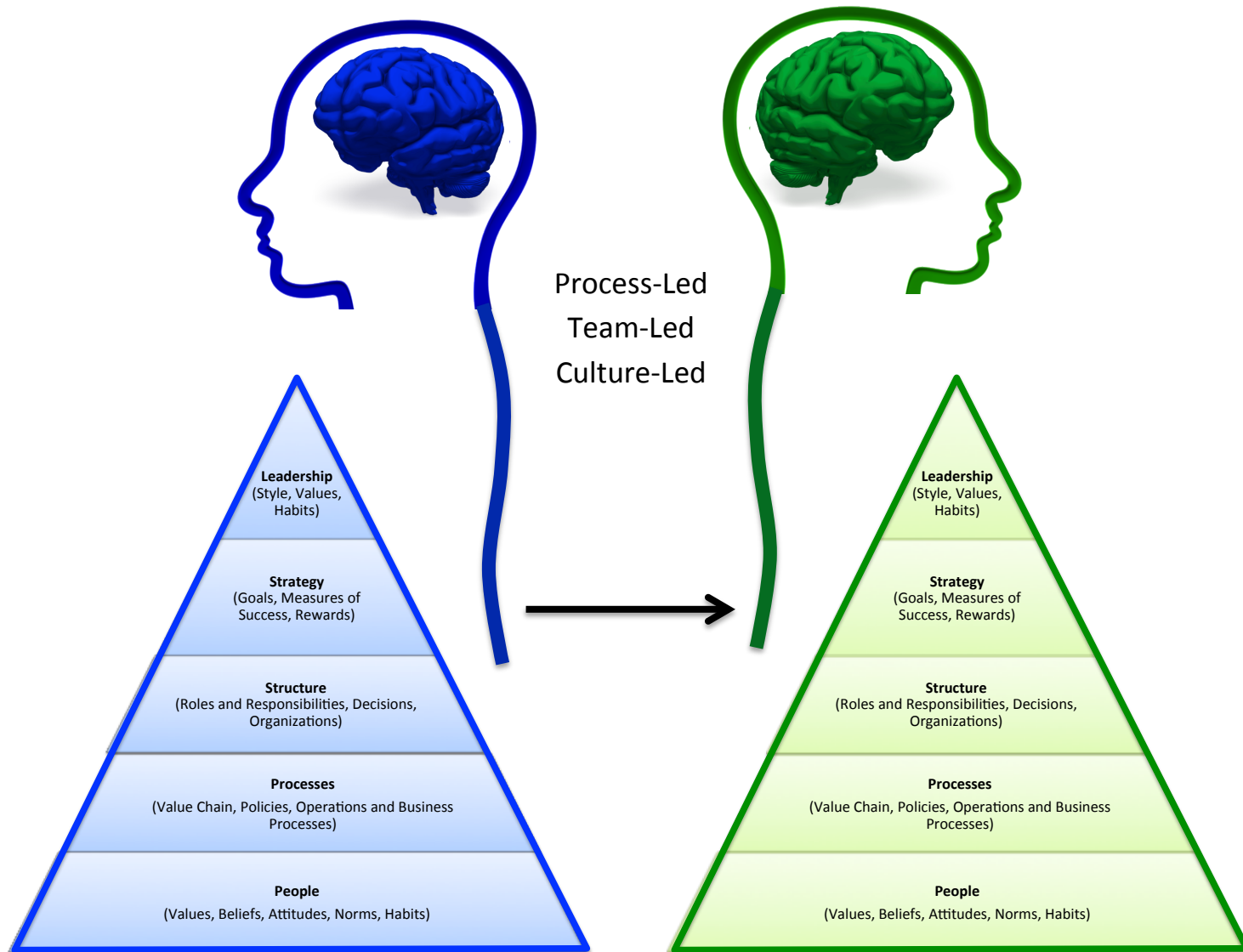
## BARRIERS TO FURTHER AGILE ADOPTION

The inability to change their organization's culture was the number-one barrier to further adoption, followed by a general resistance to change and trying to fit agile elements into a non-agile framework. Perceived time to transition and budget constraints had the lowest impact on further adoption.

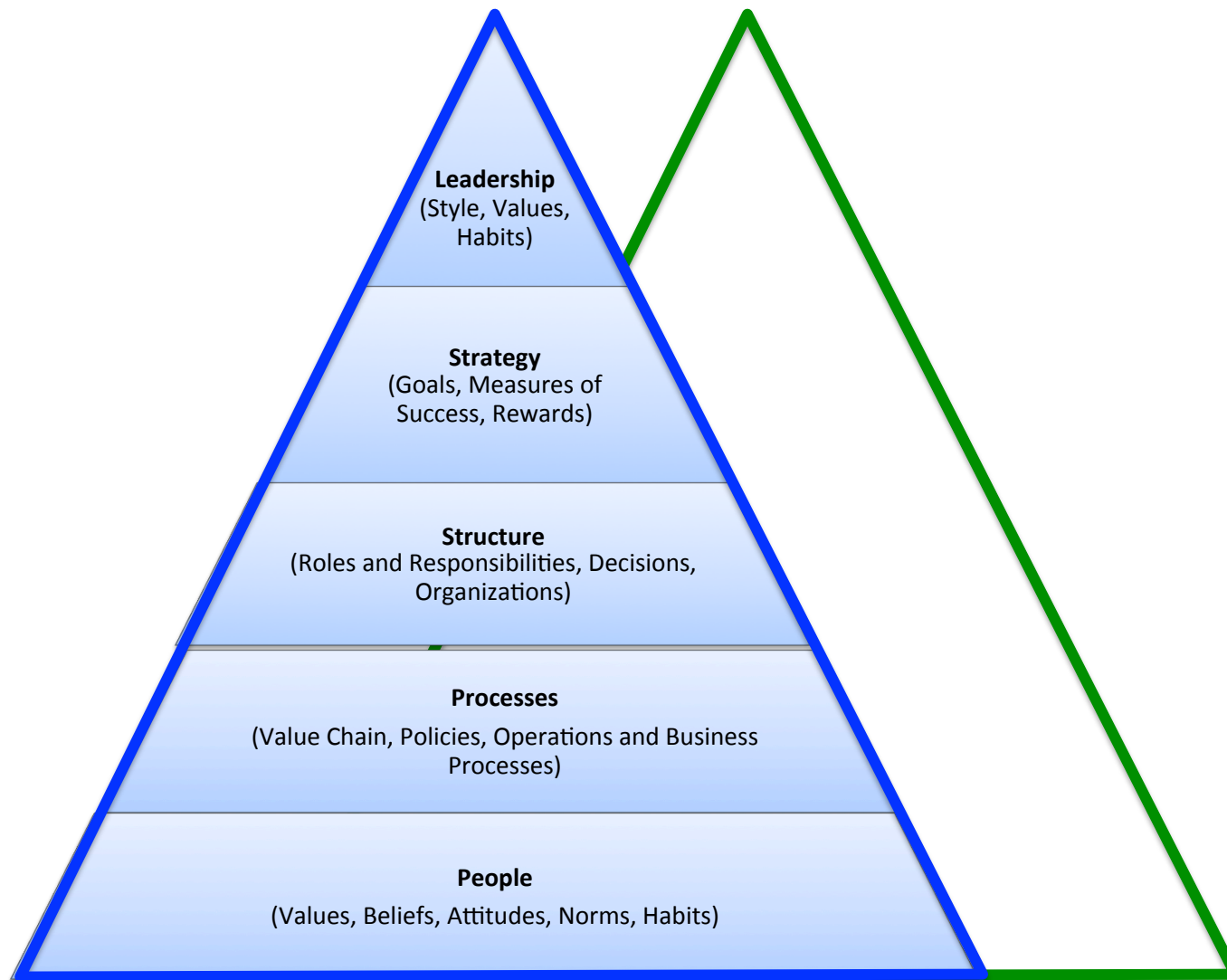
\*Respondents were allowed to select more than one.



# COMMON TRANSFORM APPROACHES



# PROCESS-LED TRANSFORMATION

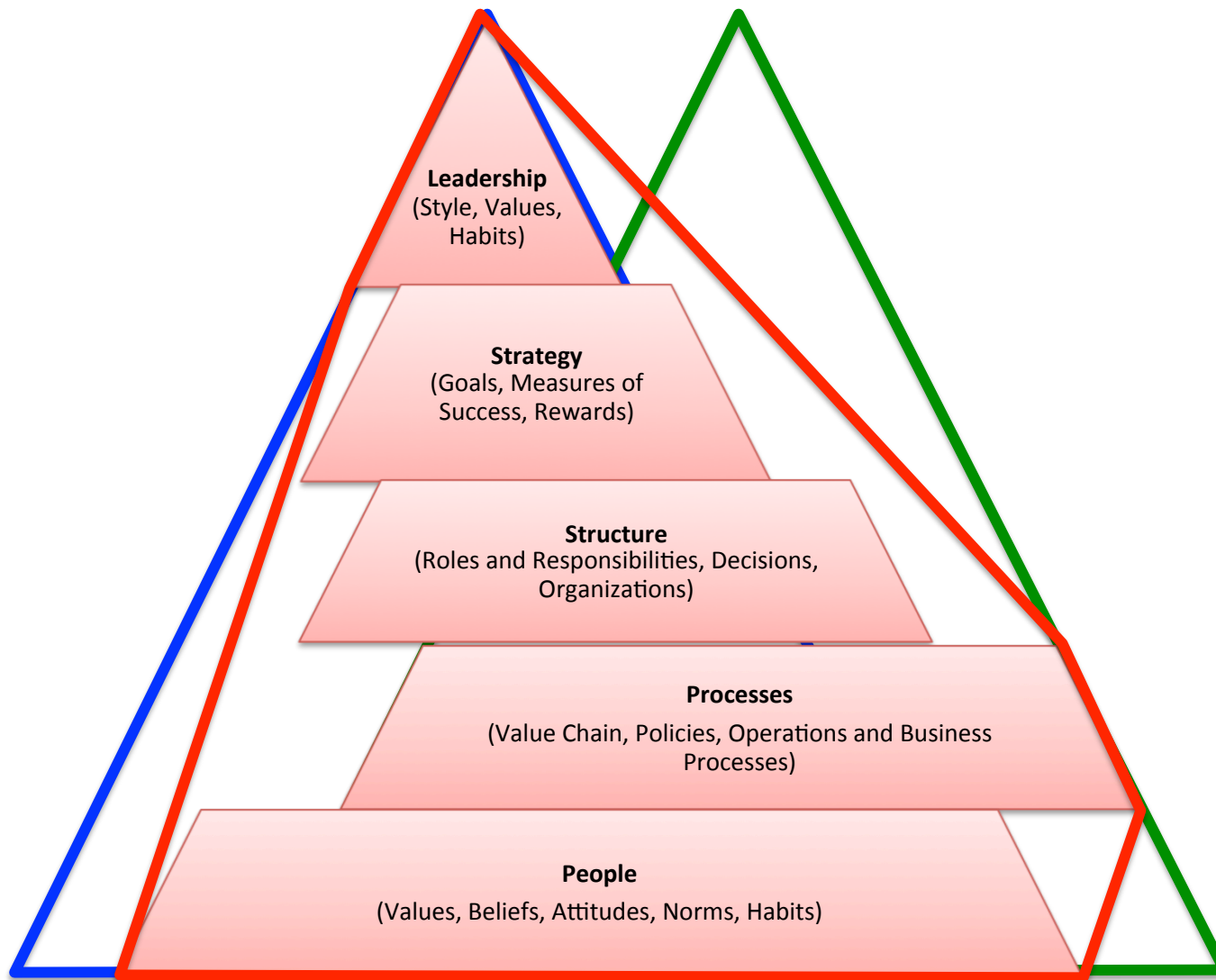


# PROCESS-LED TRANSFORMATION

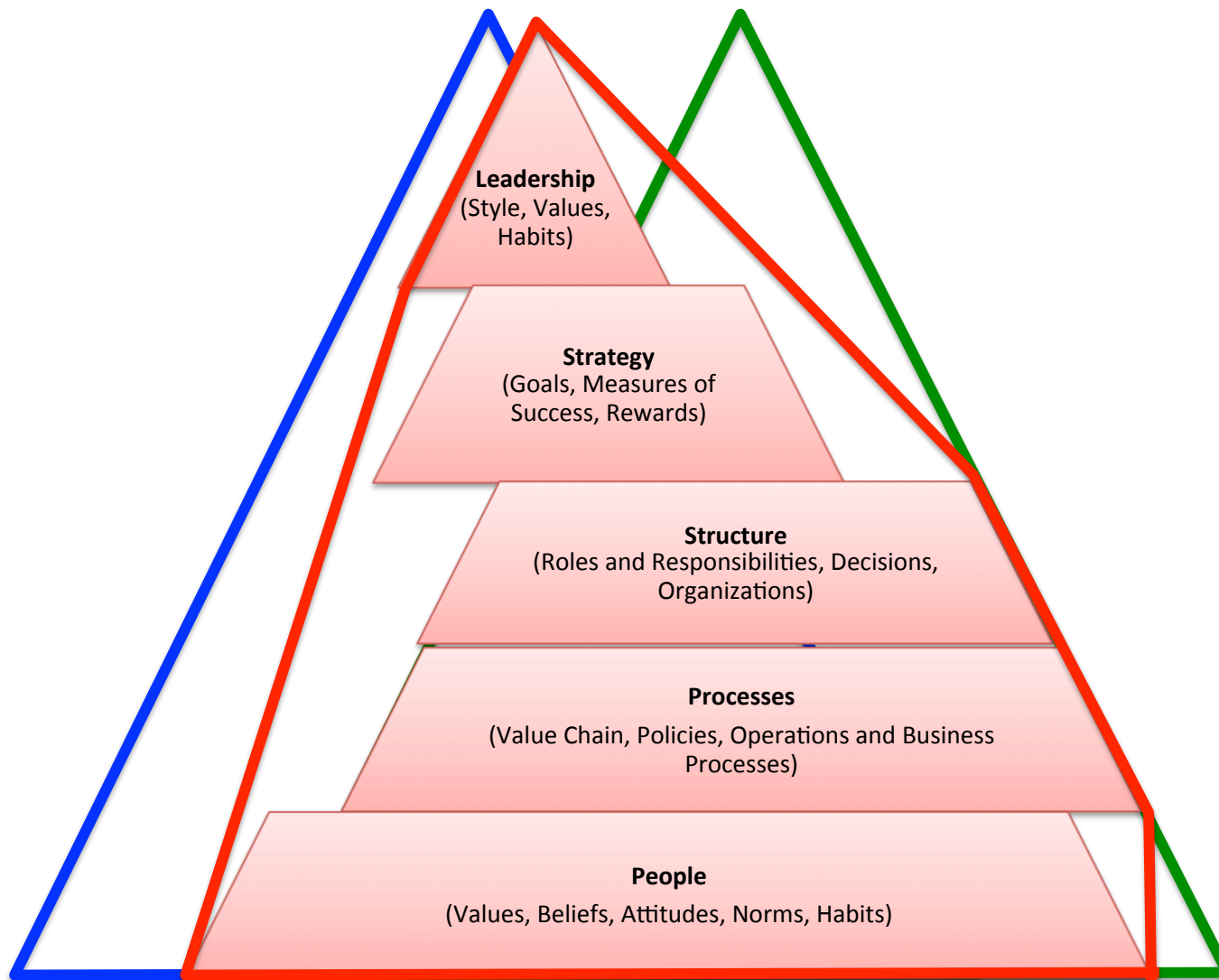




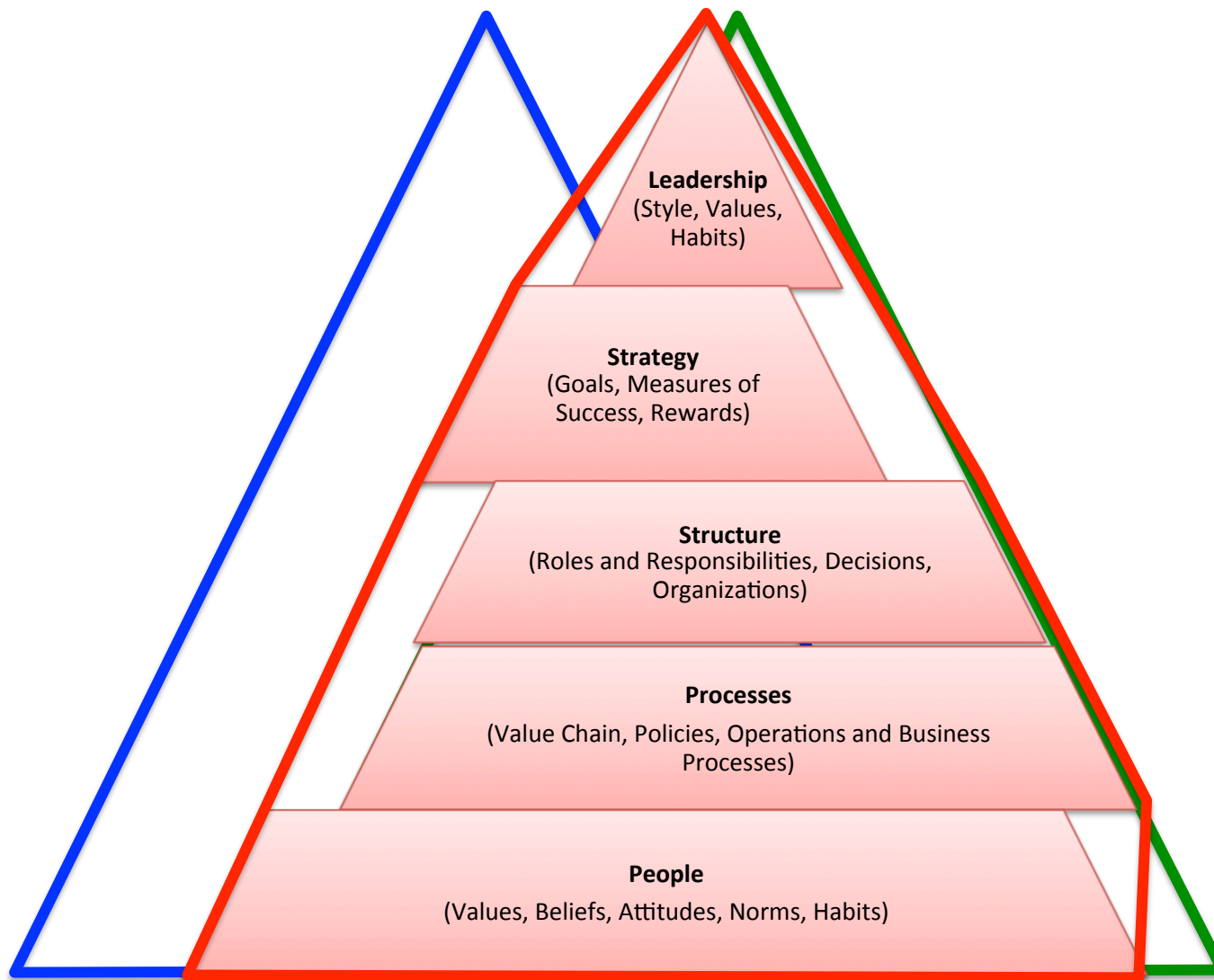
# PROCESS-LED TRANSFORMATION



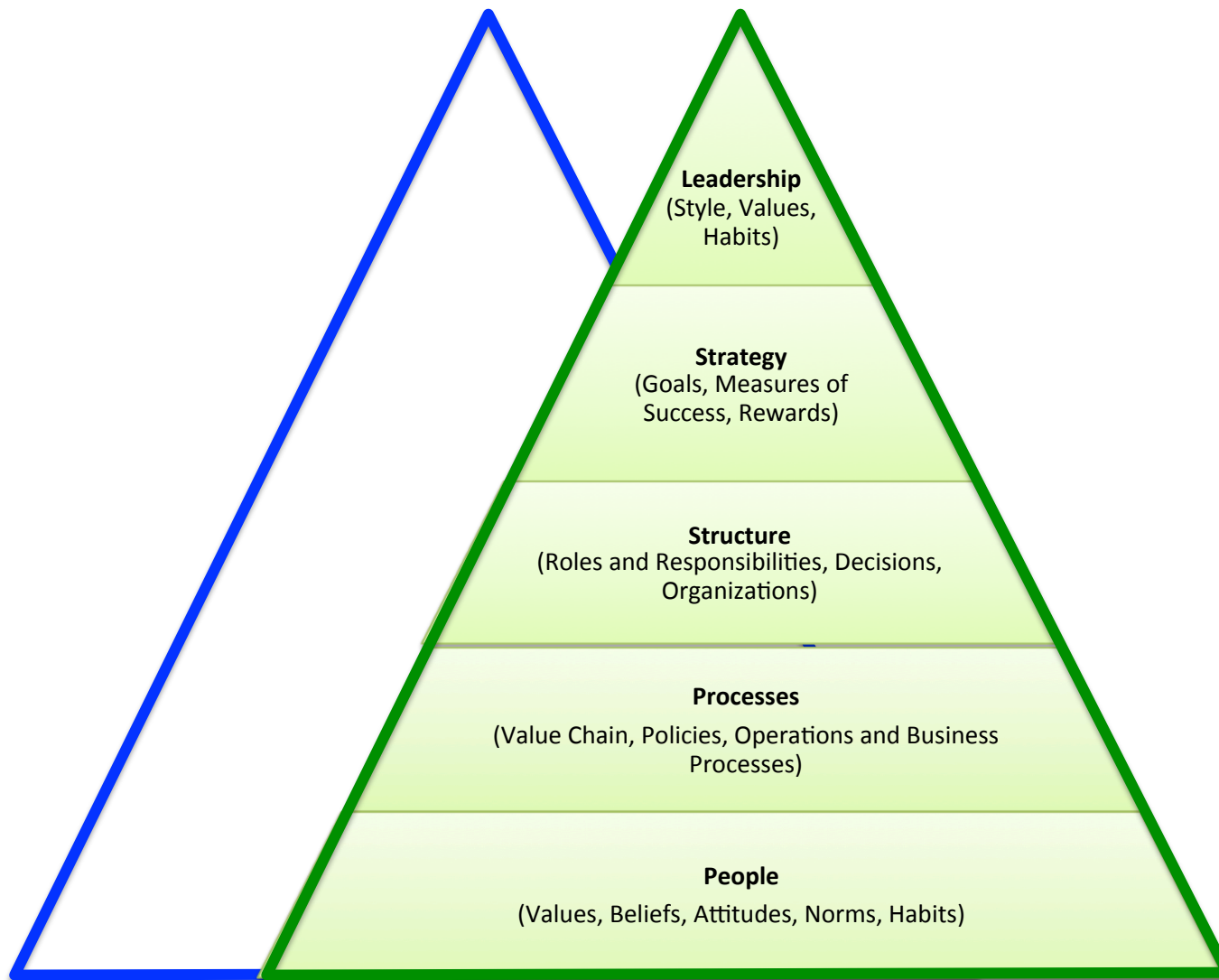
# PROCESS-LED TRANSFORMATION



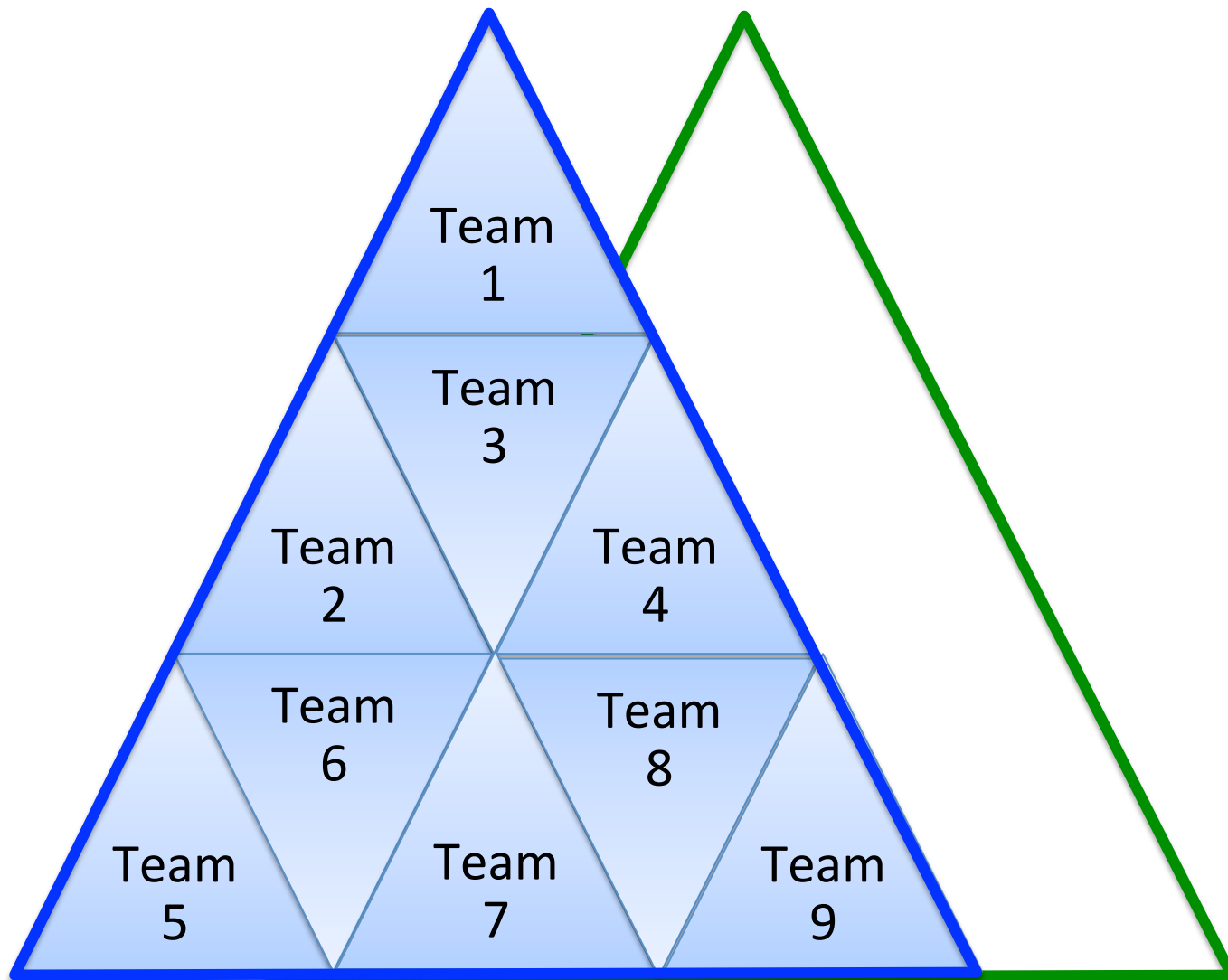
# PROCESS-LED TRANSFORMATION



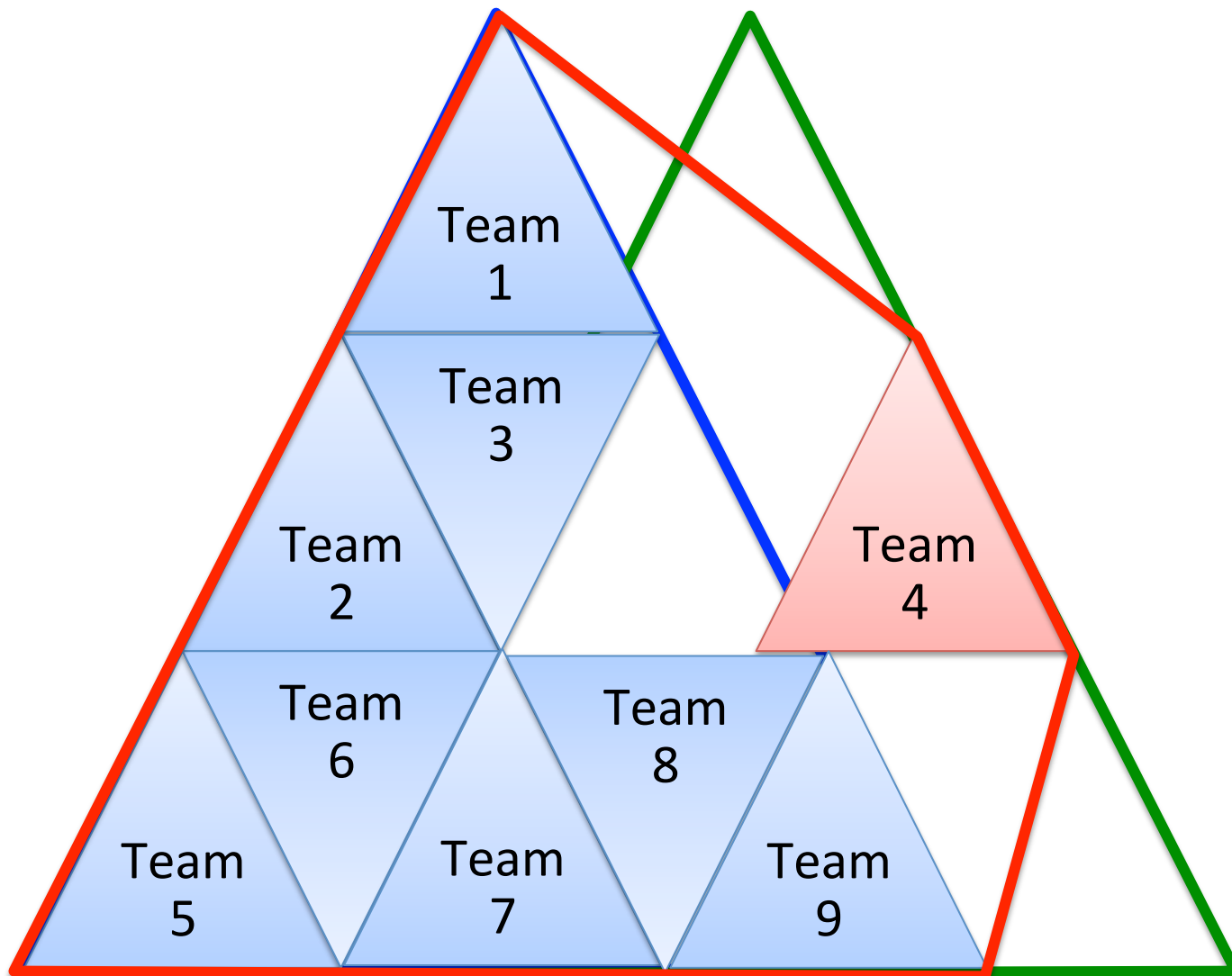
# PROCESS-LED TRANSFORMATION



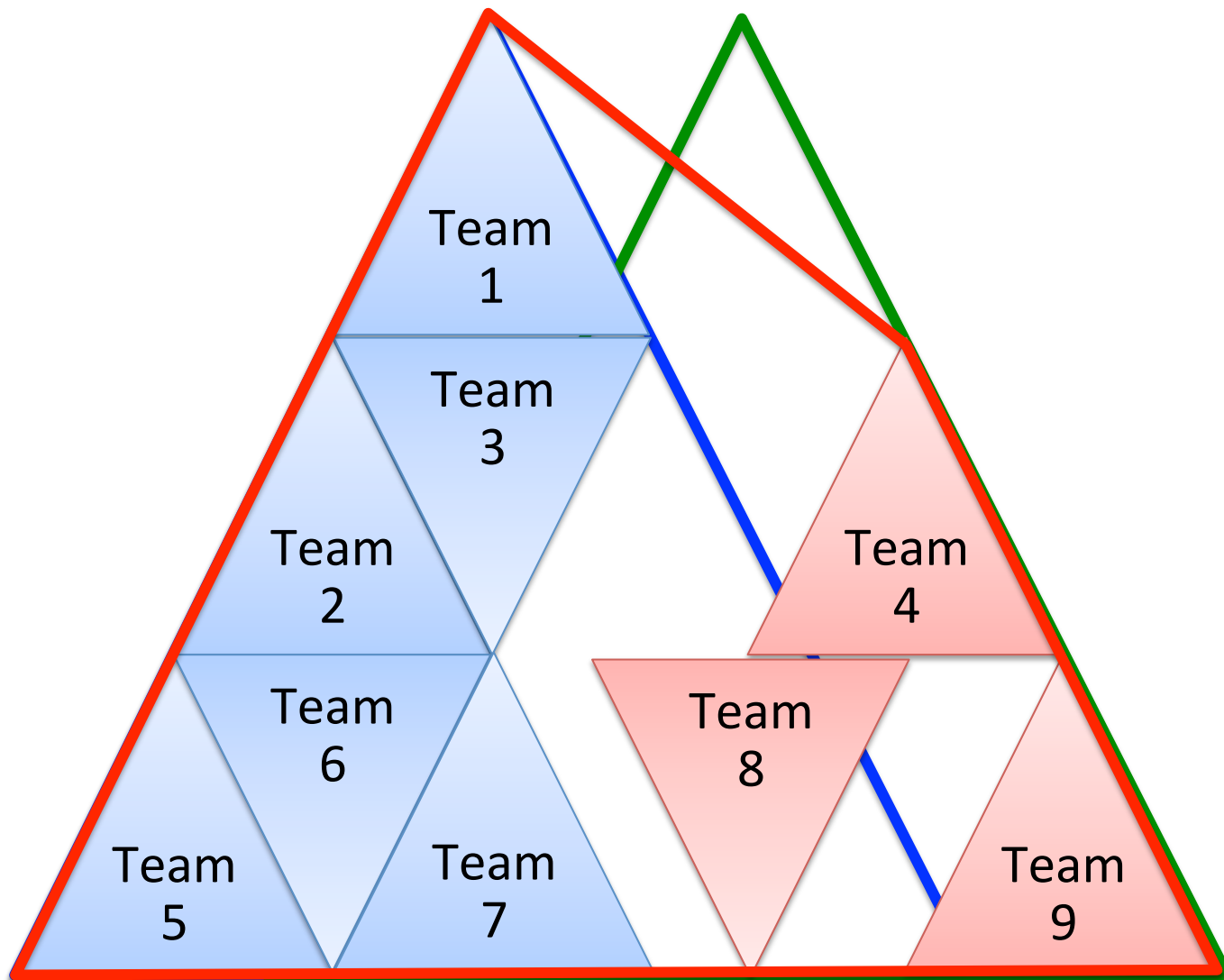
# TEAM-LED TRANSFORMATION



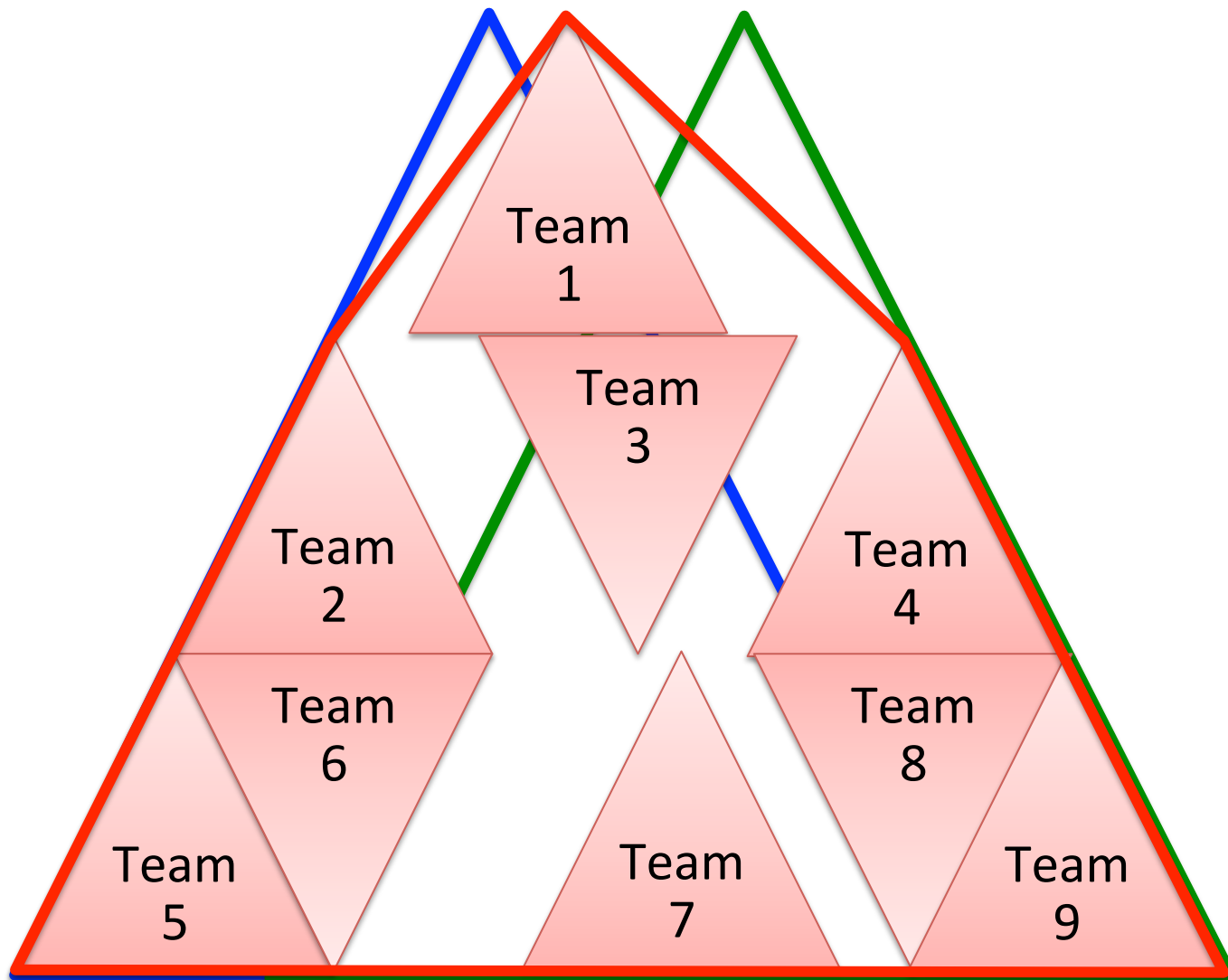
# TEAM-LED TRANSFORMATION



# TEAM-LED TRANSFORMATION

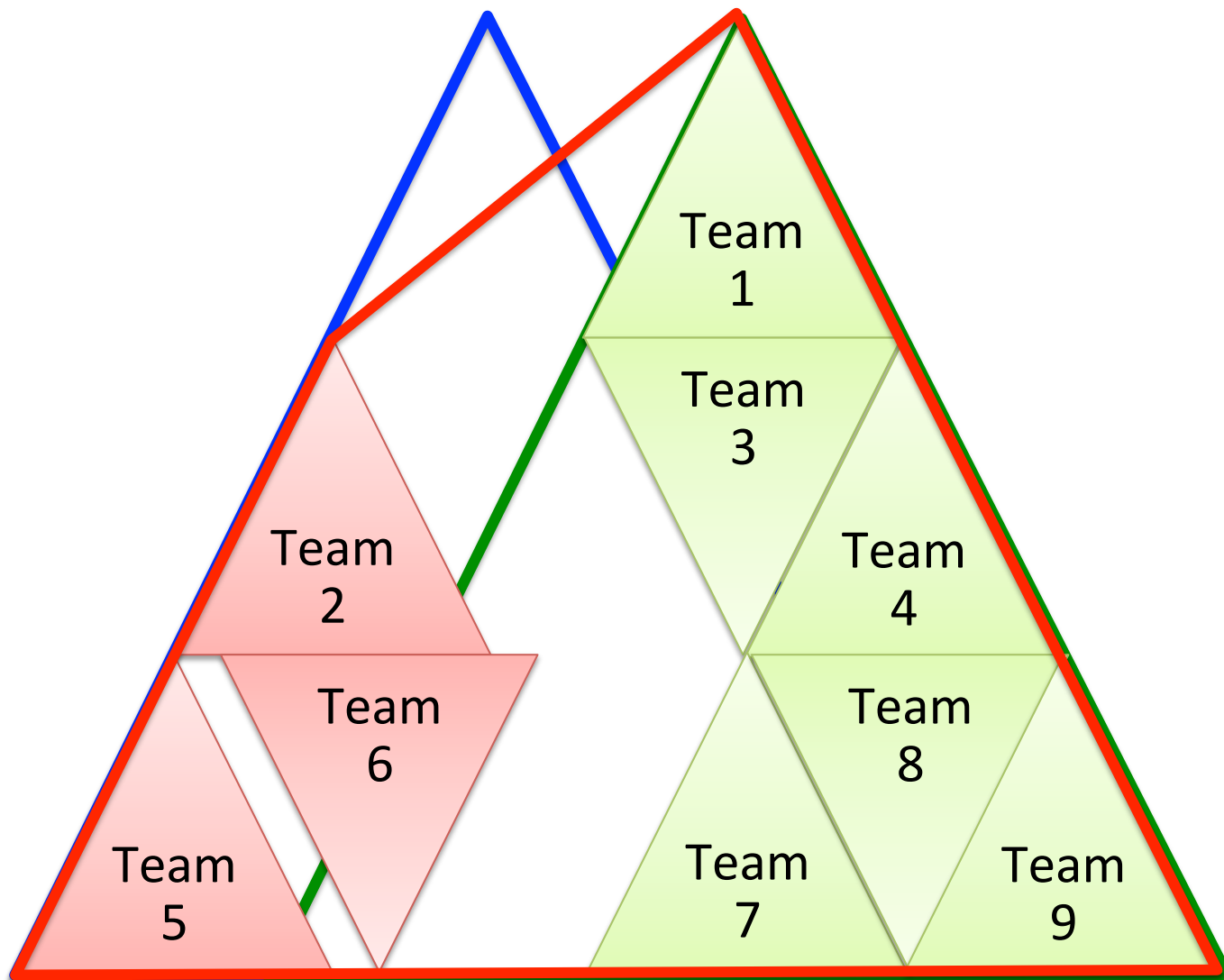


# TEAM-LED TRANSFORMATION

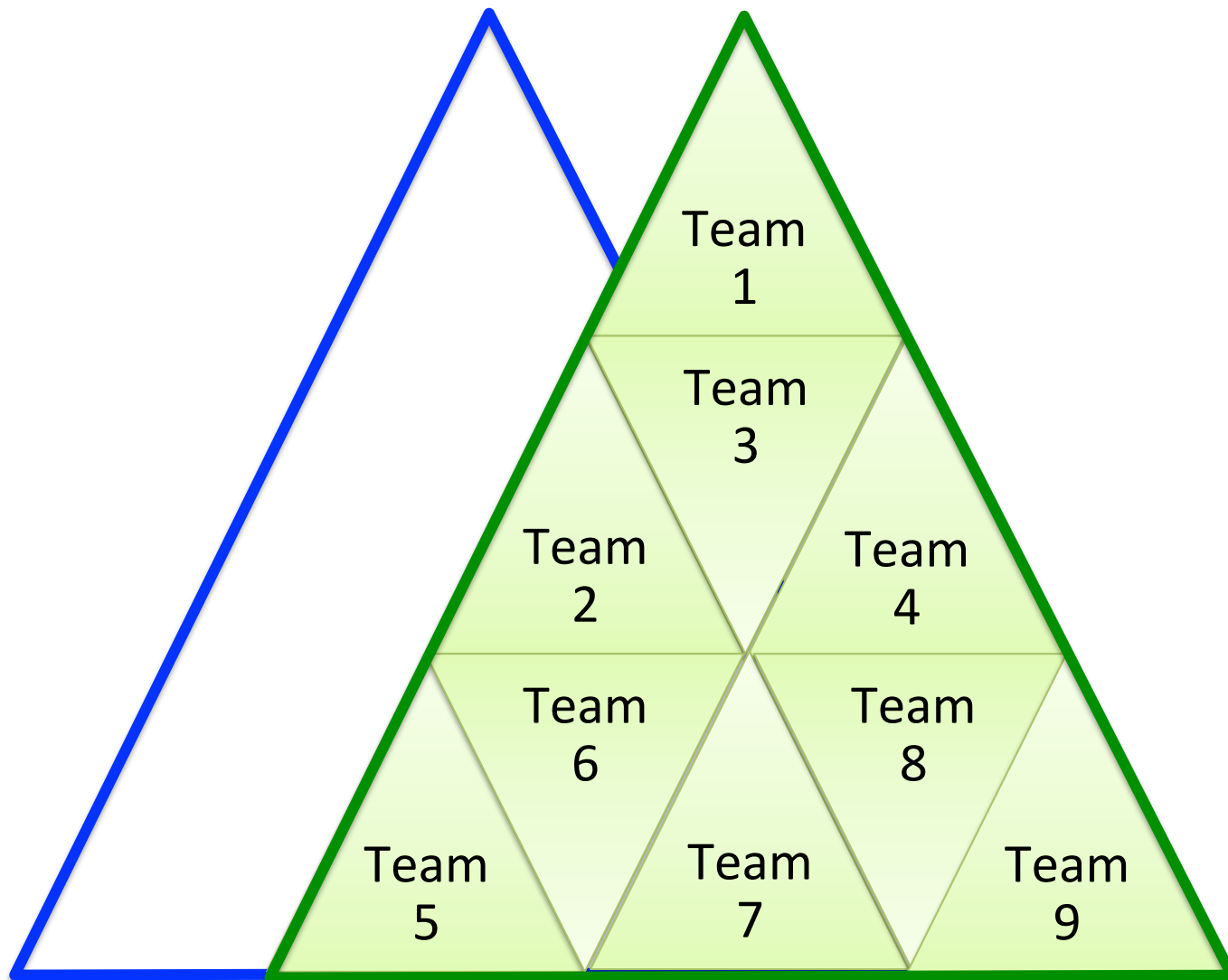




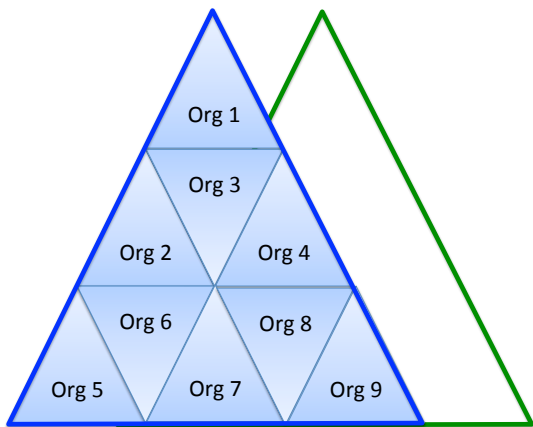
# TEAM-LED TRANSFORMATION



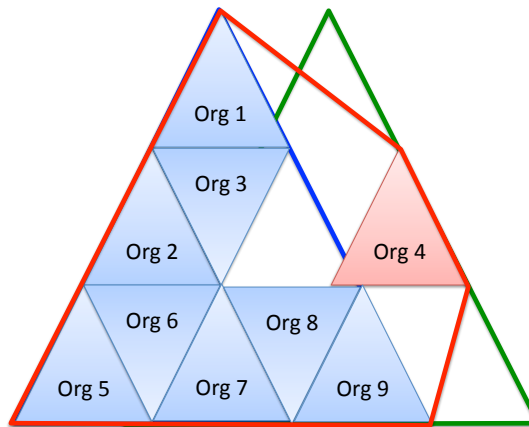
# TEAM-LED TRANSFORMATION



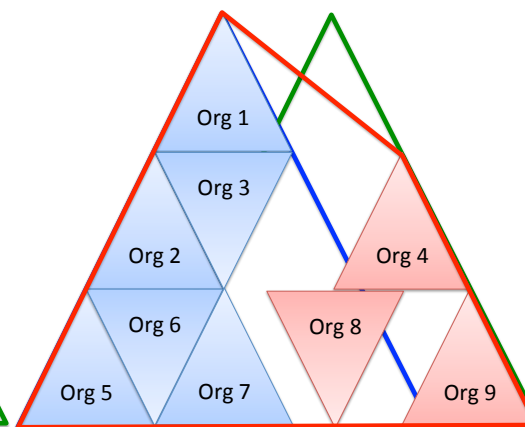
# ORGANIZATIONAL-LED TRANSFORMATION



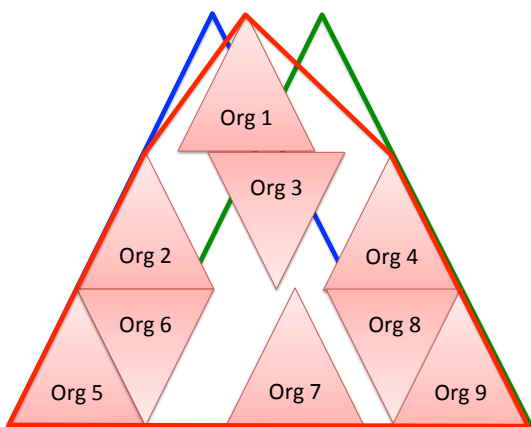
Current State  
all orgs aligned  
with culture



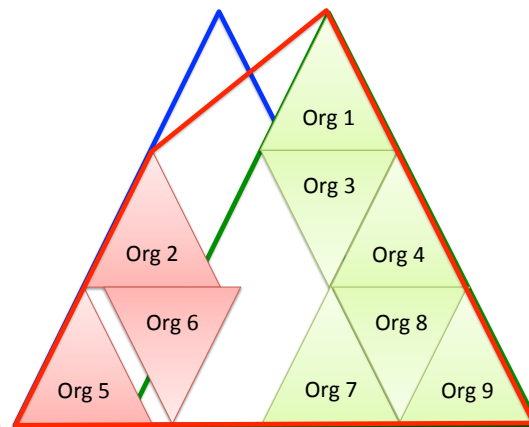
Stage 1  
1 org not aligned  
with the old org culture



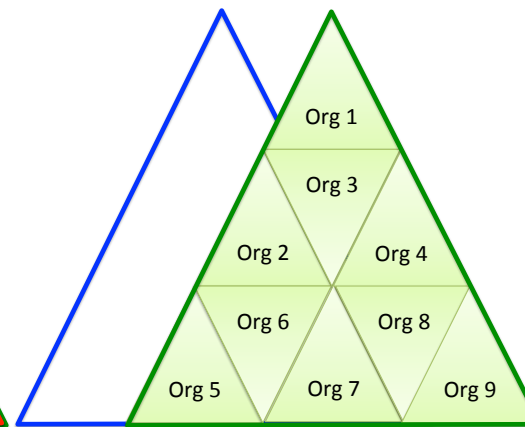
Stage 2  
3 orgs not aligned  
with the old org culture



Stage 3  
all orgs are not aligned  
with each other - chaos



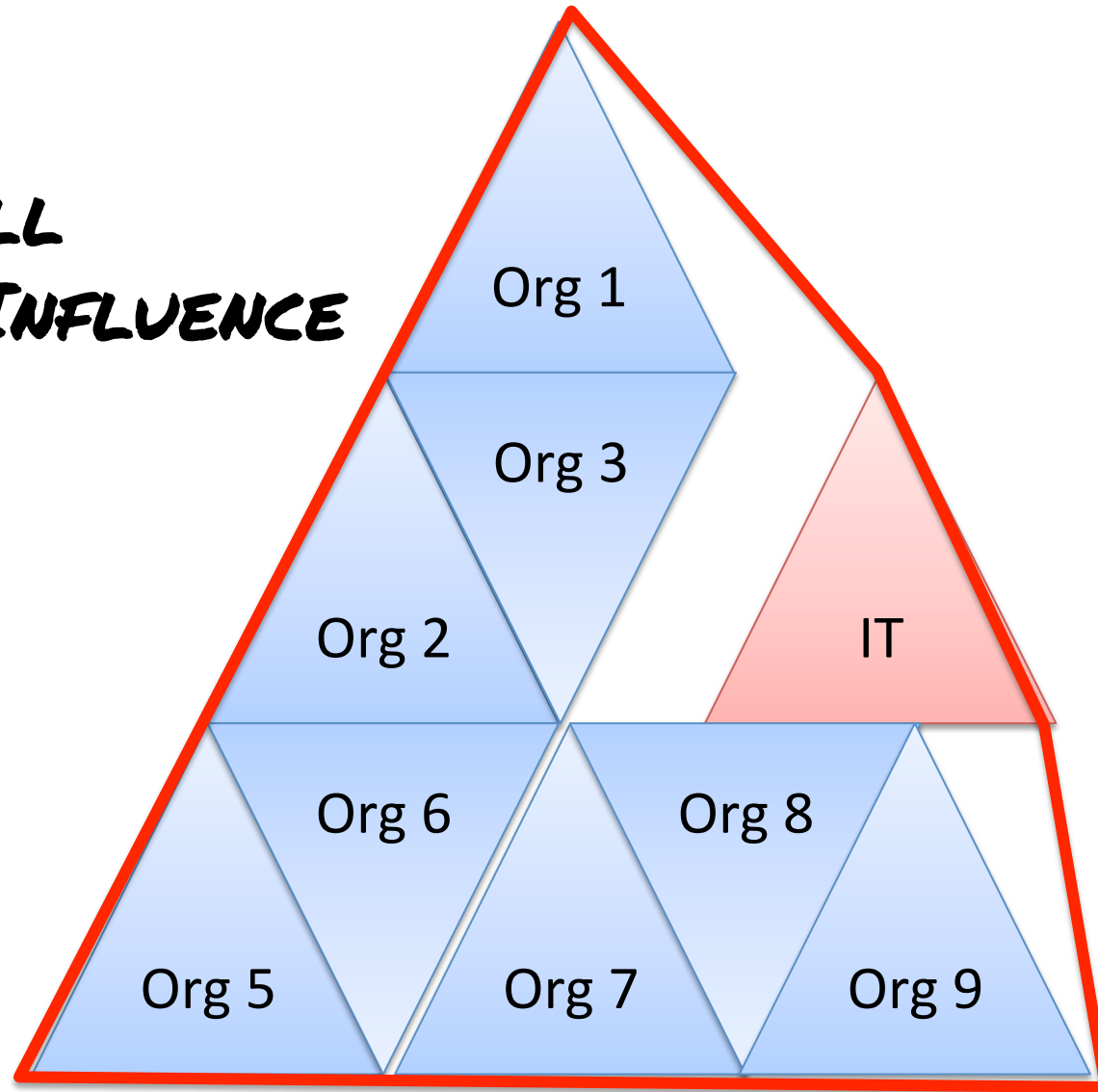
Stage 4  
3 orgs not aligned  
with the new org culture



Transformed State  
all orgs aligned with  
new culture

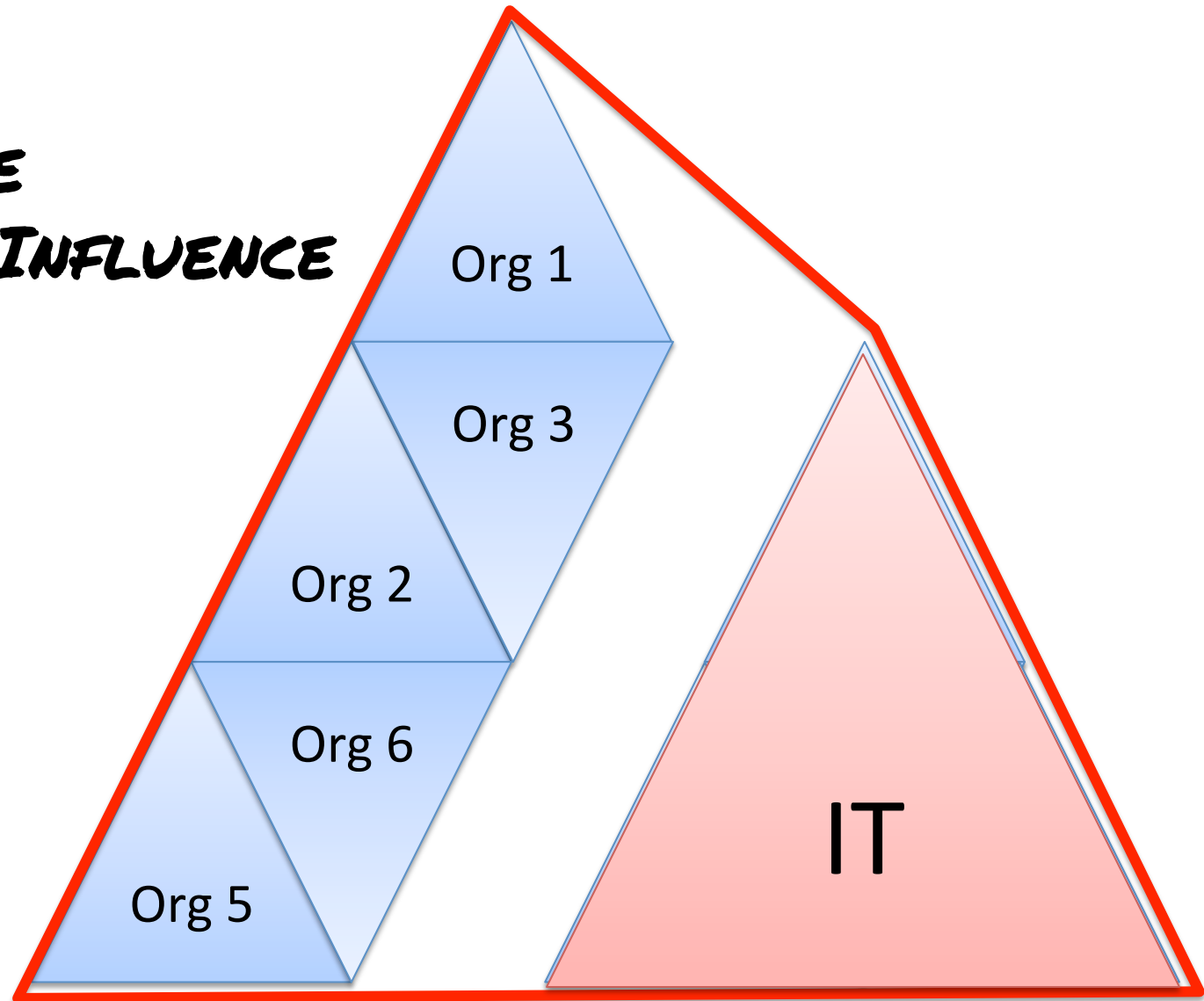
# ORGANIZATIONAL-LED TRANSFORMATION

**IT SMALL  
LITTLE INFLUENCE**

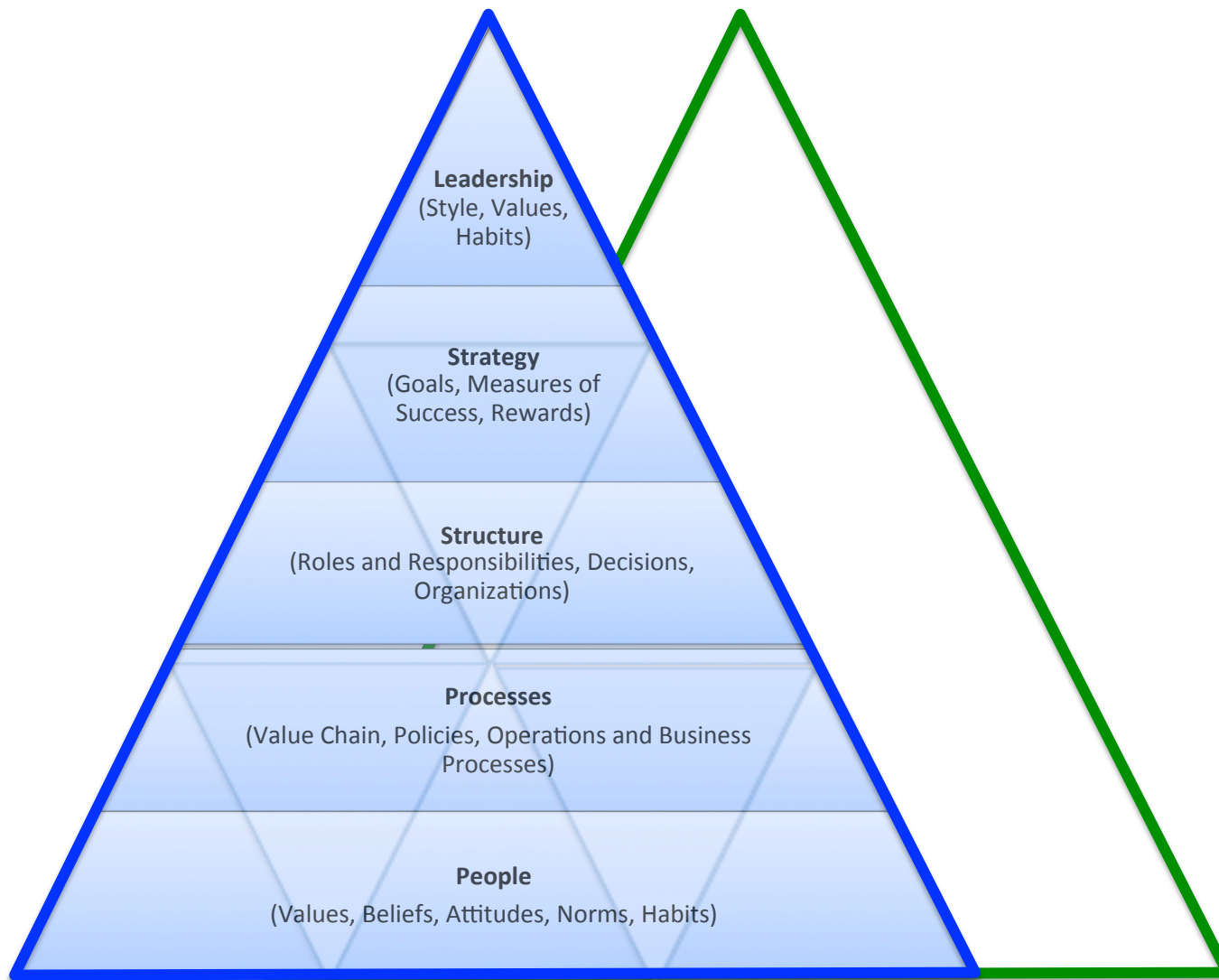


# ORGANIZATIONAL-LED TRANSFORMATION

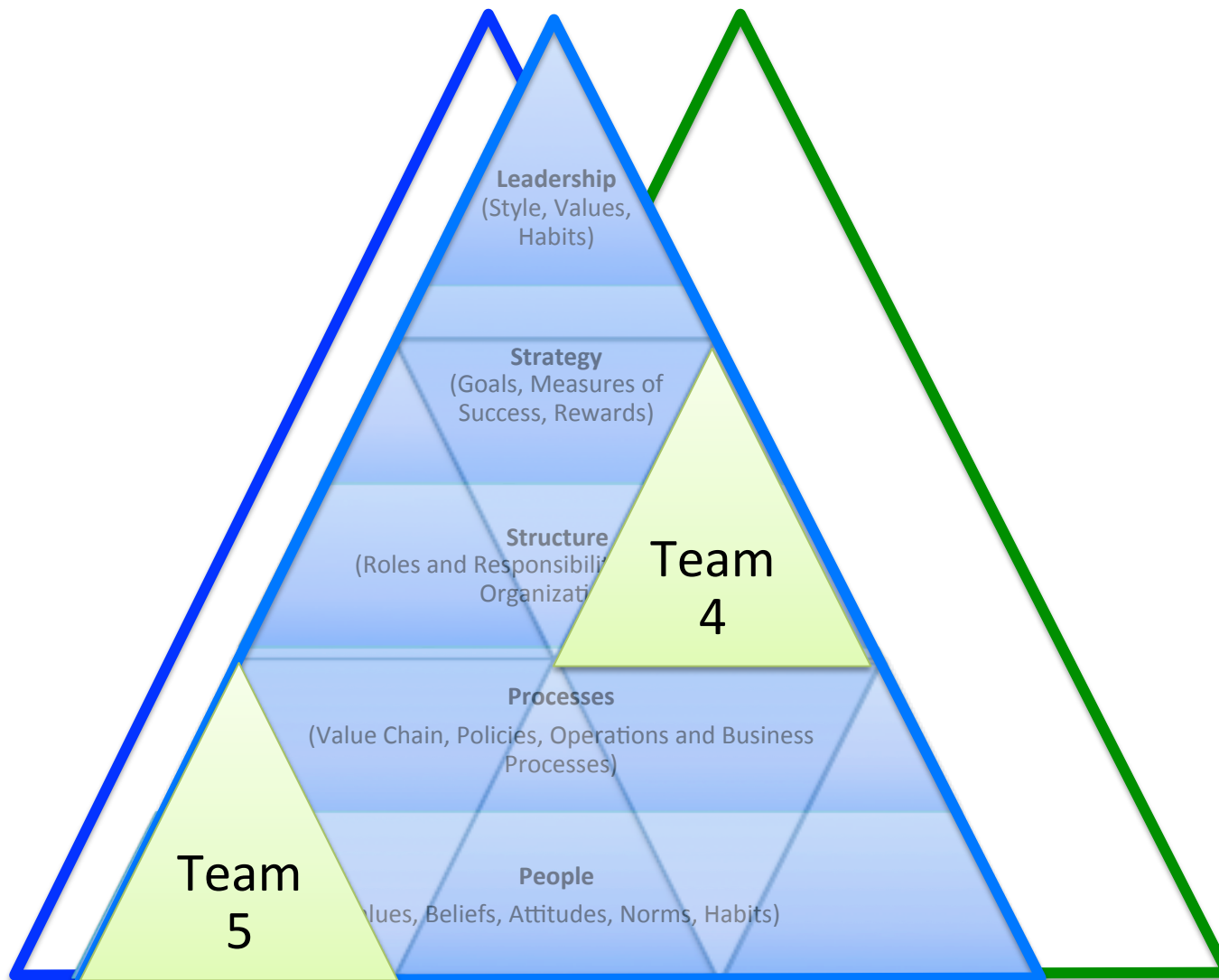
**IT LARGE  
LOTS OF INFLUENCE**



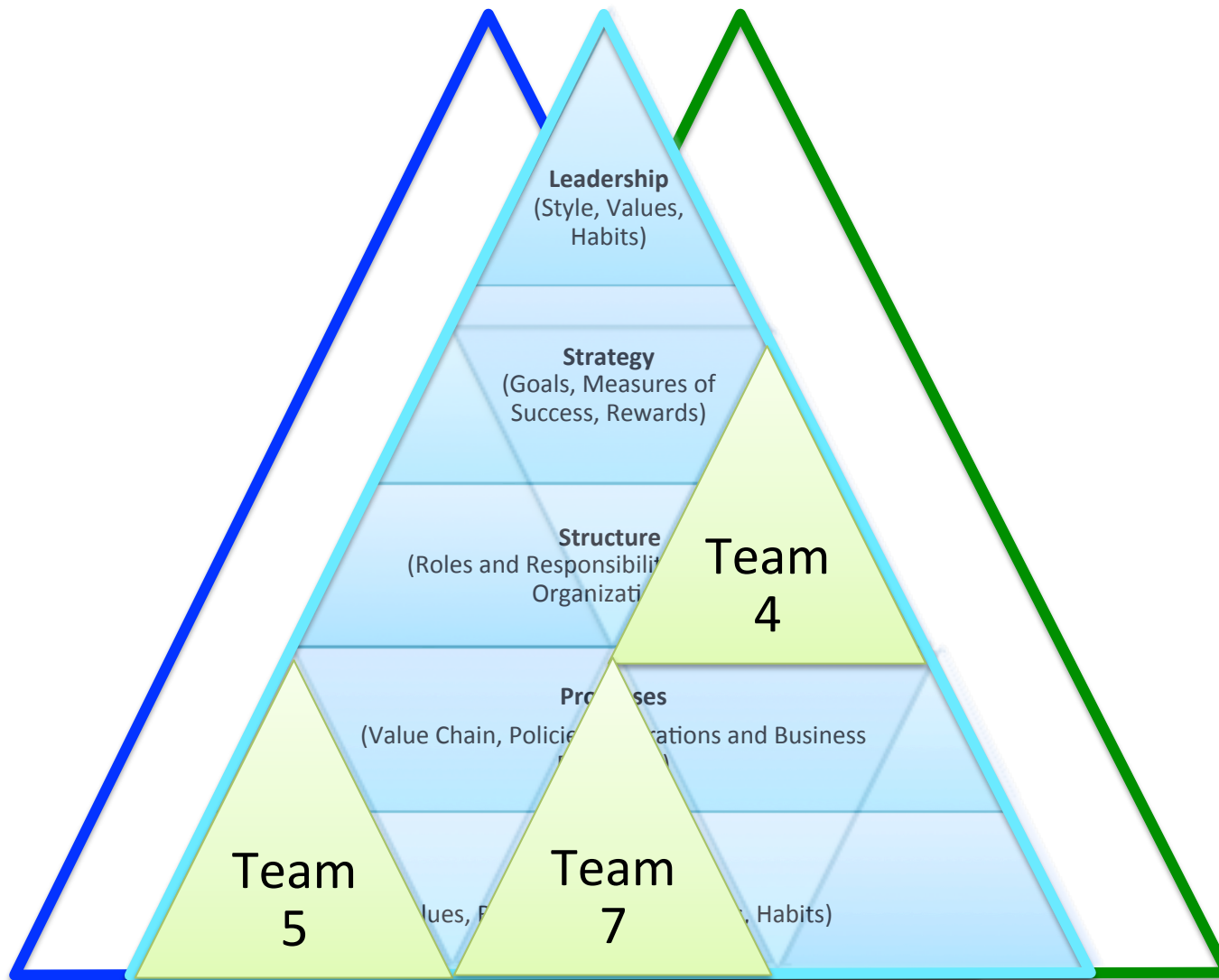
# CULTURE-LED TRANSFORMATION



# CULTURE-LED TRANSFORMATION

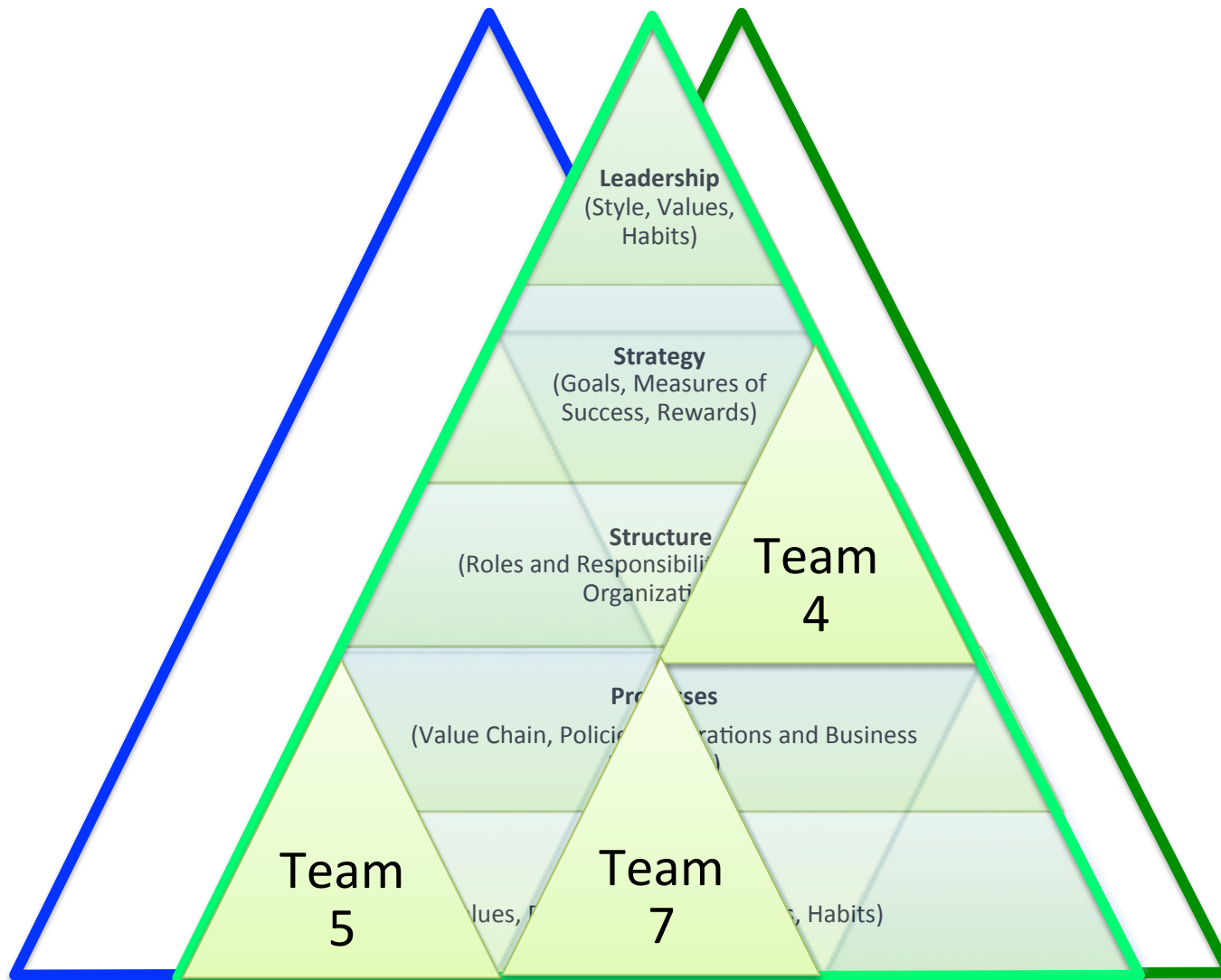


# CULTURE-LED TRANSFORMATION

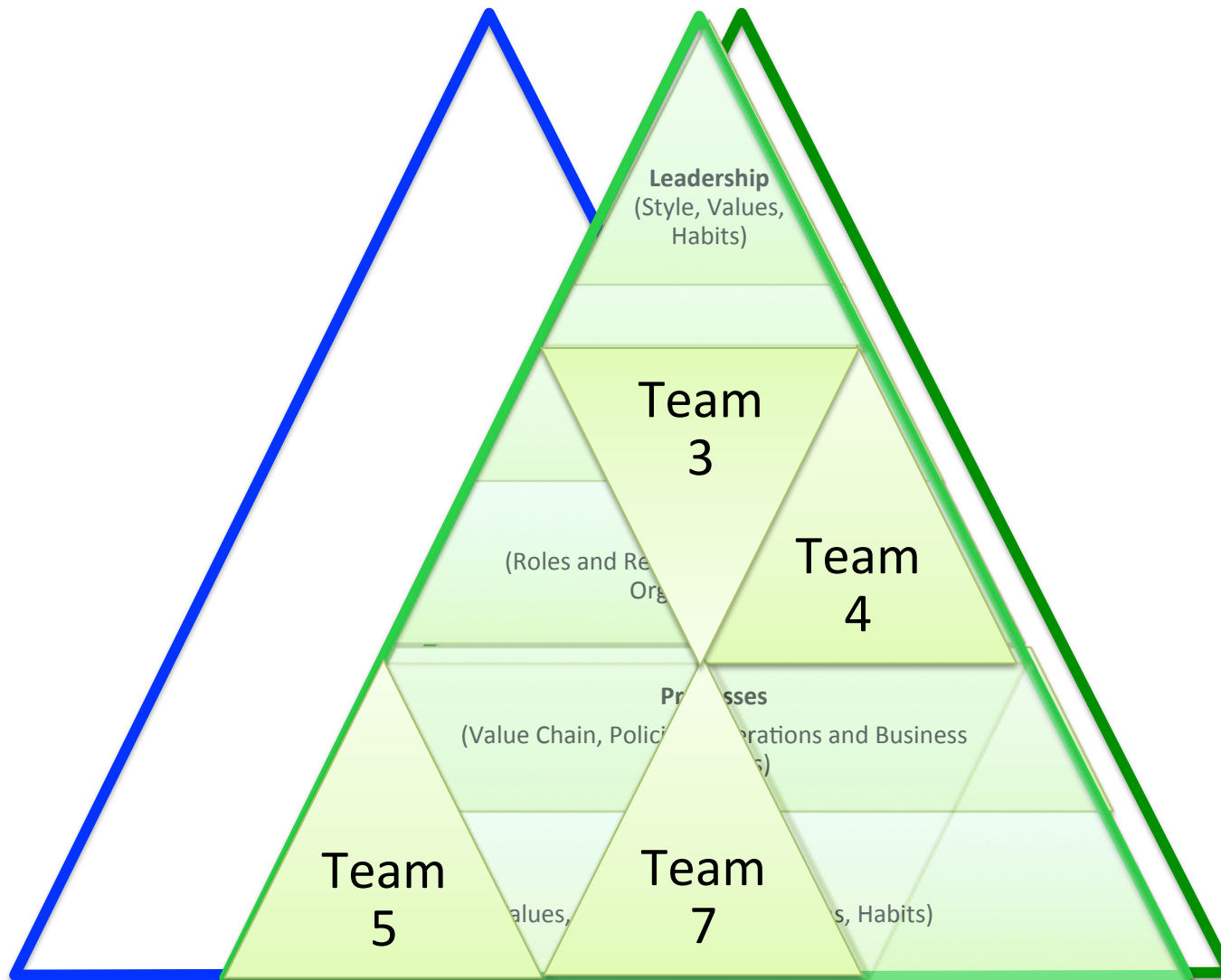




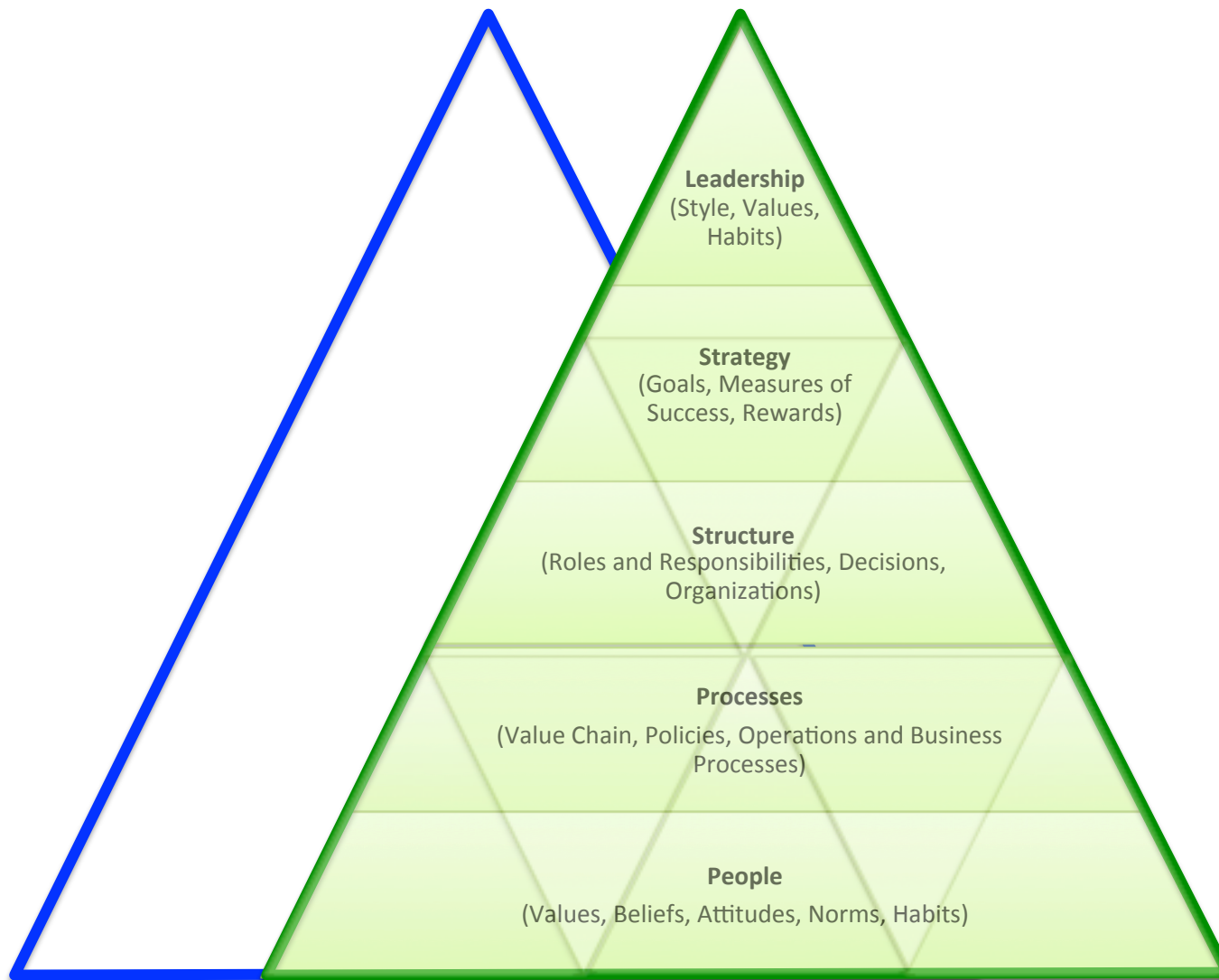
# CULTURE-LED TRANSFORMATION



# CULTURE-LED TRANSFORMATION



# CULTURE-LED TRANSFORMATION



**YOU CAN'T BUY A CULTURE  
TRANSFORMATION. IT IS HARD  
WORK FROM WITHIN THE  
ORGANIZATION**

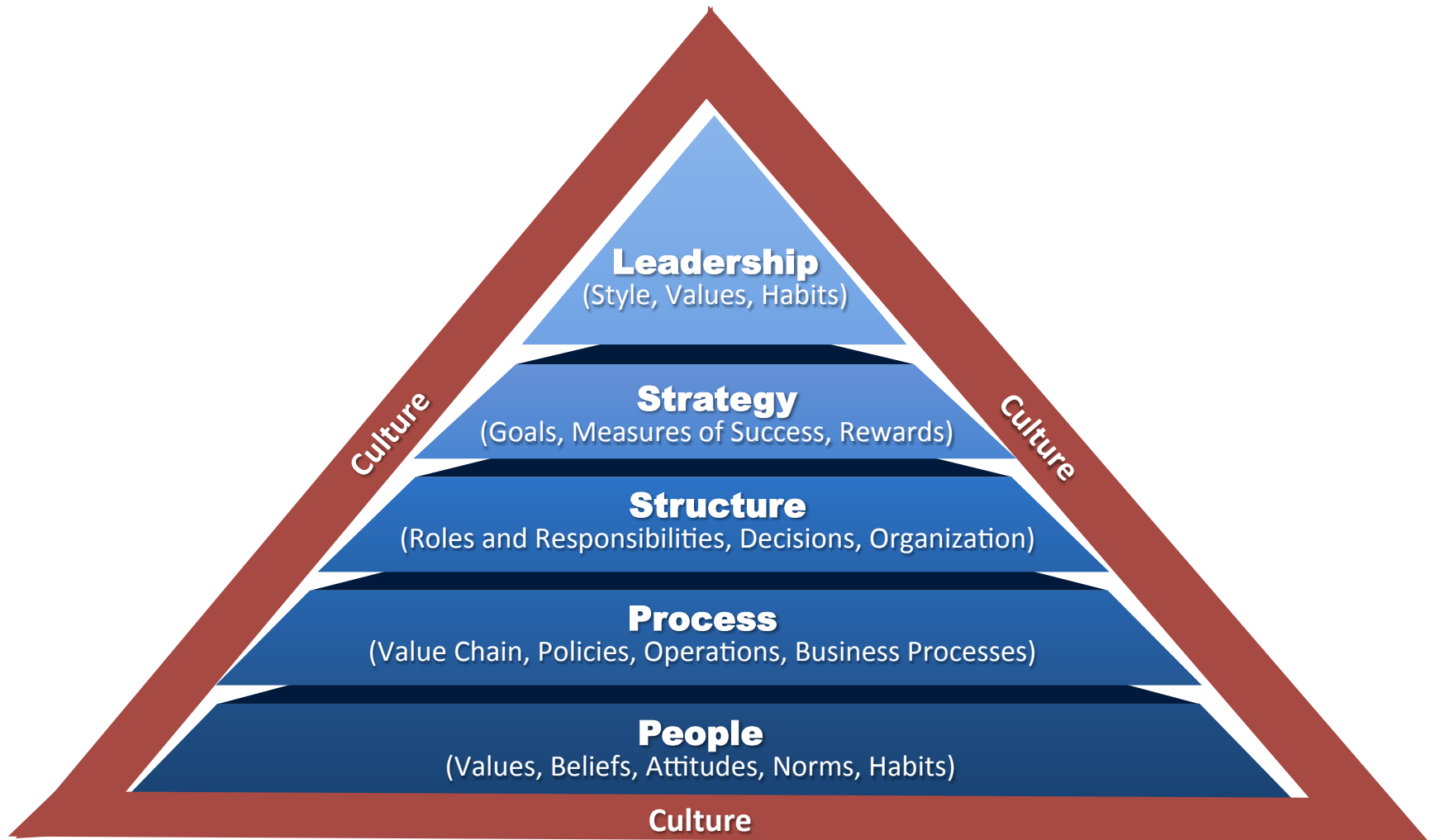


**KEY QUESTION:  
DO YOU WANT TEMPORARY  
CHANGE OR SUSTAINABLE  
TRANSFORMATION?**

**IT'S A CHANGE OF LIFESTYLE  
- IT'S A CHANGE OF MINDSET**



# CULTURE: THE ORGANIZATIONAL ECOSYSTEM



# KEYS TO SUSTAINABLE AGILITY

## THE KEYS FOR SUSTAINABLY TRANSFORMING THE LEADERSHIP AND PEOPLE ELEMENTS:



- A common education journey (not training) to change how people work and illustrate how to live the Agile Mindset in their job
- Leadership Coaching (how to inspire performance not mandate it)
- Mentoring and Coaching on an individual and team level.

## THE KEYS FOR SUSTAINABLY TRANSFORMING THE STRATEGY, STRUCTURE AND PROCESS ELEMENTS:

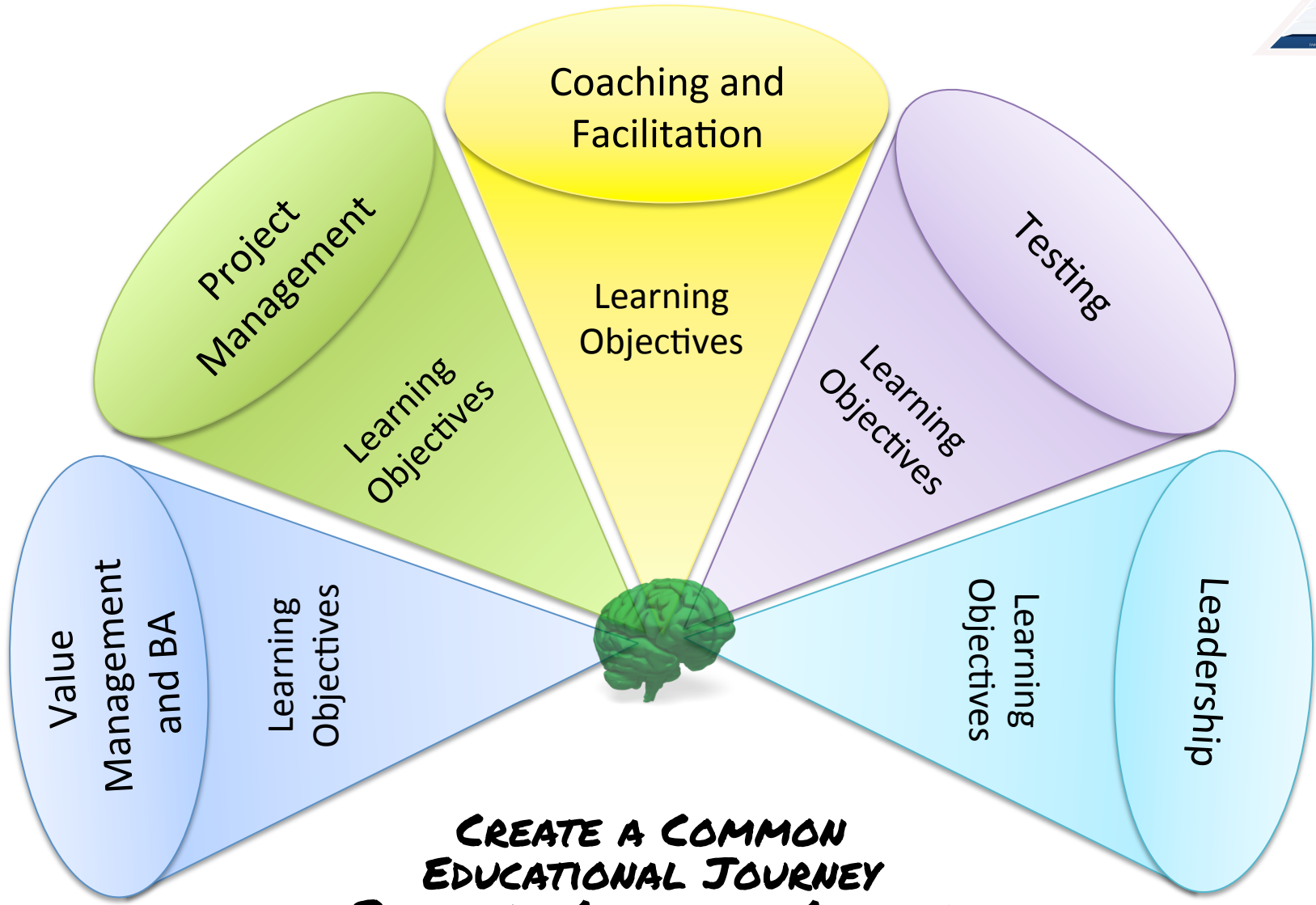


- Designing and Implementing a multi-stage roadmap to agility that changes all three of these element in synergy and harmony
- A combination of consulting, mentoring, organizational coaching, business process re-engineering and organizational change management to roll-out the changes across the organization

## THE KEYS FOR SUSTAINABLY TRANSFORMING THE CULTURE



- Establishing a measurement system that is consistently monitoring the alignment of the culture
- Primary measure of progress is the mindset shift and the transformation of personal and organizational work habits
- Reporting progress, as a function of culture change not process change, nor structure change.



**CREATE A COMMON  
EDUCATIONAL JOURNEY  
BASED ON AGILE AND AGILITY  
(NOT SCRUM AND PROCESS)**



# ICAGILE'S ROADMAP



**THE AGILE MINDSET FOR ALL DISCIPLINES  
INSIDE SOFTWARE DEVELOPMENT**



## HOW ICAGILE HELPS YOUR EDUCATIONAL JOURNEY

1. Helping define what to learn by engaging agile experts to create learning objectives for each discipline
2. Ensure quality education by accrediting courses for training organizations and universities
3. Recognizing the education through certifications



# 1. HELPING DEFINE WHAT TO LEARN BY ENGAGING AGILE EXPERTS TO CREATE LEARNING OBJECTIVES FOR EACH DISCIPLINE



Ahmed Sidky  
Alex Kell  
Alistair Cockburn  
Ben Butler  
Bob Galen  
Brian Corrales  
Chris Turner  
Christian Hargraves  
Cindy Shelton  
Claire Moss  
Curt Hibbs

Dan Mezick  
Dennis Stevens  
Derek Huether  
Elisabeth Hendrickson  
Eric Jacobson  
Erin Beierwaltes  
Gerard Meszaros  
Jeff "Cheezy" Morgan  
Jeff Nielsen  
Jeffery Payne  
Jennifer Stone

Jon Stahl  
Kevin Steffensen  
Larry Cooper  
Laurie Reuben  
Lyssa Adkins  
Marsha Acker  
Michael "Doc" Norton  
Michael Spayd  
Michi Tyson  
Mike Burrows  
Mike Griffiths

Olav Maassen  
Paul Mahoney  
Pete Behrens  
Randy Rice  
Richard Turner  
Sally Elatta  
Shane Hastie  
Sharon Robson  
Venkat Subramanian  
and many more ...

# THE LEARNING OBJECTIVES



learner practical advice on how to do so.

### 1.3.3 Servant Leadership

*Effective Agile coaches employ a “servant as leader” style when they take up leadership with people, teams and organizations.*

The purpose of this LO is to explain and make practical the concept of servant leadership, going back to the roots of the idea as originally conceived by Robert Greenleaf. Specifically, that servant leadership means more than getting the team coffee and pizza and, in fact, guides an Agile Coach’s behavior in the proper application of “servant as leader” to build capacity in others, to remove one’s self from the center of the action and attention and to serve the best interests of what’s emerging in the environment.

### 1.3.4 Key Mindset shifts

*Effective Agile coaches successfully make some key mindset shifts and serve as a living example of how one can thrive within these new mindsets.*

The purpose of this LO is to expose the Agile Coach to key mindset shifts and help the coach see ways to live these shifts in their own lives. Key mindset shifts may include: focus on team improvement over specific results; focus on business value-driven delivery over achieving scope, schedule or budget targets; focus on the leverage in the present moment over the past or future; focus on staying curious and seeing the best in people over judging or manipulating; focus on assisting the team in achieving their commitment and learning when they do not achieve it rather than stepping in and doing it for them.

### 1.4 Responsibilities and Skills of the Coach

#### 1.4.1 Roles and Responsibilities of the Coach

*Effective Agile coaches know the parameters of their job. They avidly take up their responsibilities and help others take up theirs. They clearly articulate the difference (or overlap) between their role and that of others, such as product owner, project manager, program manager and functional manager.*

9 | This track was developed with the generous support of Software Education.

April 2013



*“Certification is the by-product; Learning is the product.”*

The purpose of this LO is to list the duties and skills (as opposed to the mindset) of the Agile Coach job and contrast them with the duties of other roles (i.e. product owner, project manager, program manager and functional manager) so that the coach fully understands the difference between a coach and other team members and can negotiate their role within a given context of other roles in their organization so they can healthfully coexist and help others fully take up their roles in ways that enhance the practice of Agile. Note: In some organizations the coach may fill one or more additional roles on the team, in which case the

## 2. ENSURE QUALITY EDUCATION BY ACCREDITING COURSES FOR TRAINING ORGANIZATIONS AND UNIVERSITIES AND CORPORATIONS



# ACCREDITATION PROCESS



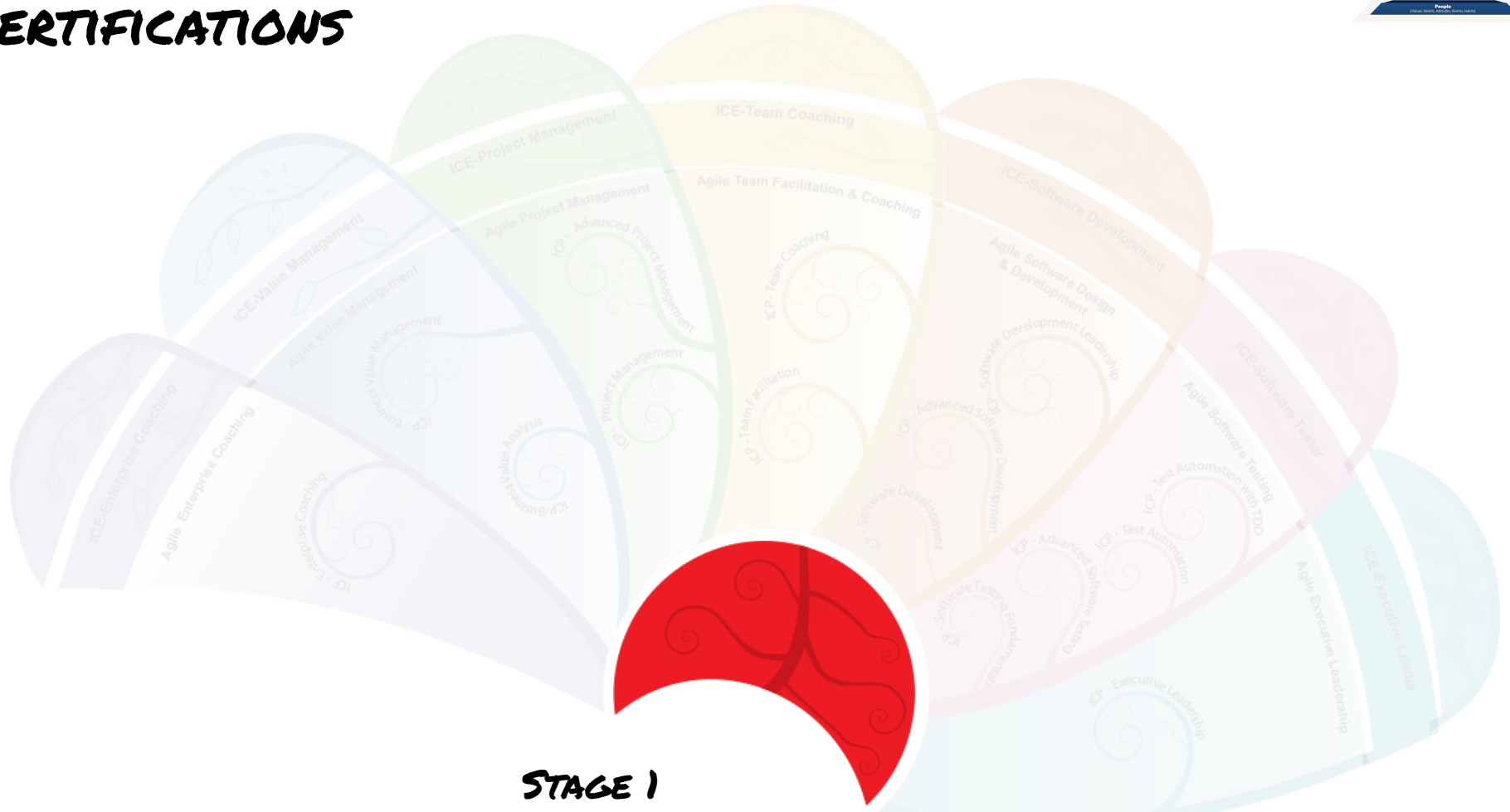
Full	2.2.3. Facilitating full participation		1) During: Opening the Session: Delivering a POWER Start (Day 1) 2) During: Opening the Session: Using Check-Ins (Day 1) 3) Information Gathering Techniques Grouping (Day 1) 4) During: Doing the Work: Engagement Strategies	All the exercise we do throughout "demo" full participation techniques. Co-leads will meta-comment to make this clear.	1) Practice "Exciting" as part of a POWER Start 2) Weather Check 3) Brainstorming Exercise 4) Evening Practice - Facilitating a Retrospective				
<b>2.3. Facilitating Collaboration</b>		<b>Handouts</b>	<b>Slides</b>	<b>Exercises</b>	<b>Instructors Guide</b>	<b>Other</b>	<b>Explanation</b>	<b>Assessment</b>	<b>Reviewer Comments</b>
Partial	2.3.1. Facilitating collaborative conversations		Throughout: Dealing with Dysfunction: The DiSC Model (Day 1) Other Collaborative Conversations (Day 2)		Walk the DiSC Model				Something about giving and receiving feedback
Partial	2.3.2. Facilitating team decision-making								Scope of authority is covered - decision making is not complete
<b>2.4. Facilitating a Meeting</b>		<b>Handouts</b>	<b>Slides</b>	<b>Exercises</b>	<b>Instructors Guide</b>	<b>Other</b>	<b>Explanation</b>	<b>Assessment</b>	<b>Reviewer Comments</b>
Full	2.4.1. Facilitating a meeting				1) Evening Practice - Facilitating a Retrospective 2) Release Planning				
<b>3. Skillfully Facilitating the Agile Practices</b>		<b>Handouts</b>	<b>Slides</b>	<b>Exercises</b>	<b>Instructors Guide</b>	<b>Other</b>	<b>Explanation</b>	<b>Assessment</b>	<b>Reviewer Comments</b>
<b>3.1. Setting the Facilitation Context</b>		<b>Handouts</b>	<b>Slides</b>	<b>Exercises</b>	<b>Instructors Guide</b>	<b>Other</b>	<b>Explanation</b>	<b>Assessment</b>	<b>Reviewer Comments</b>
Full	3.1.1. Choosing the level of facilitation intervention		On each "Meeting Rundown" slide (Day 2)						
Partial	3.1.2. Protecting the team boundary		Your Role: The Agile Facilitator Stance (day 2)		See "Learning Points" under Standup section		See notes on slide: Your Role: The Agile Facilitator Stance (day 2)		How to protect the team boundary - the words to use - signature phrases
<b>3.2. Facilitating Chartering Activities</b>		<b>Handouts</b>	<b>Slides</b>	<b>Exercises</b>	<b>Instructors Guide</b>	<b>Other</b>	<b>Explanation</b>	<b>Assessment</b>	<b>Reviewer Comments</b>
Full	3.2.1. Project chartering		Project Chartering: Meeting Rundown (Day 2)						
Full	3.2.2. Team chartering		Team Chartering: Meeting Rundown (Day 2)						
<b>3.3. Facilitating Collaborative Meetings</b>		<b>Handouts</b>	<b>Slides</b>	<b>Exercises</b>	<b>Instructors Guide</b>	<b>Other</b>	<b>Explanation</b>	<b>Assessment</b>	<b>Reviewer Comments</b>
Full	3.3.1. Facilitating release planning		Release Planning: Meeting Rundown (Day 2)		Release Planning				
Full	3.3.2. Facilitating iteration planning		Iteration Planning: Meeting Rundown (Day 2)		Iteration Planning				
Full	3.3.3. Facilitating retrospectives		Retrospectives: Meeting Rundown (Day 2)		1) Evening Practice - Facilitating a Retrospective 2) Retrospectives Standups				
Full	3.3.4. Facilitating stand-ups		Standups: Meeting Rundown (Day 2)						

# 3. RECOGNIZING THE EDUCATION THROUGH CERTIFICATIONS



1. Intent to Learn
2. Actively Acquiring Knowledge
3. Developed Knowledge into Competency
4. Maturing Competency into Proficiency

# 3. RECOGNIZING THE EDUCATION THROUGH CERTIFICATIONS



## STAGE 1

**STAGE OF EDUCATION:** Intent to Learn

**CERTIFICATION:** ICP (ICAgile Certified Professional)

**VALIDATION:** Sufficient display of intent to learn agile (not Scrum, XP, Lean, etc.). Attending a 2 or 3-day class on **Agile** is sufficient display of intent.

**MEANING:** The certified person has demonstrated the intent to learn and be a professional in the agile space (not only Scrum, XP, Lean, etc.)



# Lyssa Test

The International Consortium for Agile (ICAgile) hereby certifies that, having successfully completed the requirements for this certification, the holder shall be recognized as an ICAgile Certified Professional, with rights to affix and display the letters ICP. This certification signifies that the student has demonstrated (as assessed by instructors) the intent to learn Agile and act as an Agile professional.  
This certification does not signify the assessment of competency.

## ICAgile Certified Professional

# ICP



Ahmed Sidky, Ph.D.  
Executive Director, ICAgile

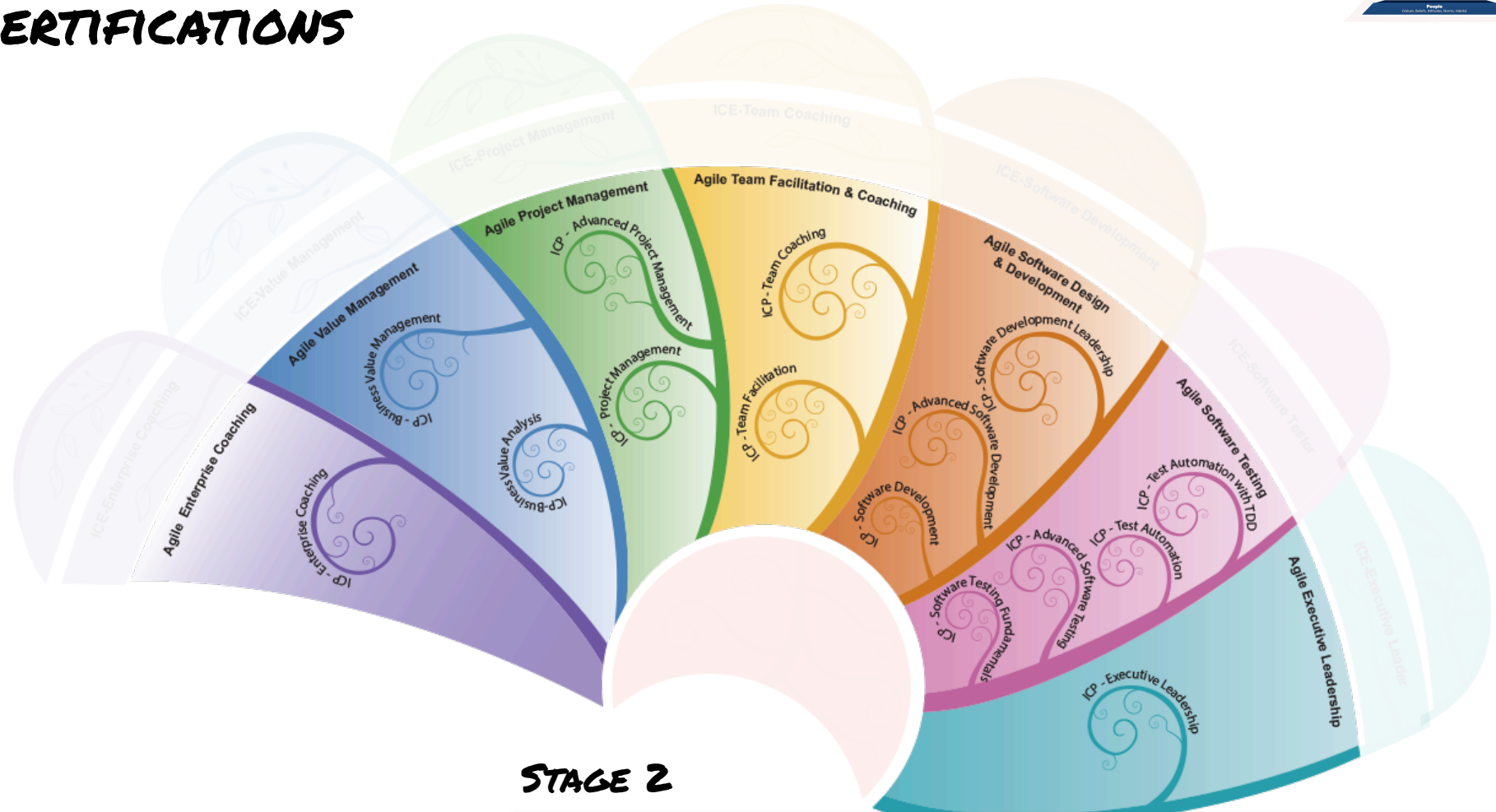


Ahmed Sidky  
ICAgile, LLC

*Tuesday, August 06, 2013*

12-426-81873636-6860-440e-a978-a51b409d77c8

# 3. RECOGNIZING THE EDUCATION THROUGH CERTIFICATIONS



## STAGE 2

**STAGE OF EDUCATION:** Actively Acquiring Knowledge  
**CERTIFICATION:** ICP-X (ICAgile Certified Professional - Extension)  
**VALIDATION:** Instructor decides how to validate the knowledge acquisition. Informs ICAgile and Students and assesses knowledge acquisition during class.  
**MEANING:** The Certified Person has extended their intent to learn and acquired agile knowledge pertaining to a specific discipline or domain

# Lyssa Test

The International Consortium for Agile (ICAgile) hereby certifies that, having successfully completed the learning and evaluation for this Continuing Education Certification, the holder shall be recognized as an ICAgile Certified Professional in Agile Coaching, with rights to affix and display the letters ICP-AC. This certification signifies that the student has acquired knowledge (as assessed by instructors) in the Agile Coaching discipline. This certification does not signify the assessment of competency.

## ICAgile Certified Professional Agile Coaching

# ICP-AC



Ahmed Sidky, Ph.D.  
Executive Director, ICAgile



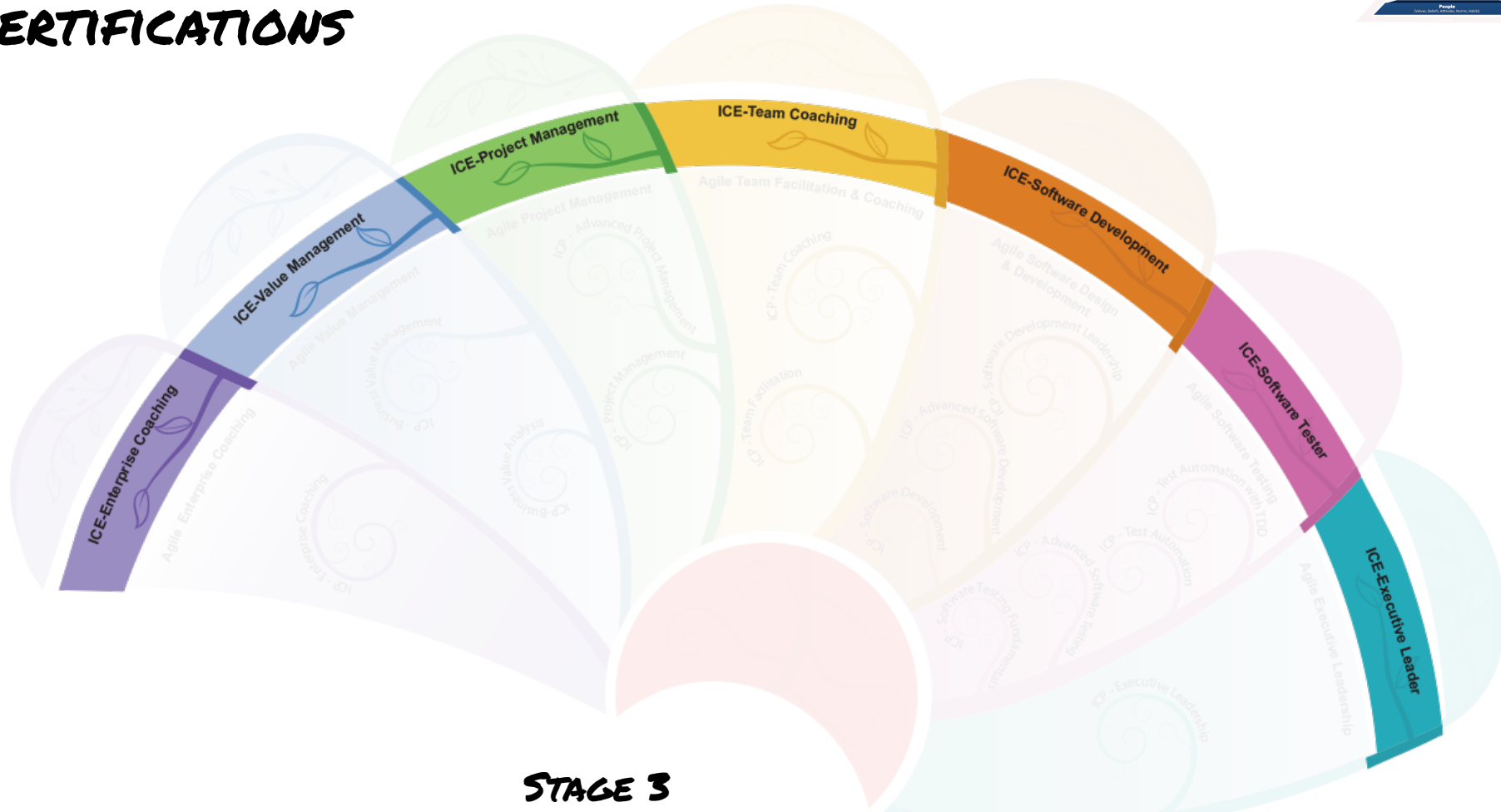
*Lyssa Adkins, Michael Spayd*

Lyssa Adkins, Michael Spayd  
Agile Coaching Institute

*Monday, August 05, 2013*

40-431-81873636-6860-440e-a978-a51b409d77c8

# 3. RECOGNIZING THE EDUCATION THROUGH CERTIFICATIONS



## STAGE 3

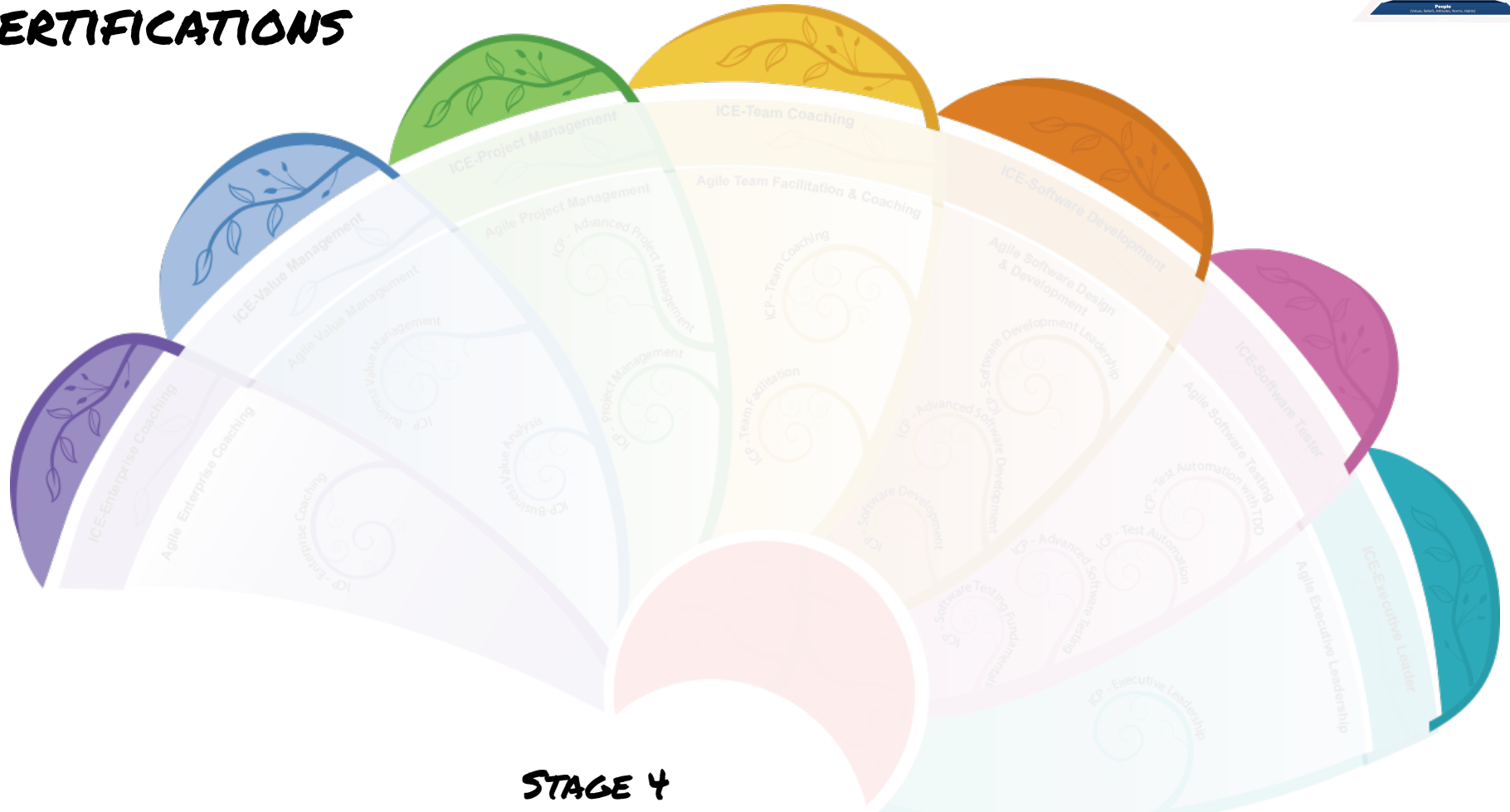
**STAGE OF EDUCATION:** Developed Knowledge into Competency

**CERTIFICATION:** ICE (ICAgile Certified Expert)

**VALIDATION:** Through a gate submission and review process entailing a presentation of knowledge coupled with an assessment of competency.

**MEANING:** The Certified Person has demonstrated knowledge and competency (and some experience) in a specific discipline

### 3. RECOGNIZING THE EDUCATION THROUGH CERTIFICATIONS



#### STAGE 4

**STAGE OF EDUCATION:** Maturing Competency into Proficiency

**CERTIFICATION:** ICM (ICAgile Certified Master Agilist)

**VALIDATION:** Under development: Entails an in-person display of competency, client testimonials in addition to other assessments.

**MEANING:** The Certified Person has demonstrated knowledge and proficiency along with extensive experience in multiple agile disciplines and domains.

# 3. RECOGNIZING THE EDUCATION THROUGH CERTIFICATIONS



1. Intent to Learn → ICP
2. Actively Acquiring Knowledge → ICP-x
3. Developed Knowledge into Competency → ICE
4. Maturing Competency into Proficiency → ICM



# DISCIPLINES - NOT ROLES

- Enabling individuals with knowledge in all areas and disciplines they need to succeed, not molding them into specific roles
- Supporting the Generalizing Specialist Model



## Current Tracks

Agile Software Design & Development  
Agile Software Testing  
Agile Team Facilitation & Coaching  
Enterprise Coaching  
Agile Project Management  
Value Management & Business Analysis  
Executive Leadership

# Agile Education Transcript



Timothy Meyers

- ICAgile Certified Professional**  
Completed July 2012
  - March 2011, Fundamentals of Agile by Santeon Group  
ICAgile Certified Professional
  - July 2012, Fundamentals of Agile: PMI-ACP Prep by Santeon Group  
ICAgile Certified Professional
- ICAgile Certified Expert In Team Coaching**  
Gate Pending Approval
  - November 2012, Facilitating Agile Teams by Santeon Group, Team Catapult  
ICAgile Certified Professional - Team Facilitation
  - February 2013, Coaching Agile Teams (ICAgile Coach Certification Edition) by Agile Coaching Institute  
ICAgile Certified Professional - Team Coaching

**CERTIFICATIONS COMPLETED**

**STATUS TOWARDS EXPERT LEVEL**

## Transcript

- Agile Fundamentals** 100% Complete
  - History
  - Culture & Mindset
  - Creating Shared Understanding
  - Shifts in Roles
  - Incremental Development
  - Work-in-progress (WIP)
  - Including Customers and Users
  - Product Adaptation
  - Planning and Adapting
  - Process & Project Adaptation
- Team Facilitation & Coaching** 100% Complete
  - The Agile Team Facilitator Mindset
  - Development Path for Agile Coaching
  - The Agile Coaching Mindset
  - Responsibilities and Skills of the Coach
  - Setting Boundaries for Coaching
  - Facilitation & the Facilitator Stance
  - Facilitating Meetings
  - Facilitating Collaboration
  - Facilitating a Meeting
  - Setting the Facilitation Context
  - Facilitating Chartering Activities
  - Facilitating Collaborative Meetings
  - Designing Meetings for Team Interaction
  - Facilitating an Agile Practice
  - The Coaching Stance
  - The Coaching Conversation - Coaching for Action
  - Professional Coaching Skills
  - Conducting the Coaching Conversation
  - Mentoring Agile Roles & Transitions
  - Mentoring vs. Coaching
  - Teaching the Agile Basics & Mindset Shift
  - Understanding Team Development
  - Setting up the Team Environment
  - Creating a Team Kickoff/Startup Agenda
  - Characteristics of an Agile Team
  - Coaching the Journey toward High Performance
  - Handling Conflict and Dysfunction within the Team
  - Handling Organizational Impediments
  - Planning to facilitate a conflict in a team
- Value Management & Business Analysis** 0% In Progress
  - Value Management as an Agile Specialization
  - Role Scope and Diversity
  - Attributes of the Role
  - Thinking Skills
  - Behaviors
  - Defining Value
  - Determining Value
  - Communicating Value
  - Understanding Stakeholders
  - Performing Analysis
  - Exploring the Solution
  - Incorporating Feedback
  - Managing Artifacts
  - Managing Delivery
  - Antipatterns & Pitfalls
- Testing** 43% In Progress
  - History of Agile Testing
  - Testing Mindset & Culture
  - Testing Non-Functional Requirements
  - Integration and System Testing
  - Story and Feature Testing
  - Subsystem Testing (aka Testing to Support Development)
  - Categories of Testing
  - Working on Distributed Teams
  - Test Environments and Infrastructure
  - Testing During Releases
  - Roles and Responsibilities
  - Test Strategy and Planning
  - Testing During Iterations
  - Automating Non-Functional Testing
  - Automation Support for Integration and System Testing
  - Automating Story and Feature Testing
  - Automating Unit/Component Testing
  - Continuous Integration
  - Test Automation Strategy
  - Integrating with other Products or External Technologies
  - Addressing Governance and Policy Requirements
  - Organizational Structure
  - Cultural Challenges
- Software Design & Development** 0% In Progress
  - Test Driven Development
  - Legacy Code
  - Refactoring
  - Technical Debt
  - Good Design
  - Programming the tests
  - Acceptance Testing
  - Team activities
  - Collective accountability
  - Collaboration
  - Planning
  - Function-Based Development
  - Leveraging tools

**PROGRESS WITHIN TRACKS**

**LEARNING OBJECTIVE NOT YET COMPLETED**

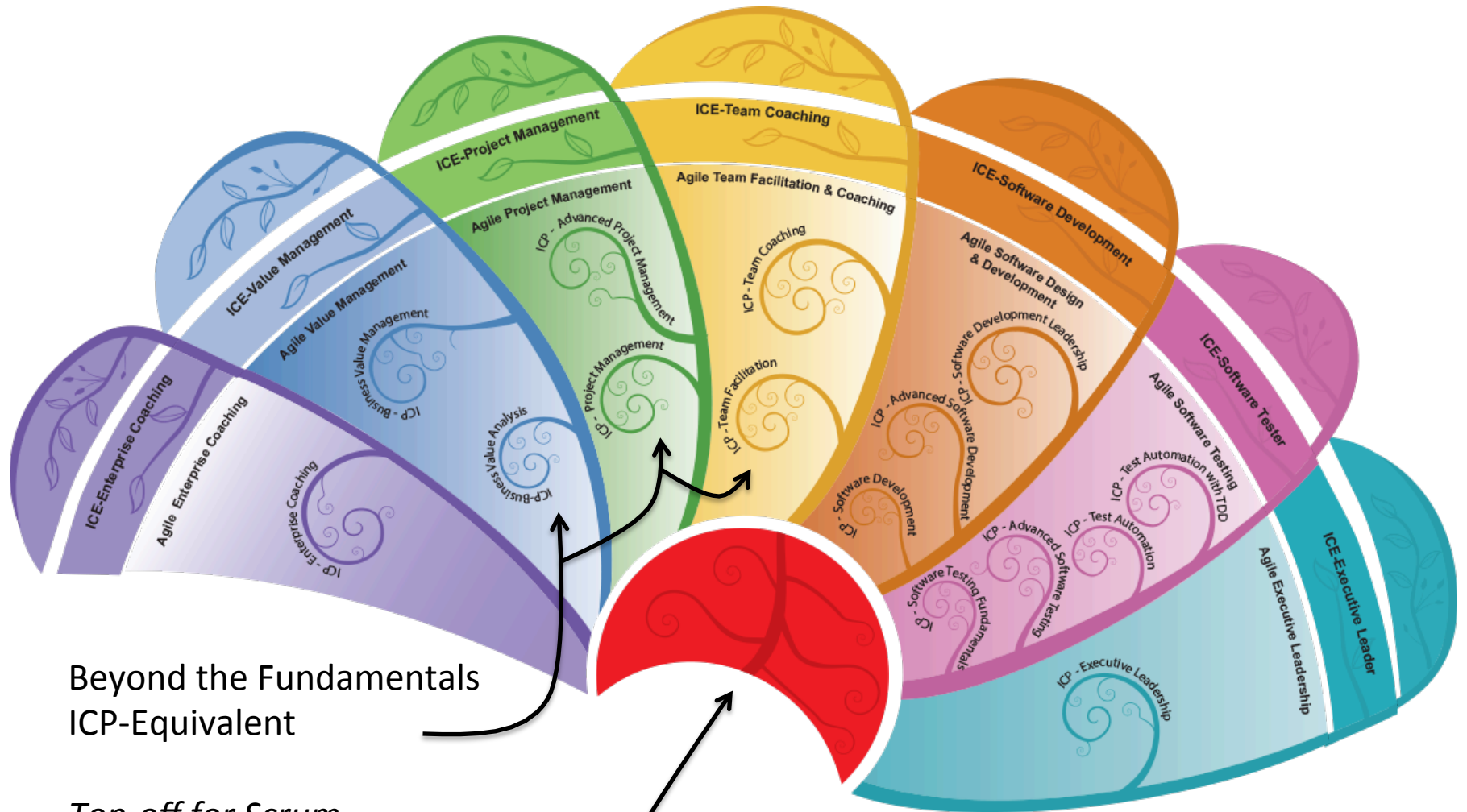
**SELECTED LEARNING TRACKS**

**LEARNING OBJECTIVE COMPLETED**





# GETTING STARTED WITH ICAGILE

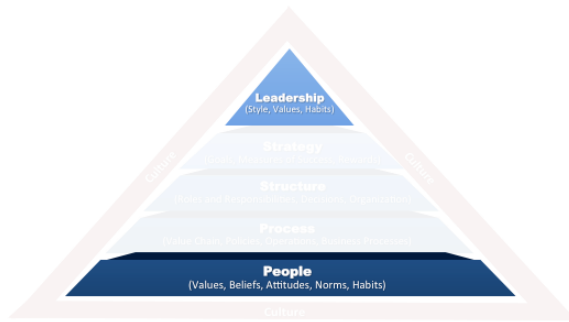


Beyond the Fundamentals  
ICP-Equivalent

*Top-off for Scrum*

Start with the Fundamentals  
ICP

# KEYS TO SUSTAINABLE AGILITY



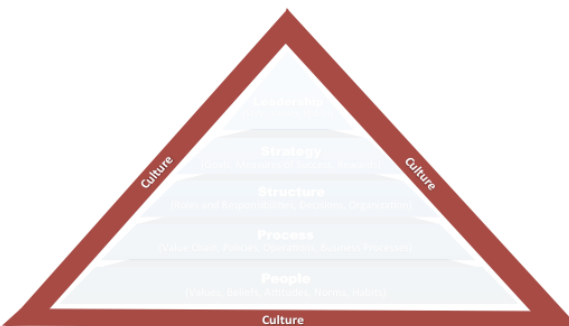
## THE KEYS FOR SUSTAINABLY TRANSFORMING THE LEADERSHIP AND PEOPLE ELEMENTS:

- A common education journey (not training) to change how people work and illustrate how to live the Agile Mindset in their job
- Leadership Coaching (how to inspire performance not mandate it)
- Mentoring and Coaching on an individual and team level.



## THE KEYS FOR SUSTAINABLY TRANSFORMING THE STRATEGY, STRUCTURE AND PROCESS ELEMENTS:

- Designing and Implementing a multi-stage roadmap to agility that changes all three of these element in synergy and harmony
- A combination of consulting, mentoring, organizational coaching, business process re-engineering and organizational change management to roll-out the changes across the organization

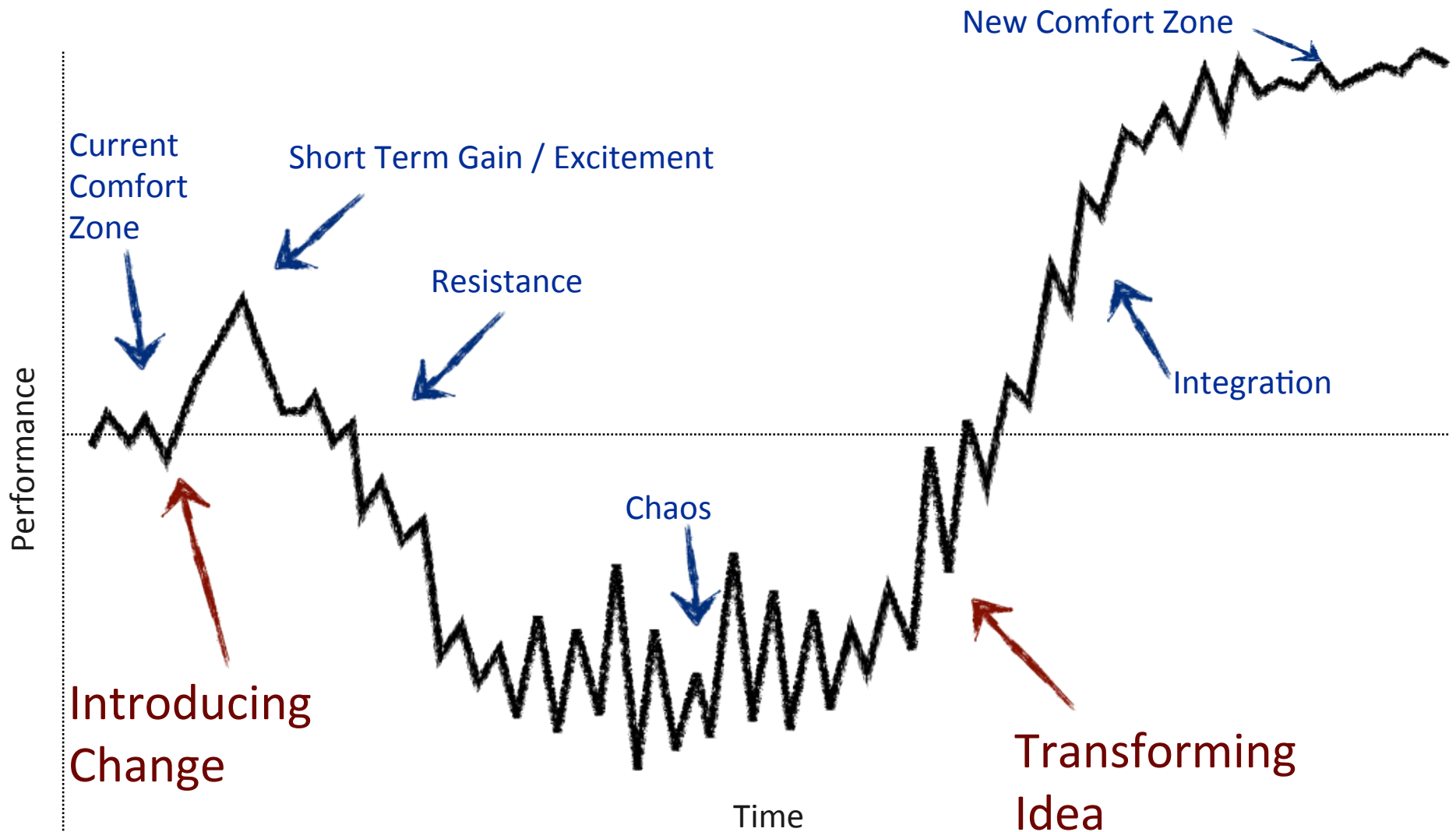


## THE KEYS FOR SUSTAINABLY TRANSFORMING THE CULTURE

- Establishing a measurement system that is consistently monitoring the alignment of the culture
- Primary measure of progress is the mindset shift and the transformation of personal and organizational work habits
- Reporting progress, as a function of culture change not process change, nor structure change.

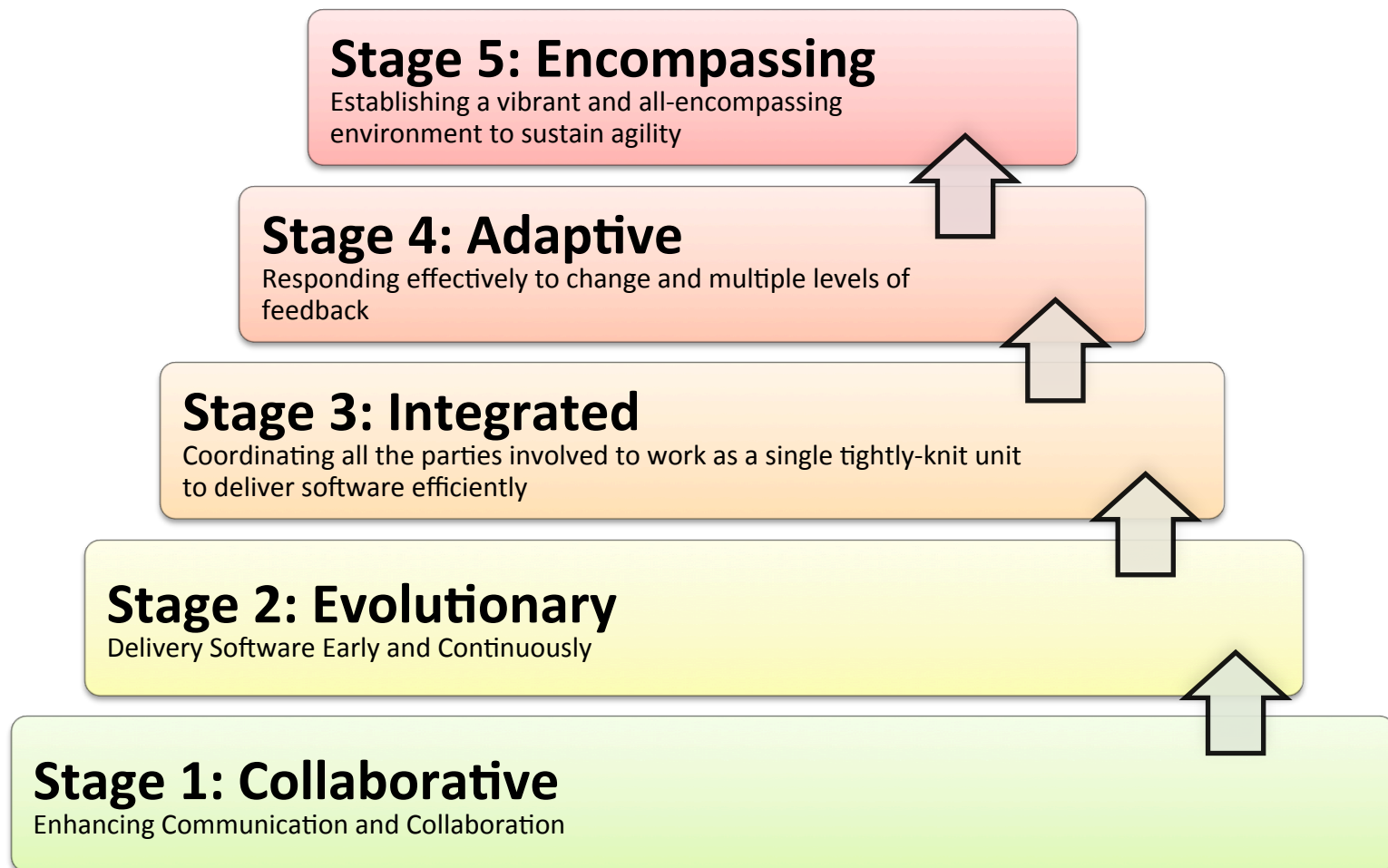


# Virginia-Satir Change Curve

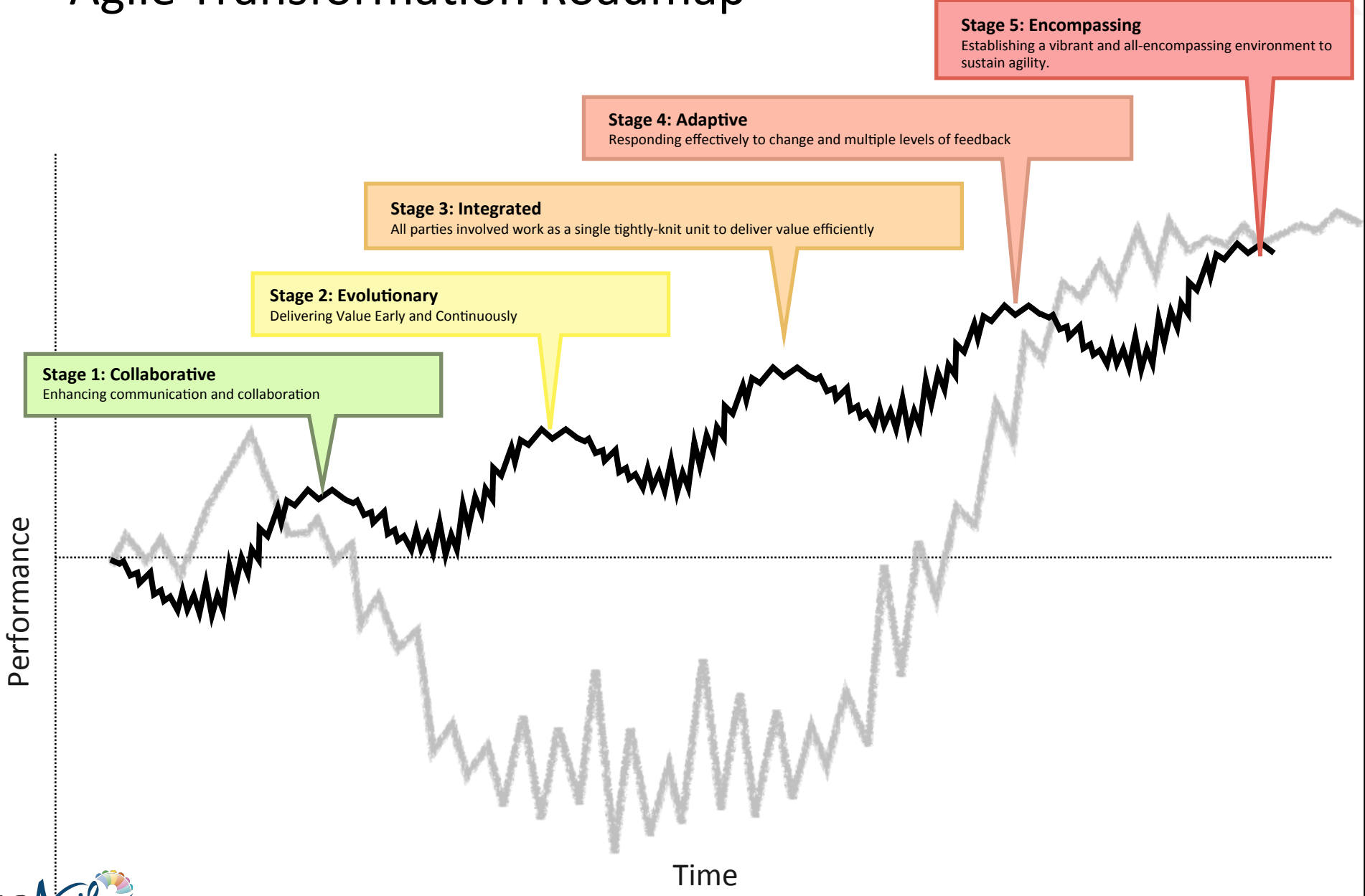




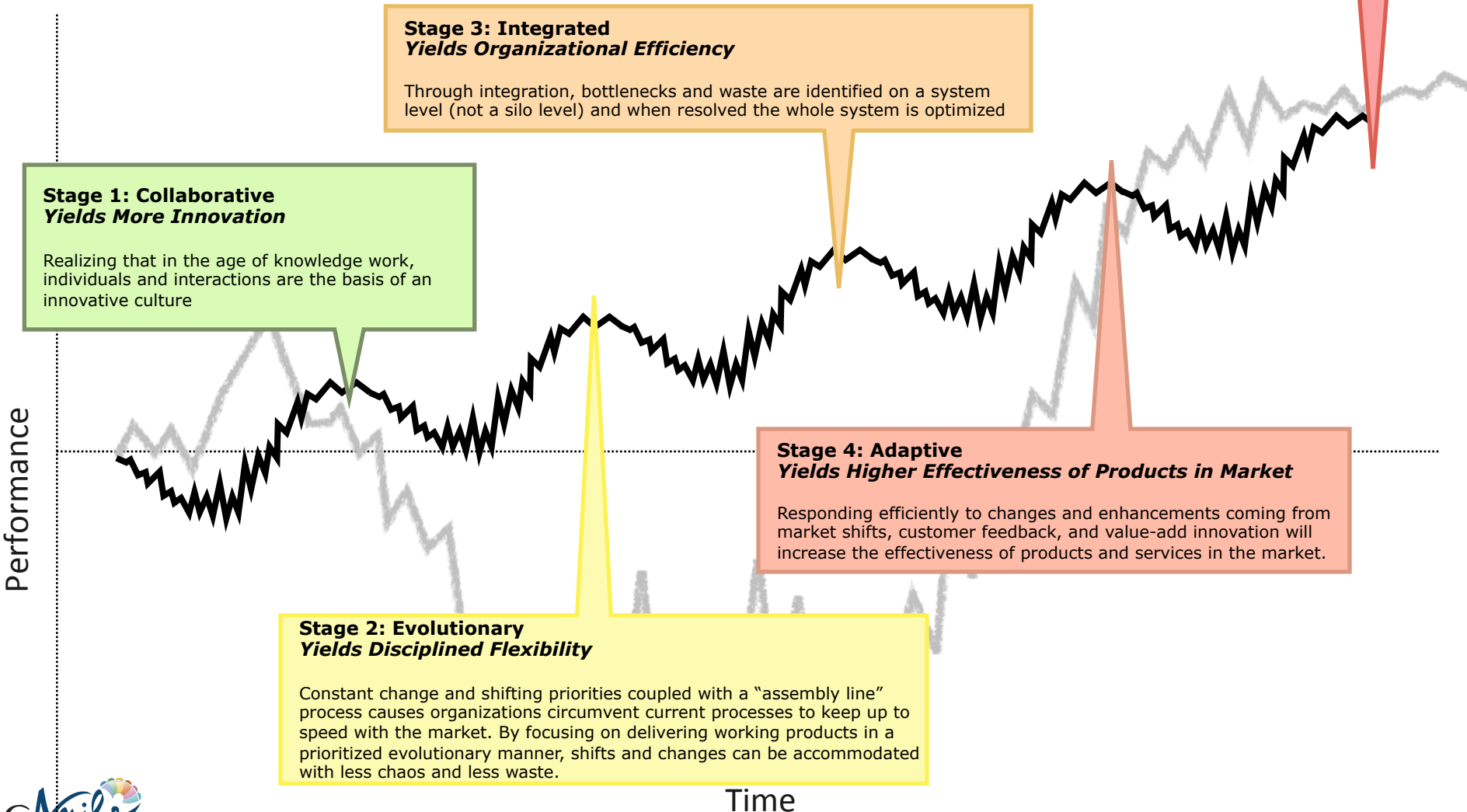
# AGILE TRANSFORMATION ROADMAP



# Agile Transformation Roadmap



# AGILE TRANSFORMATION ROADMAP



# Roadmap for Fortune 50 Company – 2500 People



<p><b>Stage 5: Encompassing</b></p> <p>Establishing a vibrant and all-encompassing environment to sustain agility.</p>	<ul style="list-style-type: none"> <li>• Personas (project level)</li> <li>• Prioritized product backlog</li> <li>• Test-driven development (TDD)</li> <li>• Prioritized program backlog</li> </ul>			
<p><b>Stage 4: Adaptive</b></p> <p>Responding effectively to change and multiple levels of feedback</p>	<ul style="list-style-type: none"> <li>• Value team at CAT electronics level</li> <li>• Architectural standards (deployment)</li> <li>• Value team at product-line level</li> <li>• Definition of Done (architectural level)</li> </ul>			
<p><b>Stage 3: Integrated</b></p> <p>Coordinating all the parties involved to work as a single tightly-knit unit to deliver software efficiently</p>	<ul style="list-style-type: none"> <li>• Fixed, stable teams</li> <li>• Generalizing specialist</li> <li>• Continuous integration</li> <li>• Concept of slack</li> <li>• Virtual team rooms</li> <li>• Story swarming</li> <li>• Automated tests</li> <li>• Collocation</li> <li>• Pair programming</li> </ul>			
<p><b>Stage 2: Evolutionary</b></p> <p>Delivering Software Early and Continuously</p>	<ul style="list-style-type: none"> <li>• Short time-boxed iterations</li> <li>• Velocity-based planning &amp; commitment</li> <li>• Iteration kickoff meeting</li> <li>• Task volunteering</li> <li>• User stories</li> <li>• WIP limits</li> <li>• Iteration demo</li> <li>• Coding standards</li> <li>• Collaborating on requirements</li> <li>• Prioritized iteration backlog</li> <li>• Product-line domain owners</li> <li>• Automated builds</li> <li>• Shared team rooms</li> <li>• Burn up/down charts</li> <li>• Awareness of architectural standards</li> <li>• Managing technical debt</li> </ul>			
<p><b>Stage 1: Collaborative</b></p> <p>Enhancing communication and collaboration</p>	<ul style="list-style-type: none"> <li>• Agile mindset (internal E&amp;SI)</li> <li>• Project chartering</li> <li>• Definition of Done (activity level)</li> <li>• Group estimation of value</li> <li>• Prioritized release backlog</li> <li>• Informative workspace</li> <li>• Group estimation of effort</li> <li>• Release kickoff meeting</li> <li>• Release demo</li> <li>• Retrospectives</li> <li>• Personas (org. level)</li> </ul>			

# Sample Roadmap for Fortune 100 Company



	Managing Rapidly changing Priorities	Executing with Excellence and Discipline	Deliver Valuable and Useable Software quicker to market	Align with Business Needs	Improve Project Visibility	Early Exposure of Risk	Increase Productivity and Reducing Waste
<b>Stage 5: Encompassing</b> Establishing a vibrant and all-encompassing environment to sustain agility.		Sustainable Pace					Servant leadership
<b>Stage 4: Adaptive</b> Responding effectively to change and multiple levels of feedback	Adaptive Planning				Managing Capacity via velocity	Monitoring Technical Debt	Task Volunteering Cross-functional teams Fixed Teams (E)
<b>Stage 3: Integrated</b> Coordinating all the parties involved to work as a single tightly-knit unit to deliver software efficiently	Release Planning Limiting Portfolio WIP (E)		Collaborative Roadmapping	Team Structure of DT/VT	Burn-up Burn-Down Story Point Estimates Tracking progress via velocity	Maintain Risk Backlog	Team Room Generalizing Specialists Self organizing teams
<b>Stage 2: Evolutionary</b> Delivering Software Early and Continuously	Progressive Elaboration of Stories Time boxed Iterations Iteration Review	Iteration Planning	Early and Frequent Releases Story-maps Story Slicing Constant Prioritization of Backlog	Business committed to work with Delivery team throughout the project Planning Poker Value Team (multiple delivery teams)		Spikes Iteration0	Dedicated Team Members (E)
<b>Stage 1: Collaborative</b> Enhancing communication and collaboration	Limiting WIP Maintain a backlog Size Estimation	Team Chartering Retrospective Team Members identified and fixed for the project	Personas User Stories	Project Chartering Acceptance Tests Business Accessible by App (Delivery) Teams	Information Radiators Affinity Estimation	Daily Standup Group Estimation	Value based documentation Relative estimation Frequent face to face interactions



# Roadmap for Fortune 20 Company – 3800 People



	Prep Work	Team Level		Beyond the team	Mindset / Culture
		Non Technical	Technical		
<b>Stage 5: Encompassing</b> Establishing a vibrant and all-encompassing environment to sustain agility.		Static cross-app team clusters ("Enterprise" teams)  Ideal physical setup	Pair programming	Process improvement backlog (eliminate waste)	
<b>Stage 4: Adaptive</b> Responding effectively to change and multiple levels of feedback	Assemble enterprise process improvement team	Value-based documentation	Refactoring  Incremental design & architecture	Buy-a-feature for prioritization  Static Teams (projects come to teams)	Adaptive planning
<b>Stage 3: Integrated</b> Coordinating all the parties involved to work as a single tightly-knit unit to deliver software efficiently		Dedicated and stable teams  Team rooms (collocation)  Task volunteering  Retrospectives  Agile metrics	Test-Driven Development	Iterations & releases on enterprise-wide cadence  Shippable increments at iteration boundaries	Self organizing teams
<b>Stage 2: Evolutionary</b> Delivering Software Early and Continuously	Facility planning for team rooms  Restructuring towards dedicated and stable teams	User Stories + Definition of Done  Slicing features into stories  Prioritized story backlog  Fixed-length iterations  Velocity based planning  Group Estimation between VT and pertinent DT  Working software at the end of iteration	Automated Builds	Slicing Projects into features  Feature based prioritization on a portfolio level	Effective Meetings
<b>Stage 1: Collaborative</b> Enhancing communication and collaboration	Revamp documents, phone calls, etc. (lightweight artifacts)  Restructuring towards dedicated and stable teams	Chartering  Creation of Value Teams  Group Estimation within VT: High-level LOE	Automated Tests  Continuous Integration	"Portfolio value team" with strategic/shared vision  WIP limits for sequential list  Info radiation of all WIP on enterprise level	Agile Mindset  Servant Leadership

	Prep Work	Non Technical	Technical	Beyond the team	Mindset / Culture
<b>Stage 5: Encompassing</b> Establishing a vibrant and all-encompassing environment to sustain agility.		<ul style="list-style-type: none"> <li>Static cross-app team clusters ("Enterprise" teams)</li> <li>Ideal physical setup</li> </ul>	<ul style="list-style-type: none"> <li>Pair programming</li> </ul>	<ul style="list-style-type: none"> <li>Process improvement backlog (eliminate waste)</li> </ul>	
<b>Stage 4: Adaptive</b> Responding effectively to change and multiple levels of feedback	<ul style="list-style-type: none"> <li>Assemble enterprise process improvement team</li> </ul>	<ul style="list-style-type: none"> <li>Value-based documentation</li> </ul>	<ul style="list-style-type: none"> <li>Refactoring</li> <li>Incremental design &amp; architecture</li> </ul>	<ul style="list-style-type: none"> <li>Buy-a-feature for prioritization</li> <li>Static Teams (projects come to teams)</li> </ul>	<ul style="list-style-type: none"> <li>Adaptive planning</li> </ul>
<b>Stage 3: Integrated</b> Coordinating all the parties involved to work as a single tightly-knit unit to deliver software efficiently		<ul style="list-style-type: none"> <li>Dedicated and stable teams</li> <li>Team rooms (collocation)</li> <li>Task volunteering</li> <li>Agile metrics</li> </ul>	<ul style="list-style-type: none"> <li>Test-Driven Development</li> </ul>	<ul style="list-style-type: none"> <li>Iterations &amp; releases on enterprise-wide cadence</li> <li>Shippable increments at iteration boundaries</li> </ul>	<ul style="list-style-type: none"> <li>Self organizing teams</li> </ul>
<b>Stage 2: Evolutionary</b> Delivering Value Early and Continuously	<ul style="list-style-type: none"> <li>Facility planning for team rooms</li> <li>Restructuring towards dedicated and stable teams</li> </ul>	<ul style="list-style-type: none"> <li>User Stories</li> <li>Definition of Done</li> <li>Slicing features into stories</li> <li>Prioritized story backlog</li> <li>Fixed-length iterations</li> <li>Velocity based planning</li> <li>Group Estimation between VT and pertinent DT</li> <li>Working software at the end of iteration</li> </ul>	<ul style="list-style-type: none"> <li>Automated Builds</li> </ul>	<ul style="list-style-type: none"> <li>Slicing Projects into features</li> <li>Feature based prioritization on a portfolio level</li> </ul>	<ul style="list-style-type: none"> <li>Effective Meetings</li> </ul>
<b>Stage 1: Collaborative</b> Enhancing communication and collaboration	<ul style="list-style-type: none"> <li>Revamp documents, phone calls, etc. (lightweight artifacts)</li> <li>Servant Leadership</li> <li>Restructuring towards dedicated and stable teams</li> <li>Education about the value of WIP limits</li> </ul>	<ul style="list-style-type: none"> <li>Chartering</li> <li>Information Radiators</li> <li>Collaboration Tools</li> <li>Value Team Facilitator</li> <li>15 Minute Daily Touch Points</li> <li>Retrospectives</li> </ul>	<ul style="list-style-type: none"> <li>Automated Tests</li> <li>Continuous Integration</li> </ul>	<ul style="list-style-type: none"> <li>Portfolio value team tasked with designing Agile portfolio management process</li> </ul>	<ul style="list-style-type: none"> <li>Agile Mindset</li> </ul>

# KEYS TO SUSTAINABLE AGILITY

## THE KEYS FOR SUSTAINABLY TRANSFORMING THE LEADERSHIP AND PEOPLE ELEMENTS:



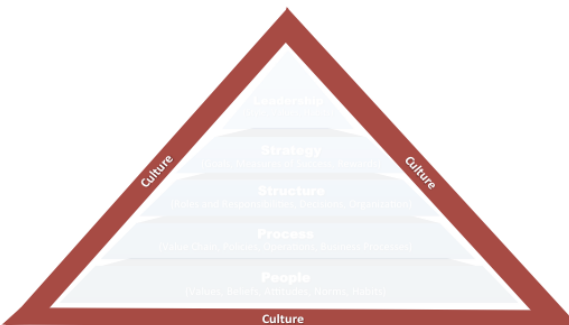
- A common education journey (not training) to change how people work and illustrate how to live the Agile Mindset in their job
- Leadership Coaching (how to inspire performance not mandate it)
- Mentoring and Coaching on an individual and team level.

## THE KEYS FOR SUSTAINABLY TRANSFORMING THE STRATEGY, STRUCTURE AND PROCESS ELEMENTS:



- Designing and Implementing a multi-stage roadmap to agility that changes all three of these element in synergy and harmony
- A combination of consulting, mentoring, organizational coaching, business process re-engineering and organizational change management to roll-out the changes across the organization

## THE KEYS FOR SUSTAINABLY TRANSFORMING THE CULTURE



- Establishing a measurement system that is consistently monitoring the alignment of the culture
- Primary measure of progress is the mindset shift and the transformation of personal and organizational work habits
- Reporting progress, as a function of culture change not process change, nor structure change.

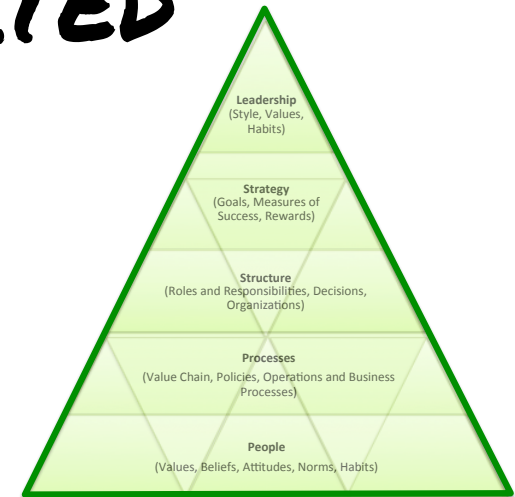
# A STRONG EFFECTIVE MEASUREMENT SYSTEM



- Validate quantitatively the progress of the transformation  
e.g. #of people educated, coaches ... etc.
- Validate quantitatively the impact of the transformation  
e.g. Daily Innovation → Escalations
- Monitor quantitatively the alignment of the culture  
e.g. Buy-in and commitment

# STEPS TO GET STARTED

1. Executive Alignment and Visioning
2. Agile Readiness Assessment
3. Charter Internal Capability Building
4. Define Common Educational Journey
5. Design an Agile Transformation Roadmap
6. Define and Establish Measurements
7. Identify and Launch “Anchor Projects/Teams”
8. Prepare for rollout of Stage 1 with a change management plan



# THANK YOU

# QUESTIONS?

Ahmed Sidky, Ph.D.  
Twitter: @asidky

Emails:  
asidky@icagile.com  
ahmed@sidkycg.com